Title: Patient Engagement Project (PEP) Celebrate Independence

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Three Learner Outcomes:

Attendees will identify the significance of assisting patients in formulating individualized realistic goals for the patient engagement project.

Attendees will identify challenges faced in the roll out of the PEP project.

Attendees will identify the members of the multidisciplinary team that help foster this initiative to promote patient’s independence.

Abstract: After acute care treatment for life changing diagnoses such as a stroke or spinal cord injury, patients seek to achieve the quality of life they had before injury at an acute rehabilitation hospital. The Patient Engagement Project (PEP) is a multidisciplinary care initiative created to foster patient’s independence in their activities of daily living.

Method: Patients and the multidisciplinary team create a goal they seek to achieve during that week of their inpatient stay. Achievement of this objective is evaluated daily and reformulated at the next weekly patient care conference meeting. Measures of success include: increase in documented functional activities on the nursing unit; improved patient/family satisfaction as measured by the Press Ganey (PG) survey questions; and improvement on the culture of safety survey score. Patients need to be involved in setting their weekly goals and to have many opportunities to work toward them during therapy and between therapy sessions.

Conclusion: This endeavor allows patients to practice activities outside of therapy with assistance from staff in order to reinforce new abilities with the limited physical capabilities stemming from their injuries. Applying new skills outside of therapy also helps the brain to relearn and remodel, in turn improving strength and function as well.

Literature References:
