Aiming now for better outcomes, for consumers and families

- Informed decision making
- More choice in services
- Evidence based best & promising practice
- Measuring effectiveness
- Increased scope of services available

Recovery

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential” (SAMHSA, 2011)

We define our own recovery

Practice & Leadership: Recent Publications

- A guide to the addiction treatment sector
- Revised OST practice guidelines
- OST and you- A guide to opioid substitution treatment
- What is OST? Guide for family members
- Supporting people with MH and/or addiction problems who are involved in the criminal justice system- a reflective workbook
- Takitaki mai-A guide to motivational Interviewing for Māori

Consumer Leadership Group

- Historically grew out of OST advocacy
- Has evolved to include multiple recovery pathways
- From across NZ
- All working in the AOD sector
- Meet three times a year face to face
- Addiction Leadership days
Approach

- Consumer voice key developments:
  - Policy advisory to Ministry of Health
  - Advice to Department of Corrections (prison programmes)
  - Advisory to Mental Health Commissioner
  - Board of National Committee for Addiction Treatment (NCAT)
  - Organising committee for national addiction conference (Cutting Edge)

Aspiration

- A consumer focused workforce can reduce stigma & discrimination in the AOD sector and beyond
- Recovery stories (including family) resource currently in development
- Strong peer worker networks - reduce isolation of practice
- Well resourced and supported eg: scholarships for training, qualified peer supervisors

Discussion

- Q & A