



**Advanced Practice Provider Multi-Specialty Symposium:
“Behavioral Health Day”**

Pacific Palms Resort, City of Industry

Tuesday, May 23, 2017

7:30 – 8:15am	Registration & Continental Breakfast
8:15 – 8:30 am	Announcements/Introductions
8:30 – 9:45am	<p>Depression Update Shabana Haxton, RN, MSN, CNL, CDE – Kaiser Permanente, Riverside</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. Learn strategies for screening for depression in Primary Care. 2. List the current screening tools available for depression screening and how to interpret them. 3. Recognize the importance of early diagnosis and intervention in depression. 4. Discuss the way in which technology and new programs increase the early recognition and management of patients with depression.
9:45 – 10:00am	Break
10:00 – 11:25am	BREAKOUT SESSIONS
	<p>Mental Health Medical Leave/Family Leave Daniel Bennett, MD - Kaiser Permanente, Sherman Terrace</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. Describe the role of the provider and medically safe levels of activity for return-to-work or stay-at-work options for the patients with mental health disabilities. 2. Discuss the recommended modalities for the mental health patient and the ROI process. 3. Discuss the role of mental health medical leave and the role Medical Certification Review Committee
	<p>Perinatal Mood and Anxiety Disorders - Postpartum Depression Treatment, When, How and Who Maria Elswick, MD – Kaiser Permanente, San Marcos</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. Know the diagnostic criteria for postpartum depression. 2. What to do and who to refer or talk to for their patients with depression. 3. What antidepressants are OK to use with pregnant and breast feeding women and when they should be used.
	<p>Dementia: Behavioral Health Issues for Patients and Caregivers William Wake, MD - Kaiser Permanente, Baldwin Park</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. Describe workup and diagnosis of dementia and the behavioral health issues seen in patients with dementia. 2. Describe recommended treatment options and follow up for patients with dementia. 3. Identify signs of caregiver behavioral health issues. 4. Discuss resources available for both patients and caregivers dealing with dementia.

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<p>11:30 – 12:30pm</p>	<p>Update on Stress and Anxiety Disorders Jane Luetchens, RN, PMH, CNS-BC – Greater Los Angeles Veterans Administration Healthcare System, West Los Angeles</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. Describe workup of stress/anxiety disorders for pediatric, adult, geriatric and pregnant patients. 2. Identify recommended treatment options for anxiety disorders including pharmacologic and non-pharmacologic treatments for pediatric, adult, geriatric and pregnant patients. 3. Discuss recommended follow-up of patients with stress/anxiety disorders.
<p>12:30 - 1:10pm</p>	<p>Lunch will be served upstairs on the Mezzanine level in the Colonial Room – go up the escalators</p>
<p>1:30 – 3:00pm</p>	<p>Motivational Interviewing Mark Ashley, MD – Kaiser Permanente, Riverside</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. List 3 benefits of Motivational Interviewing. 2. Explain the four core principles of Motivational Interviewing. 3. Define Motivational Interviewing.
<p>3:00 - 3:15pm</p>	<p>Break & Exhibit Viewing</p>
<p>3:15 – 4:15pm</p>	<p>Substance Abuse Winsley Hector, PhD, LMFT – Kaiser Permanente, Moreno Valley</p> <p>At the conclusion of this presentation attendees will be able to:</p> <ol style="list-style-type: none"> 1. Define Addiction and recognize its consequences. 2. List the substances associated with addiction. (alcohol, cigarettes, opiates, speed, etc) 3. Recognize addiction and how primary care providers can help with early intervention. 4. Differentiate modalities for addiction treatment, their success and how primary care providers can support our patients during their journey.