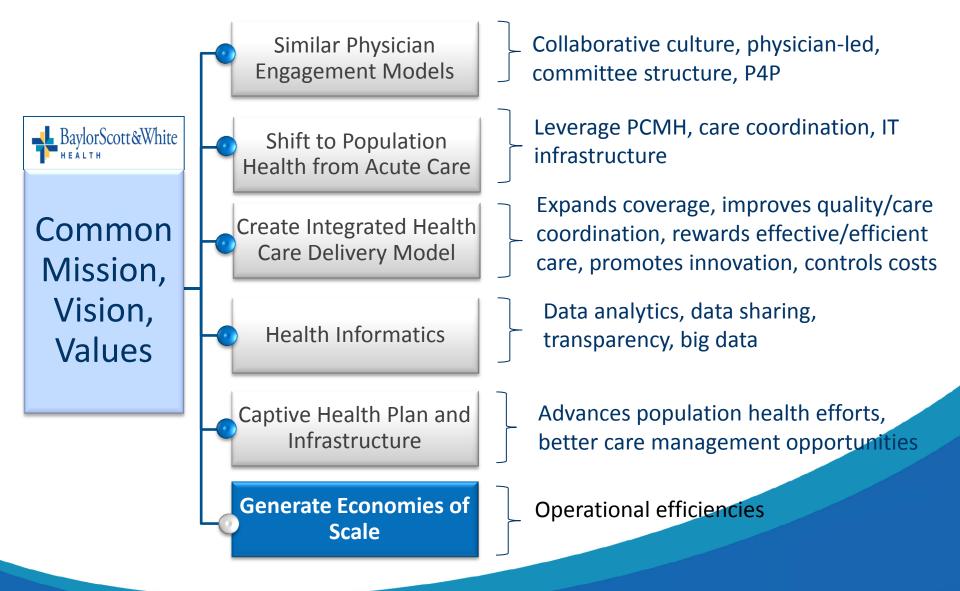
# Synergizing Medical Groups For Improved Care and Clinical Excellence

David Winter, MD, MSc, MACP Sarah Gahm, CAO April 3, 2014

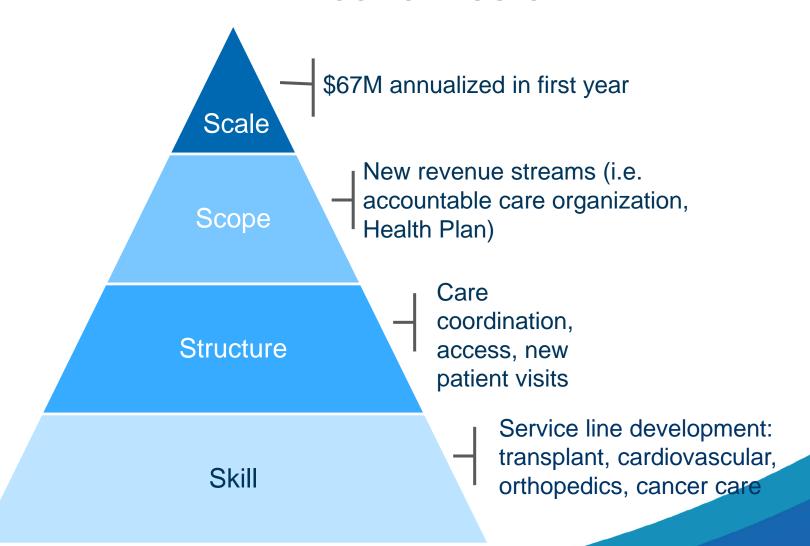


# Why the Baylor Scott & White Merger?





## Economies of...



# **Top 5 Trends in Healthcare**



- Reimbursement compression
- Shift in financial accountability for medical risk
- Change in care venue
- Health care financing
- New forms of competition

## **New Market Demands**

Population growth in North
Texas requires expansion of all services

2

Population health management requires more care coordinators

3

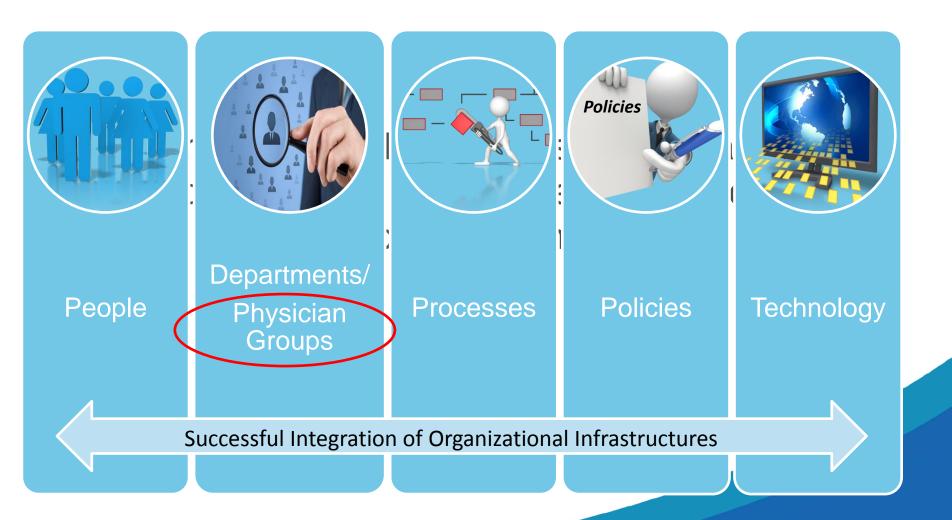
Employers and payers demand more efficiency

4

Bundle payments, risk sharing arrangements, better and more predictable outcomes



## Becoming One is Successful Integration of...



# Resulting in Broadening our Reach to Improve Patient Care



### **Hospitals**

#### **BHCS:**

27 Hospitals,6 Short StayHospitals34,000 employees

#### Scott & White:

12 Acute Care
Hospitals
1 Emergency
Hospital Site
14,000 employees

#### **Total:**

46 Hospitals 48,000 Employees



### **Physicians**

#### HTPN:

633 Primary/ specialty care physicians 130 Mid-levels 230 Care Sites

#### Scott & White:

1,200 Primary/
Specialty care
physicians and
scientists
140 Care Sites



### **ACO Payers**

#### **BCBS**

Cigna Mercer

Medicare Advantage:

Aetna, Humana, Vital Traditions



### **Employers**

BHCS Employee Health Benefit Plan:

34,000 lives

Scott & White Health Plan:

220,000+ lives (one of the highest rated plans in the nation)



Improving Patient Care

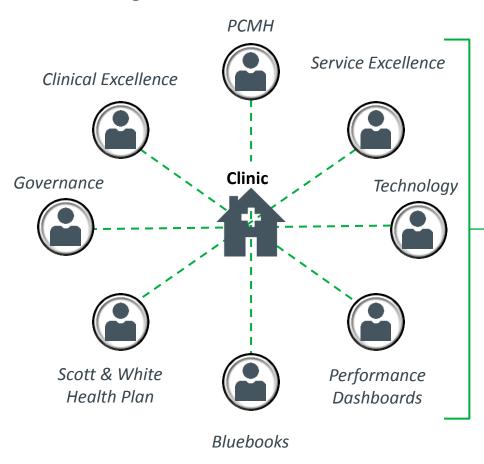


## Identifying Areas of Physician Group Synergies

Areas		HealthTexas Provider Network	Scott & White Health
Size		Over 750 employed providers (630 physicians, 130 Advanced Practitioners). Nationally recognized multi-specialty group practice	1,200+ employed physicians, scientists, and Advanced Practitioners. Nationally recognized multi-specialty group practice
Location		Serve 10 county area of Dallas/Fort Worth	29,000 square miles across Central, TX
History		Long history of success in quality patient satisfaction, adult preventive health services, disease management	Risk management experience (one of the nation's highest rated health plans)
Market Type		Located in rural, urban, and suburban markets	Located in rural and suburban markets
Organizatio nal Structure		501 (a) organization – physician-led board of directors and committee structure	501 (a) organization – physician-led board of directors and committee structure
Physician Compensati on	R A	Full employment with short-term salary guarantee moving to net revenue or work RVU productivity	Full employment with salary guarantee for term of employment. Productivity bonus incentives
EMR	_	Centricity/GE	Epic

# Leveraging Physician Group Resources to Advance Integration

#### Existing Infrastructure/Resources





Physician group integration efforts focus on overall strategy of new Baylor Scott & White Health system



Transforming physician group infrastructures for optimum alignment



Best practices for care delivery models and clinical excellence shared between both physician groups for future roll out



Synergizing to gain momentum and broaden reach for population health management



# Survey to Measure How Employees are Adapting to Change

## Survey



Survey results will be used to improve communications, accelerate integration efforts and provide better support as synergies take place.



Quarterly surveys will be sent out over the next year with the goal of providing everyone at least one opportunity to take the survey.



Each survey will be sent to a randomly selected percentage of the newly merged Baylor Scott & White Health organization.



# Leveraging HTPN Strengths to Build BQA Infrastructure



## Building the Population Health Infrastructure

## Common Misconceptions about Population Health Managers

Tackle an overwhelming number of initiatives

Make an expensive upfront investment in advanced IT

Own assets across the entire continuum of care

Hire a large number of staff members in new roles

Source: Health Care Advisory Board interviews and analysis.

#### Playbook for Population Health

 Set a prioritized list of key initiatives and ensure all stakeholders are aware

2. Invest in basic information exchange, analytics, and patient-facing technology

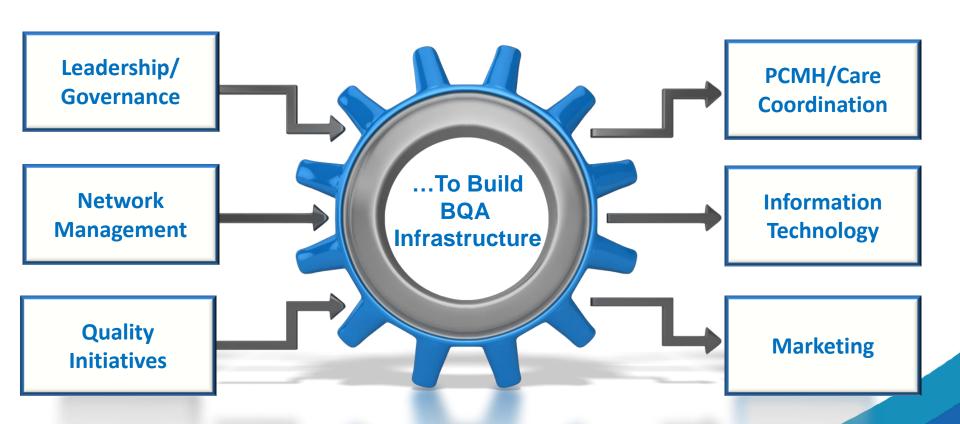
3. Develop preferred partner network with shared culture and accountability

4. Train and redeploy existing staff to match new demand for patient services. In addition, spread "Best Practices" for already established APHS, disease management, care coordination, PCMH design

BQA Infrastructure Development Began here



# Leveraging HTPN Resources/Expertise...





## Governance



## **HealthTexas**

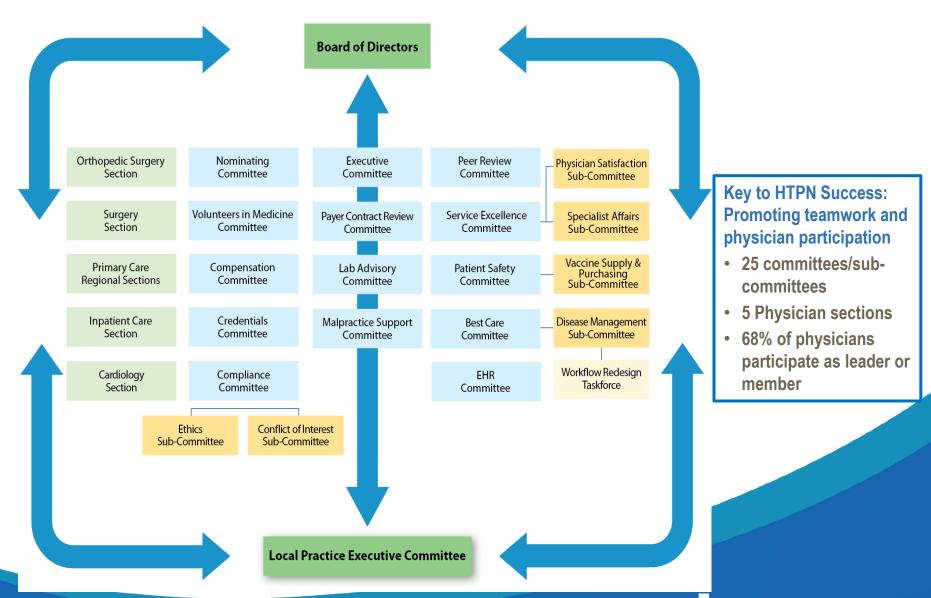
- » 19 member Physician Board guides initiative development
- » Bylaws: 60% primary care representation
- » Board committee structure facilitates strong group identity and physician participation in network management
- » Board and committee chairs enroll in SMU Advanced Leadership program in preparation for leadership role

### <u>BQA</u>

- Physician-led Board of Managers guides initiative development, clinical integration and population health
- » Board committee structure facilitates strong group identity and physician participation in network management
- » Five main committees (Best Care/Clinical Integration, Finance/ Contracting, Membership & Standards, Compliance, Information Technology)
- Subcommittees: 25 Best Care/ Clinical Integration subcommittees



## **HTPN Committee Structure**



## **BQA Committee Structure**

**Board of Managers** 

Best Care/Clinical Integration Committee

Compliance Committee Finance, Contracting and Compensation Committee

IT/Informatics Committee Membership and Standards Committee

**Sub-Committees:** 

Anesthesia

Behavioral Health/

Psychiatry Cardiology

Cardiothoracic Surgery Colorectal Surgery

Emergency Medicine

Endocrinology

ENT

Gastroenterology General Surgery

Inpatient/Hospitalists Medical Oncology

Musculoskeletal Neurosciences

Ophthalmology Palliative Care

Pathology

**Pediatrics** 

**Population Management** 

**Primary Care** 

Pulmonary/Critical Care

Surgical Oncology

Transplant

Urology

Vascular Surgery Women's Health

#### **HTPN Leadership Serving Dual Roles:**

- Sarah Gahm, CAO, HTPN/BQA
- Michael Massey, MD Chairman Best Care, HTPN/BQA
- Phil Aponte, MD, VP Informatics, HTPN/BQA
- Ellen Fourton, VP Network Management, HTPN/BQA
- Pam Zippi, Director of Marketing, HTPN/BQA



## Population Health Infrastructure

Access		Complete network of over 2,400 providers made up of physicians (employed and independent), hospitals, post-acute care and other members of the care continuum.
Patient-Centered Medical Homes	PCMH	Largest number of NCQA recognized PCMH practices in the United States
Care Coordination		Experienced team of certified RN Health Coaches and one Social Worker. Augment PCMH care coordination for high risk patients. Supports transitions of care and chronic disease management
Data Analytics/Reporting	*H	Significant investment made in clinical solutions offering longitudinal view of individual patients and patient populations (automated patient identification, workflow analysis, risk-stratification, predictive modeling)
Evidence-based Medicine		83 board approved care protocols/metrics for which improvements in care can be compared against and monitored. Standardize care and ultimately reduce unnecessary health care costs
Disease Management/Adult Preventative Health Services		History of tracking and monitoring the health status of patient populations through our chronic disease management program promoting evidence-based care management and adult preventative health services

## Where BQA is Now



# Strategic Development

- Mission
- Vision
- Culture
- Strategic financial plan and operating budget developed





#### **Governance**

- Physician-led Board of Managers
- Five primary committees activated
- Twenty-five specialty subcommittees





## Network Development

- Network adequacy
- Credentials verification
- Regional care needs assessment
- PAC network
- Rehab, Dialysis, JV ASCs





#### Information Technology

- Informatics infrastructure
- Data analytics implementation
- Physician dashboard
- Member website deployment
- EMR subsidy program
- HIE





#### Care Management

- RN Health Coaches
- Care Coordinators
- PCMH Design
- To 5% focus
- ClearPopulationHealthStrategy



#### Contracting/ Compensation

- BHCS Employee Health Plan
- Aetna MA
- Humedica MA
- Scott & White Health Plan
- Shared
   Savings
   Distribution
   Model w/
   positive
   results



# Early Success in Managing BHCS Employee Health Plan

#### Readmissions

(Covered lives with an inpatient admission resulting in 7 day readmission)

- Average admissions per 1,000: **Decreased 20%** (from 26.7 to 21.4)
- \*based on comparison of first three quarters of data from 2012 and 2013

#### Attribution

 BHCS Employee Utilization of the HTPN/BQA primary care network increased 9.4% during plan year 2013

#### Financial

- BHCS Health Insurance expense decreased approximately 3% Per Employee Per Month (PEPM) actual vs. budgeted expense PEPM
- BHCS Health Plan Total Medical Costs decreased approximately 6.7% Per Member Per Month (PMPM) actual vs. target PMPM)

#### **Quality Metrics**

Successfully met or exceeded quality metrics set forth in the contracts

HEALTHTEXAS
PROVIDER NETWORK

# Key Strategies for Achieving Clinical Integration

Care Coordination PCMH Data Analytics Results/Performance

BQA Status

- RN Health Coaches
- Social Workers
- Monthly RN HC cases have increased tenfold from (170 – 1900)
- 83 care protocols approved by BQA Board
- BQA has over 300
   NCQA recognized
   Level 3 PCMH
   physicians
- Certification for 65 independent PCP physicians in progress
- PCMH model presents substantial financial opportunities

- Humedica fully implemented
- 360Fresh Predictive Analytics Tool
- Explorys "Big data"
- Care Coordination Software
- BQA Physician performance dashboard
- Humedica Reports: Over 400 standard reports for inpatient and outpatient metrics

BQA has made a significant investment in building the infrastructure necessary to be recognized as a clinically integrated network

# BQA Prepared to Flex Its Organizational Design to Serve as BS&WQA

# **BS&WQA Strategy**



Role of Population Health integrator across both regions



"Provider Driven" ACO



Create capacity for valuebased purchasing and full population accountability



## **BS&WQA Work Plan**

Governance

- Define Governance Structure
- Determine Best Care Committee spread

Network Infrastructure

- Organize Payer Contracts
- Develop Systemic Care Coordination Structure
- Understand Data Connectivity
- Develop Operational Plan for Expansion

Business Environment

- Define Business Models for Corresponding Markets
- Determine Network Adequacy for S&W Markets

Communication

 Communication/ Socialization of Network Changes



## BS&WQA Contracts: What we can offer payers

### Complete ACO Network

With value-based reward contract structure



# Texas Care Alliance Network

Consistent, highquality, statewide service delivery

# Care Coordination/ Disease Mgmt

Redirection of care coordination/disease management costs from payer to ACO

Migration to Full Population Accountability



### Plan Design

Incentivizing network patient retention and attribution

Wellness



**Integrated Wellness** 

### Pharmacy Benefit

BS&W Pharmacies proven cost reduction opportunity.



# **BQA's Capacity to Serve as Narrow Network**

	What Baylor Quality Alliance can bring
High quality select Network	Complete Physician and hospital and post-acute care network with excellent geographic and specialty capacity
Primary Care in a PCMH	Largest PCMH certified PCP Group in US; proven superior disease management, preventive service results.
Care Coordination	Fully developed CC/ Disease management structure coordinated between PCP and Specialists with positive results; an integrated team, including nurse health coaches for highest acuity patients.
Clinical Integration	Committed delivery network. Common protocols, pathways, communication

# BQA's Capacity to Serve as Narrow Network

	What Baylor Quality Alliance can bring
Analytics	Full suite of EMR, Interoperability, and analytic tools; Proven Predictive models.
Cost Reduction	<ul> <li>Proven cost reduction experience</li> <li>Realistic intense focus on "top 5%" who drive half the cost</li> <li>Intensive case management for top 5%</li> <li>BQA "at risk" for performance or no reward</li> </ul>
Employee Satisfaction	Proven "top box" Press Ganey and CG-CAHPS performance
Wellness	Full integration of HRA, Biometric Screening and other wellness resources with PCP encounters

# Questions?

