

ALTERED BRAIN FRONTAL WHITE MATTER CELLULAR ENERGY IN CHRONIC HIV INFECTION

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HIV-associated Neurocognitive Disorders (HAND)

	Acquired Impairment in ≥ 2 Cognitive Abilities	Interferes with Daily Functioning	
Asymptomatic Neurocognitive Impairment (ANI)	YES	NO	No Dementia
Mild Neurocognitive Disorder (MND)	YES	MILD	
HIV-Associated Dementia (HAD)	MARKED	MARKED	Dementia

Fracati HAND Diagnostic Criteria., Neurology 2007



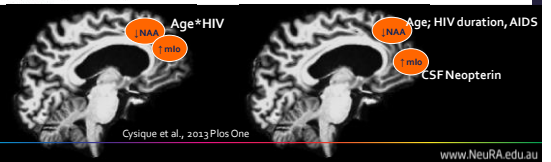
Background

Long-term brain neurochemical changes are not clearly understood in HIV-infected adults who are aging and are otherwise clinically stable.

J. Neurovirol. (2014) 20:294–300 Halterak et al. The HIV Neuroimaging Consortium 299

Table 3 Summary of the predictive factors of the metabolite ratios

	Age	Sex	Race	Education	Nadir CD4	Current CD4	Plasma HIV RNA	ADC stage	Duration of HIV
Frontal white matter									
NAA/Cr	+				*		+		
Cho/Cr			+						
Mi/Cr								+	
Glx/Cr	+		+						



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Single Voxel Proton Magnetic Resonance Spectroscopy (SVS) was acquired at baseline and 18 months follow-up

- Single voxel 1H MRS Data acquisition was conducted on 3T scanner at St. Vincent's Hospital Imaging department under supervision of KM.
- All spectroscopy data will be acquired using the Philips SMART Brain software allowing accurate repeatable positioning of the voxel



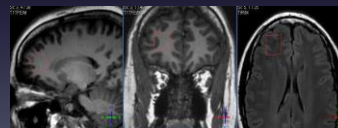
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Our protocol

- PRESS
- TE = 30
- TR = 2000
- CHESS
- 2nd order shimming
- Ratio to water



MR scans are acquired on a Philips 3T Achieva Quasar Dual imaging system (Philips Medical Systems) with a standard head coil.

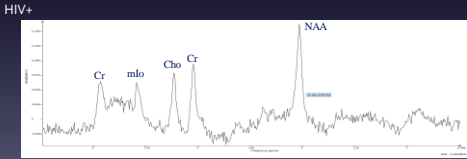


Voxel size: 2cm³ Frontal white matter

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- **Prior to analysis**
 - QA Visual inspection in frequency domain while fitting is processed within the time domain
- **SVS Fitting**
 - Removal of H₂O
 - Quantitation using AMARES
 - H₂O reference fitting
 - Amplitudes are recorded.

Frontal white matter spectra



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Plausible physiological significance of main brain metabolites for HIV-related brain injury

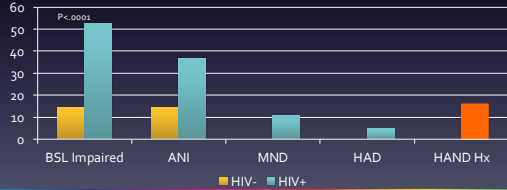
Metabolites	Chemical Shift Normal concentration range	Physiological significance
N-Acetyl-Aspartate NAA	2.03 ppm 7.8 mM (6.5-9.7)	Neuronal and axonal integrity/density
Choline Cho	3.2 ppm 1.3 mM (0.8-1.6)	Membrane turnover Acute neuroinflammation
Creatine Cr	3.0 ppm 4.5 mM (3.4-5.5)	Cellular energetic marker
Myo-Inositol mlo	3.56 ppm (short TE only) 3.8 mM (2.2-6.8)	Glial cell marker Chronic neuroinflammation

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Baseline Study Samples' Characteristics

Study sample demographics	HIV-	HIV+	p
N (all males)	42	84	-
Age (years)	53.5	54.6	.36
Education level (years)	15	14	.03
White English-Australian background	95%	99%	.26

Study sample neurocognitive functioning

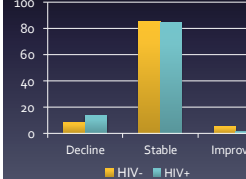


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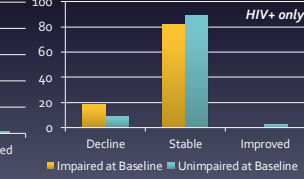
Follow-up Study Samples' Characteristics

HIV+ only	No Follow-up	Follow-up	p
N	11	73	-
Age (years)	52	55	.20
Education level (years)	13.3	14.1	.43
Baseline Impaired	54.5%	52.5%	.88
Always undetectable during study	54.5%	92%	.006

Neurocognition at 18 months



Baseline & follow up neurocognition



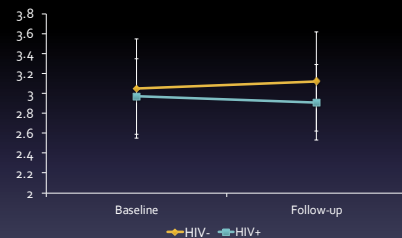
HIV+ sample clinical characteristics

Baseline	
Median Nadir CD4	180 [IQR:42-284]
Median Current CD4	560 [IQR:362-723]
Plasma HIVRNA <50 cp/mL (Undetectable)	97.2%
CSF HIVRNA <50 cp/mL (Undetectable)	97.2% (33/36)
Median HIV duration (years)	19 [IQR:13-15]
Historical AIDS%	33%
Only Nadir < 200	28%
Median Current cART duration	28 [IQR:18-56]
Follow up	
Median Current CD4	638 [IQR:438-832] *
New ADIs	-
Plasma HIVRNA <50 cp/mL (Undetectable)	94.5%
Always undetectable	91.8%

* p < .0001 difference with baseline

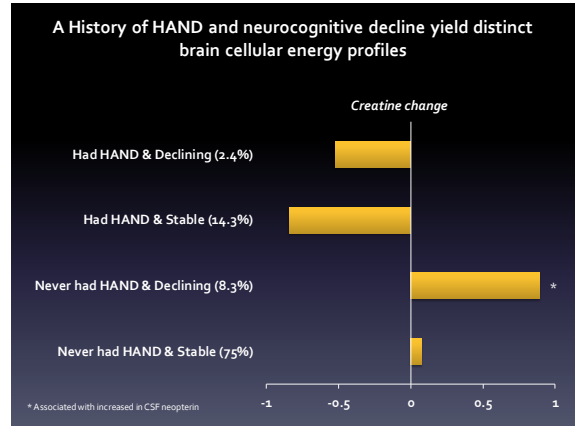
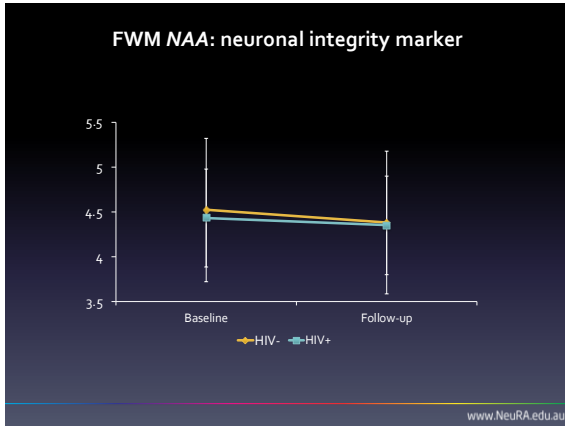
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FWM Creatine: Cellular energy marker



Group effect: P < .002

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Creatine alterations in the NeuroAIDS literature

Brain Creatine Elevation and N-Acetylaspartate Reduction Indicates Neuronal Dysfunction in the Setting of Enhanced Glial Energy Metabolism in a Macaque Model of NeuroAIDS
 Magnetic Resonance in Medicine 66:625-634 (2011)

Progressive cerebral injury in the setting of chronic HIV infection and antiretroviral therapy

	Rate	p value
Absolute concentrations		
FWM NAA	-2.95 %	0.0009
FWM Cr	-0.43 %	0.4787
ChO	-2.01 %	0.0007
MI	-1.38 %	0.1194
Glx	-1.00 %	0.0516
NPC		
NAA	-1.89 %	0.0007
Cr	-1.84 %	0.0039

Conclusions

- Longer-term studies of neurochemical changes in chronic HIV infection are needed to understand the prognostic of Creatine changes at 18 months
- The majority of aging HIV+ persons on stable cART are doing well
- But a non-negligible minority have ongoing disease with two main patterns:
 - Abnormal cellular energy that may reflect initial steps of slow neurodegenerative processes
 - Ongoing HIV-related injury that is associated with low-grade chronic neuroinflammation
- We only presented data in the frontal white matter, therefore these results are partial as we also scanned the Posterior Cingulate Cortex and the Caudate area

Acknowledgements

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