CE Course Handout

Developing Competencies and Curriculum in Dental Public Health for Dental Hygienists

Saturday, June 11, 2016
10:00 a.m.-1:00 p.m.
REALD-30
Rapid Estimation of Adult Literacy in Dentistry
30 word version

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YOU WILL NOW ADMINISTER THE DENTAL LITERACY TEST

READ THE FOLLOWING TO THE PARTICIPANT:

Now, I am going to show you cards with one word on every card. I would like you to read the word out loud. If you do not know the answer, please say, “don’t know.” Do not guess.

Dental REALM end time: ________

Score: ____________

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<td>5. Pulp</td>
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<td>15. Dentition</td>
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<td>25. Analgesia</td>
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<td>7. Braces</td>
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<td>17. Gingiva</td>
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<td>27. Fistula</td>
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<tr>
<td>1</td>
<td>Sugar</td>
<td>11. Abscess</td>
<td>21. Periodontal</td>
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<td>2</td>
<td>Smoking</td>
<td>12. Extraction</td>
<td>22. Sealant</td>
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<td>4</td>
<td>Brush</td>
<td>14. Enamel</td>
<td>24. Halitosis</td>
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<td>5</td>
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<td>8</td>
<td>Genetics</td>
<td>18. Malocclusion</td>
<td>28. Temporomandibular</td>
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<td>9</td>
<td>Restoration</td>
<td>19. Incipient</td>
<td>29. Hyperemia</td>
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<td>10</td>
<td>Bruxism</td>
<td>20. Caries</td>
<td>30. Apicoectomy</td>
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Part 2

Instructions:

In this part, you will be shown some drug labels and instructions after a dental procedure. I will ask you some questions about them and you will be asked to answer these questions orally.
Q1: If you take the first tablet at Friday 10 a.m., when should you take the next one? (1) (0)

Q2: When should you take the last one? (1) (0)

Q3: If your symptoms are gone by the 4th day of taking the medication, should you stop taking the medication? (1) (0)

Q4: When should you stop the medication? (1) (0)

Q5: How many times you can refill this medication? (1) (0)

Total
Q1: How many capsules should you take per day?

(1) (0)

Total

Penicillin V Capsules

500 MG  28/0

Take one tablet by mouth every 6 hours for 7 days.
Dania Sabbahi  Refill: 00  1 Jan. 2016

Chlorhexidine Mouthwash 0.12 %

Swish and spit 15cc for 30 seconds 3 times a day then nothing per mouth for 30 minutes

Q1: What do you understand from this prescription? Can you swallow it?  (1)  (0)

Q2: If you use it at 5 p.m., when can you eat or drink?  (1)  (0)

Total
Q1: If you are not feeling any pain, should you take the medication? (1) (0)

Q2: If you are feeling a pain, how many capsules can you take per day? (1) (0)

Q3: Can you take this medicine on June 2017? (1) (0)

Total
Amoxicillin Capsules
500 MG  4/0

Take 4 tablets by mouth one hour before the dental appointment.

Q1: How many times you have to take this medication?  (1)  (0)
Q2: If your dental appointment is scheduled at 10 a.m., when should you take the medication?  (1)  (0)

Total
Q1: When is your next appointment? (1) (0)

Q2: Does this means that you leave home quarter to 10? “9:45 a.m.” (1) (0)

Q3: Where should you go? (1) (0)

Total
POST - OPERATIVE INSTRUCTIONS

Some discomfort, bleeding, bruising, swelling, stiffness of your jaw, sensitivity of adjacent teeth and numbness for a period of time are expected after having a tooth removed.

SWELLING – This may occur after the removal of a tooth and is quite common if the operation has been difficult and most commonly if the gum tissue has been pushed back in order to remove the tooth. The swelling is often accompanied by stiffness of the jaws and you may be unable to open normally. The swelling is at its maximum at about the second or third day and then slowly goes down. If you have access to ice, then the swelling may be made less by placing ice in a plastic bag on the face and applying it for 20 minutes. The ice is then removed for 20 minutes and then may be replaced. This is done for 6 hours, after which it has no effect. If ice is not available, a bag of frozen vegetables is equally effective.

Q1: If your tooth was extracted on Monday, when do you expect the swelling to reach its maximum? (1) (0)

Q2: If you start placing the ice bag at 10:00 a.m., when should you remove it? (1) (0)
Q3: When will you place the bag of ice for the second time?  

(1)  (0)

Total