## 2017 Diabetes in Indian Country Conference

## DGM Writing the Budget

John Hoffman, Senior Grants Management Specialist IHS Division of Grant Management

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## Objectives

1. Budget Narrative and Justification Purpose
2. OMB Cost Principles
3. Budget Narrative Sample
4. Budget Justification Sample

## Budget Narrative/Justification Purpose

Determination of the allowability of costs to the federal program.

- Applicants are required to prepare a detailed budget as part of the application consistent with instructions in the funding opportunity announcement and/or continuation application instructions.
- During pre-award administration, the Grants Management Specialist (GMS) performs a thorough cost analysis with the appropriate cost principles and polices. Cost analysis involves obtaining cost breakdowns, validating cost data, evaluating specific elements of cost, and examining data to determine the allowability of the costs included in the budget narrative and justification.


## OMB Cost Principles, 2 CFR, Part 225

- Costs Principles establish general standards for Federal Agencies to provide a uniform approach for determining the allowability of costs.
- The cost principles address four tests in determining the allowability of costs:

Costs must be Reasonable
Costs must be Allocable
Costs must be given Consistent treatment
Costs must Conform to any limitations or exclusions

## OMB Cost Principles, 2 CFR, Part 225

- Costs are considered reasonable to a grant project when the costs requested does not exceed the market price for comparable goods or services.
- A cost is allocable to the grant if it is incurred solely in order to advance work under the grant; it benefits both the grant and other work of the organization, including other grant-supported projects or programs; or it is necessary to the overall operation of the organization and is deemed to be assignable to the grant.
- Costs must be treated consistently for all work of the organization under similar circumstances, regardless of the source of funding, so as to avoid duplicate charges.
- Costs must conform to any limitations and exclusions contained in the terms and conditions of award, including those in costs principles.


## OMB Cost Principles, 2 CFR, Part 225

Direct and Indirect costs

- Direct costs are costs that can be identified specifically with a particular award, project or program, service, or other organizational activity or that can be directly assigned to such an activity with a high degree of accuracy. Direct costs include, but are not limited to, salaries, travel, equipment, and supplies directly benefiting the grant-supported project or program.
- Indirect costs are costs incurred for common or joint objectives that cannot be identified specifically with a particular project, program, or organizational activity. Facilities operation and maintenance costs, depreciation, and administrative expenses are examples of costs that usually are treated as indirect costs.


## Allowable Costs

- Accounting - Cost of establishing and maintaining accounting and other information systems.
- Advertising - Cost allowable only when incurred to recruit personnel and any other specific purpose necessary to meet the requirements of the project.
- Audit costs - The costs of audits required by and performed in accordance with, the Single Audit Act, as implemented by Circular A-133.
- Cultural-related activities - Allowed only when incurred to specifically promote wide-spread participation from the tribal population in all activities that will carry out the grant program.
- Incentives - Allowed, up to the agency specific requirement threshold of \$30, per item.


## Unallowable Costs

- Advertising - Costs of displays, demonstrations and exhibits; promotional items and memorabilia, including models, gifts, and souvenirs; costs of advertising and public relations designed solely to promote the grant program.
- Contingency costs - Events which cannot be foretold with certainty as to time, or with assurance that the events will happen.
- Contributions and Donations - Cash, property, and services regardless of the recipient.
- Entertainment costs - Amusement, diversion and social activities and any costs directly associated with such costs as tickets to shows or sports events, meals, lodging, rentals, transportation and gratuities.


## Budget Narrative Sample

Personnel ..... \$148,187
Program Coordinator ..... \$104,000
Administrative Assistant ..... \$31,866
CAN/Transporter ..... \$6,552
Mental Health Counselor ..... \$5,769
Fringe Benefits ..... $\$ 49,846$
Program Coordinator ..... \$36,400
Administrative Assistant ..... \$11,153
CNA/Transporter ..... \$2,293
Mental Health Counselor ..... \$2,019
Training and Travel ..... \$2,000
Staff Training ..... \$2,000
Equipment (Items greater than $\$ 5,000$ ) ..... \$30,200
Desk Top Computers ..... \$10,000
Exercise Equipment ..... \$20,200

## Budget Narrative Sample

| Supplies |  |  | $\$ 9,600$ |
| :--- | :--- | :--- | :--- |
| Educational/Outreach | $\$ 3,000$ |  |  |
| Office Supplies | $\$ 1,200$ |  |  |
| Nutrition Events | $\$ 2,400$ |  |  |
| Medical Supplies | $\$ 3,000$ |  |  |
|  |  |  |  |
| Contractual | $\$ 16,640$ |  |  |
| Fiscal Officer | $\$ 14,440$ |  |  |
| Consulting Medical Doctor | $\$ 18,720$ |  |  |
| Registered Dietitian | $\$ 33,250$ |  | $\$ 450$ |
| Exercise Therapist |  |  | $\$ 1,680$ |
|  | $\$ 20,805$ | Office Cleaning |  |
| Other Direct Costs | $\$ 4,000$ | Storage Fees | $\$ 240$ |
| Rent | $\$ 500$ | Biohazard Disposal | $\$ 154$ |
| Utility | $\$ 2,611$ | Advertising | $\$ 2,010$ |
| Postage | $\$ 2,500$ | Local Mileage | $\$ 1,350$ |
| Telephone | $\$ 2,400$ | Exercise supplies | $\$ 2,570$ |

## Budget Justification Sample

## Personnel

Program Coordinator - Dr. Tom Smith
A full-time employee, working for the Diabetes program 40 hours per week, responsible for the implementation of the Program goals as well as overseeing financial and grant aspects of the agency. $(\$ 100 \times 1040$ hours $=\$ 104,000)$
Administrative Assistant - Minnie Mouse
A full time employee responsible for human resources management and providing assistance to the Executive Director. $(\$ 15.32 \times 2080$ hours $=\$ 31,866)$
CNA/Transporter/Homemaker: TBA
A part time employee working 12 hours per week on the grant program providing transportation services and in-home health care to clients. (\$15.75 x 416 hours = \$6,552)

## Mental Health Counselor: TBA

A part time employee working six hours per week on the grant program providing counseling and workshops to clients. ( $\$ 18.49 \times 312$ hours $=\$ 5,769$ ).

## Fringe Benefits

Fringe benefits are calculated at $35 \%$ for both salaried and hourly employees. Fringe is composed of health, dental, life and vision insurance (20\%), FICA/Medicare (7.65\%), worker's compensation (1.10\%), state unemployment insurance (1.25\%) and retirement (5\%).

## Budget Justification Sample

## Travel/Training

\$2,000
Staff Training - Expenses in this category are associated with attending diabetes conference and seminar for 2 staff: Lodging ( $\$ 175 /$ night $\times 2$ people $\times 2$ days $=\$ 700$ ), Airfare ( $\$ 450 \times 2$ people $=\$ 900$ ), Per diem ( $\$ 50 \times 2$ people x 3 days $=\$ 300$ ) and Ground transportation ( $\$ 25 \times 2$ people $\times 2$ trips $=\$ 100$ ). A total of $\$ 2,000$.

## Equipment

\$30,200
Computers - Desk Top Computers for personnel to access and update information on client's records ( $\$ 5,000 \times 2=\$ 10,000$ )

Exercise Equipment - Elliptical cross trainer equipment creates less impact on the knees ( $\$ 7,000$ ), body fat analyzer to be used for assessments $(\$ 5,200)$, Treadmill to offer another form of physical activity ( $\$ 8,000$ ). Total for exercise equipment $(\$ 20,200)$.

## Supplies

Education/Outreach: Various printed literature, books, videos, pamphlets, pens, bottled water, incentives to hand out at various health fairs, events, and to groups to educate and promote health. Funds allocated are $\$ 3,000$.

## Budget Justification Sample

General office supplies are essential in order to properly maintain client records, financial records, and all reporting requirements. General office supplies include file folders, labels, writing pads, pens, paper, toner, etc. ( $\$ 100 \times 12$ months $=\$ 1,200$ ).

Nutrition Events - Food will be provided by the Diabetes Educator during nutrition events, providing examples of proper food preparation and education. (\$200 x 12 months $=\$ 2,400$ ).
Medical supplies for our clinic such as alcohol wipes, strips for glucometers, paper sheets, gloves, gowns, etc. Funds allocated are $\$ 3,000$.

## Contractual

## \$83,050

Fiscal Officer - An independent contractor to perform payroll, accounts payable, financial and grant reporting and budgetary duties. ( $\$ 40.00 \times 416$ hours $=\$ 16,640$ ).
Medical Doctor - Contracted to provide medical care to our clients with diabetes (100
x 12 hours per month x 12 months $=\$ 14,400$ )
Registered Dietitian/Diabetes Educator - Contracted to provide diabetes related meal planning and instruction and facilitate one-on-one consultation with clients. (\$45 x 416 hours $=\$ 18,720$ )
Exercise Specialist - Contracted to conduct and monitor the exercise program necessary for each client. $(\$ 35 \times 950$ hours $=\$ 33,250)$

## Budget Justification Sample

## Other

\$45,613
Rent - This program rents two office locations for a total cost $\$ 83,220$ per year, SDPI grant program will provide $25 \%$ of the rent cost. ( $\$ 83,220 \times 25 \%=\$ 20,805$ ).

Utility - This program will cover $25 \%$ of the total utility costs of $\$ 16,000$ per year. ( $\$ 16,000 \times 25 \%=\$ 4,000$ )

Postage - The diabetes program postage is estimated at \$500 annually.

Telephone - This program currently has eight telephone lines at two separate offices, pager service and a toll-free number for clients. ( $\$ 10,445 \times 25 \%=\$ 2,611$ )

Audit Fees - An annual audit is conducted for this program's financial statements. This program will cover $25 \%$ of the $\$ 10,000$ audit expenses $(\$ 10,000 \times 25 \%=\$ 2,500)$.

Professional fees - Consultant to fix computer problems ( $\$ 200 \times 12$ months $=\$ 2,400$ ).

Insurance - General liability insurance coverage for fire/property damage. (\$1,593).

## Budget Justification Sample

Office cleaning - Cleaning contract cost of $\$ 8,400$, SDPI will cover $25 \%$. $(\$ 1,680)$.

Storage fees - SDPI stores its records in a storage facility ( $\$ 20 \times 12$ months $=\$ 240$ ).

Biohazard disposal - A special handling fee for biohazard disposal. (\$154)

Advertising - Newspaper advertising for Personnel recruitment $(\$ 2,010)$

Local Mileage - Mileage for transportation of clients and outreach services (300 miles/month x 12 months x $\$ 0.375=\$ 1,350$ ).

Exercise supplies - Dumbell weights, exercise balls, exercise mats, adjustable weight bench, bow flex plates kit, dance pads and exercise videos. (\$2,570).

Laptop computer/LCD projector - Compute and projector used by Diabetes educator for presentations $(\$ 3,200)$.

## Questions?

## Thank you!

