



### What the Bead Test Reveals About Vision

- ❶ You see ONE string. This indicates that one eye's vision is being suppressed completely. Only one eye is seeing.
- ❷ The strings cross BEFORE the bead. The eyes are aiming closer than they are focused. Often linked to nearsightedness triggered by prolonged near vision work.
- ❸ Strings cross BEHIND the bead. The eyes are aiming beyond where they are focused. Often (but not always) associated with reduced ability to sustain reading or near work.
- ❹ Two beads are seen. This means the person's eyes are not aiming where they're focusing, but that the person is still trying to see with both eyes. Seeing double interferes with comprehension.
- ❺ Part of a string fades in and out. The person is trying to suppress the vision of one eye. This drastically interferes with brain processing of visual information. Fatigue may make this worse.
- ❻ See both strings and they cross at the bead. A person with "normal" visual abilities should see the bead this way.

TEST: Hold the string at the end of the nose. Have tester hold other end of the string directly in front of the person being tested. Put the bead about 12-14 inches from their eyes. Have the person report what they see. Let them volunteer information from open questions: "What do you notice about the bead? About the string?"