DAY ONE: Wednesday, 27 September 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9.00am – 12.15pm</td>
<td>PRE-Congress Workshop Registrations Open</td>
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</table>
| 9.00am – 12.15pm | Workshop One: Driver Diagrams to Address Issues Related to Patient Care  
Cathy Vinters, Program Lead Clinical Practice Improvement Training, Quality Improvement Academy |
| 9.00am – 12.15pm | Workshop Two: Writing for Publication                                  
Associate Professor Russell Roberts, Editor in Chief, Australian Journal of Rural Health, Associate Professor in Management, Charles Sturt University |
| 9.00am – 12.15pm | Workshop Three: National Disability Insurance Scheme Update            
Ginny Monteiro, Project Manager - NDIS Monitoring and Evaluation, NSW Ministry of Health |
| 9.00am – 12.15pm | Workshop Four: From Twitter to a Journal Article                       
Dr Suzana Sukovic, Executive Director, Educational Research & Evidence Based Practice, Health Education & Training Institute |
| 9.00am – 12.15pm | Workshop Five: Wagga Wagga Rural Referral Hospital Tour               
Please express your interest for more information when registering |
| From 12.00pm   | Congress Registrations Open                                            |
| 1.00pm – 2.00pm | Master of Ceremonies                                                  
Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW |
|                | Welcome to Country                                                     
Aunty Isabel Reid, Wiradjuri Elder |
|                | Welcome on Behalf of NSW Health                                       
Hon Brad Hazzard, NSW Minister for Health and Minister for Medical Research |
|                | Welcome on Behalf of Murrumbidgee Local Health District               
Jill Ludford, Chief Executive, Murrumbidgee Local Health District |
|                | Opening Address                                                       
Adjunct Professor Annette Solman, Chief Executive, Health Education and Training Institute |
| 2.00pm – 2:40pm | Keynote: A Broken Body Is Not a Broken Person                          
Janine Shepherd AM - Author, Speaker, Pilot  
We often define ourselves by things that are ‘outside’ of us: even our own bodies. But what would it mean to have your life dramatically altered and your body irrevocably damaged? Janine describes her quest to find meaning and fulfilment after a life changing accident that left her paralysed, and how the quality of ‘defiance’ has allowed her to reinvent her life in a most remarkable way. |
| 2.40pm – 3.10pm | Afternoon Tea                                                         
Trade Displays and Poster Exhibition |
<table>
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<tr>
<th>Time</th>
<th>Keynote Session</th>
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| 3.10pm – 3.45pm | **KEYNOTE: IMAGININGS OF RURAL HEALTH FUTURES: BETWEEN THE SYSTEM AND A DRY PLACE**  
Dr Luke Van Der Laan, Director of Professional Studies, University of Southern Queensland  
When asked to imagine what the future of rural health in Australia will be, stakeholders often hold very different images depending on the worldview they adopt. We explore these perspectives and how they are similar and different, and what impact these are likely to have in shaping the future of rural health. These images are viewed through a systemic lens and what emerges is that the futures of rural health seem to be caught between the economic assumptions of policy makers and the lived experience of people in conditions that are typified by increasing isolation and increasingly challenging environments. |
| 3.45pm – 4.30pm | **KEYNOTE: STRONGER LEADERS - HARNESNING THE WISDOM OF ABORIGINAL CULTURE AND PHILOSOPHY**  
Paul Callaghan, CEO/Founder, Callaghan Cultural Consultancy  
More information about this session to follow |
| 4.30pm – 4.45pm | **SUMMATION OF DAY ONE**  
Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW |
| 5.00pm – 6.30pm | **2017 RURAL HEALTH AND RESEARCH CONGRESS OFFICIAL OPENING AND WELCOME RECEPTION**  
VENUE: The Thirsty Crow  
ADDRESS: 153 Fitzmaurice St, Wagga Wagga NSW 2650  
DRESS CODE: Smart Casual |

**DAY TWO: Thursday, 28 September 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7.30am – 8.45am</td>
<td><strong>BREAKFAST EVENT - EMERGING RESEARCH SHOWCASE</strong></td>
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<tr>
<td>From 8.00am</td>
<td><strong>CONGRESS REGISTRATIONS OPEN</strong></td>
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</tbody>
</table>
| 8.50am – 9.00am | **WELCOME & OPENING OF DAY TWO**  
Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW |
| 9.00am – 9.50am | **KEYNOTE: CARING FOR THE CARERS**  
Professor Louise Harms, Department of Social Work, The University of Melbourne  
More information about this session to follow |
| 9.50am – 10.30am | **KEYNOTE: CONTEMPORARY ARTS PRACTICE WITHIN OUR HOSPITAL SPACES**  
Vic McEwan, Artistic Director, The Cad Factory  
More information about this session to follow |
| 10.30am – 10.50am | **MORNING TEA**  
TRADE DISPLAYS AND POSTER EXHIBITION |
| 10.50am – 12.15pm | **CONCURRENT SESSION ONE** |
| 10.50am – 11.15am | **Rural Workforce – Sustain, Maintain, Gain**  
**Healthy Rural Communities**  
**Rural Health Journeys – Design, Deliver, Experience**  
**Culture and Health**  
Defining “rural Health”: exploring GPs perceptions of what constitutes rural health  
Christopher Wilson, Medical Student, University of Notre Dame, Australia  
“Swap to Stop” Supporting pregnant Aboriginal women in making changes to their smoking behaviours  
Belinda Tully, Aboriginal Population Health Trainee, Hunter New England Local Health District Population Health  
Transforming the experience of rural residential aged care: a collaborative improvement process  
Jenny Preece, Rural Health Network Manager, Agency for Clinical Innovation  
Culturally respectful health care and findings from participant evaluations  
Denise Hampton, Acting Community Development/Health Education Officer, Broken Hill University Department of Rural Health |
<table>
<thead>
<tr>
<th>Time</th>
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</table>
| 11.20am – 11.45am | Overcoming the “too busy, too poor, too rural” perception: organisational strategies for rural research training  
*David Schmidt, PhD Candidate, School of Public Health, University of Sydney*  
Alcohol and other drug prevention for Indigenous youth: What works?  
*Brianna Lees, Research Assistant, National Drug and Alcohol Research Centre*  
“Walk and Talk”: weekend walks with MPS residents, a small act achieving large impacts  
*Karen Burns, Enrolled Nurse, Grenfell Multipurpose Health Service*  
Reducing bacterial skin infections by incorporating Aboriginal ways of knowing and doing as part of best practice  
*Kristy Crooks, Aboriginal Program Manager, Population Health, Hunter New England Local Health District* |
| 11.50am – 12.15pm | Impact of a remotely delivered, writing for publication ‘Bootcamp’ program on publication outcomes of novice researchers  
*Kerith Duncanson, Rural Research Program Manager, NSW Health Education and Training Institute*  
Rural student led paediatric speech pathology clinics improving access and outcomes  
*Claire Brunero, Speech Pathology Academic, Lecturer, Broken Hill University Department of Rural Health*  
Geriatrician in the Practice: an integrated model of care for people with dementia  
*Jeremy Christley, Head of Aged Care and Rehabilitation Department, Shoalhaven Hospital*  
“What's gonna do?” Increasing Aboriginal community awareness through an immunisation music video  
*Leanne Sanders, Aboriginal Immunisation Health Worker, Murrumbidgee and Southern Local Health Districts* |
| 12.15pm – 1.00pm | LUNCH & TRADE EXHIBITION  
TRADE DISPLAYS AND POSTER EXHIBITION |
| 1.00pm – 1.35pm | KEYNOTE: A RURAL EMERGENCY TELEHEALTH SERVICE - CHALLENGES FACED AND LESSONS LEARNED  
*Dr Andrew Jamieson, Clinical Lead, Southern Inland Health Initiative, WA Country Health Service*  
The Emergency Telehealth Service (ETS) operated by WA Country Health service is a busy virtual emergency department that definitively manages and discharges 75% of the more than 15,000 patients seen per year. Serving a huge area, the ETS has matured into an essential component of rural and remote clinical service provision in WA. |
| 1.40pm – 2.45pm | CONCURRENT WORKSHOPS – ALL THINGS RESEARCH!  
Research journeys of Rural Research Capacity Building Program (RRCBP) graduates: projects, outcomes and experiences  
*Dr Kerith Duncanson, Rural Research Program Manager, NSW Health Education and Training Institute, accompanied by four RRCBP graduates*  
Ethics and governance of research project applications: a new way forward  
*Amanda Jackson and Janine Holston, Subject Matter Experts, REGIS project, eHealth. On behalf of Office of Health and Medical Research, Ministry of Health*  
Building research capacity: examining and improving your personal or organisational capability, opportunity and motivation  
*David Schmidt, Senior Program Manager – Rural Research, Health Education & Training Institute, Dr Anna Moran, Clinical Research Coordinator, Albury Wodonga Health & Dr Alex Stephens, Director of Research, Northern NSW Local Health District*  
Aboriginal Engagement and Research  
*Diann Tremain, Manager & Tim Humphries, Team Leader, Murrumbidgee Local Health District, Aboriginal Health* |
| 2.45pm – 3.15pm | AFTERNOON TEA  
TRADE DISPLAYS AND POSTER AUTHORS AVAILABLE BY THEIR POSTERS |
### KEYNOTE: ‘HELLO MY NAME IS’
*Chris Pointon, Co-founder and Global Campaign Ambassador for the #hellomynameis Campaign*

This is a very personal and heart-warming session about the campaign started by Chris and his wife Kate to encourage human connections in health care provision - one human being who is vulnerable, and another human being who wishes to help.

### CONCURRENT SESSION TWO

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>3.50pm – 5.15pm</td>
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<tr>
<td>Rural Workforce – Sustain, Maintain, Gain</td>
<td>Healthy Rural Communities</td>
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<tr>
<td>3.50pm – 4.15pm</td>
<td>A collaborative approach to increasing access to diabetes education in the bush</td>
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<td>Narelle Mills, Manager Quality and Pathways, Murrumbidgee Primary Health Network</td>
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<tr>
<td>4.20pm – 4.45pm</td>
<td>Sustaining a rural midwifery caseload program in Broken Hill</td>
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<td>Alison Isaacs, Maternity Unit Manager, Broken Hill Health Service</td>
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<tr>
<td>4.50pm – 5.15pm</td>
<td>Establishing a casual pool to fill Allied Health vacancies in a rural LHD</td>
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<td>Sarah Dowe, Allied Health Project Officer, Hunter New England Local Health District</td>
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**2017 NSW RURAL HEALTH AND RESEARCH CONGRESS DINNER**

**VENUE:** Wagga Wagga RSL  
**ADDRESS:** Kincaid St & Dobbs St, Wagga Wagga  
**THEME:** Time to break out the sports gear! The theme is SPORT!  
**Gold coins will be collected to support the Riverina Branch of the United Hospital Auxiliaries of NSW**

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**DAY THREE: Friday, 29 September 2017**

**From 8.00am**

**CONGRESS REGISTRATIONS OPEN**

**From 9.00am – 9.10am**

**WELCOME, OPENING OF DAY THREE**

*Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW*
### 9.10am – 9.30am
**KEYNOTE: NURSE MEMORIALISATION**
*Billie Townsend, Honours Student, University of Wollongong*

Revisiting the past and understanding the way communities have viewed and respected nurses can offer perspective and assist the nursing workforce to be more resilient into the future. This presentation explores 100 years of memorialisation of nurses who served Australia during war.

### 9.35am – 11.00am
**CONCURRENT SESSION THREE**

<table>
<thead>
<tr>
<th>Rural Workforce – Sustain, Maintain, Gain</th>
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<td><strong>9.35am- 10.00am</strong></td>
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<tr>
<td>Effectiveness of Rural Mobile Simulation Education: A program logic evaluation</td>
<td>Scale up of a multi-strategic intervention to increase implementation of a mandatory state-based healthy canteen policy across both urban and rural schools</td>
<td>Supporting rural nurses to undertake medication reconciliation processes</td>
<td>Can changing the environment in which we work change the attitudes of those who work there?</td>
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<tr>
<td>Tod Adams, Manager, Rural Mobile Simulation Centre, NSW Health Education and Training Institute</td>
<td>Kathryn Reilly, Project Officer / PhD Candidate, Hunter New England Local Health District, Population Health</td>
<td>Kate Roper, Medication Safety and Quality Officer, Clinical Excellence Commission</td>
<td>Elizabeth Worboys, Health Service Manager, Boggabri Multi-Purpose Service</td>
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<tr>
<td><strong>10.05am – 10.30am</strong></td>
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<td>Murrumbidgee Local Health District physiotherapy rural generalist training program</td>
<td>Better rural city park planning to improve older people’s health and well-being</td>
<td>Be audit you can be: optimisation through automation</td>
<td>Birth of the Henty Heirlooms – a co design approach to MPS residential living</td>
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<tr>
<td>Emily Farquhar, Physiotherapy Advisor, Murrumbidgee Local Health District</td>
<td>Rachel Whitsed, Senior Lecturer, Spatial Sciences, Charles Sturt University</td>
<td>Samantha Fraser, District Quality Use of Medicines Pharmacist, Hunter New England Local Health District</td>
<td>Nerida Hodges, Nurse Manager, Murrumbidgee Local Health District</td>
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<td><strong>10.35am – 11.00am</strong></td>
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<td>Practical benefits of the introduction of a district medication safety pharmacist to rural health facilities without on-site pharmacy</td>
<td>UV exposure: mixed messages</td>
<td>Grin and Grow health pathway: preventative oral health care for children in out of home care</td>
<td>Mapping the health and health needs of Western NSW</td>
</tr>
<tr>
<td>Kirstin Berry, Medication Safety and Quality Manager, Hunter New England Local Health District</td>
<td>Catherine Harding, Head of Clinical School, Wagga Campus, School of Medicine Sydney, University of Notre Dame Australia</td>
<td>Angela Rankin, Clinical Leader, Oral Health Promotion and Prevention, Southern NSW and Murrumbidgee Local Health Districts</td>
<td>Daniel Belshaw, Domestic Violence Project Officer, Western NSW Local Health District</td>
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### 10.00am – 10.30am
**MORNING TEA**

### 11.00am – 11.30am
**KEYNOTE: WE ONLY VALUE WHAT WE MEASURE**
*Dr Louis Christie, Palliative Care Service Medical Officer, Western NSW LHD*

Dr Christie is the inaugural chair of the Western NSW LHD Palliative and End of Life Clinical Stream, formed in September 2015. He will discuss the work of the Clinical Stream in developing a strategic planning framework to identify service development needs for palliative and end of life care in central western NSW, including a discussion of the work currently underway.

### 11.30am – 12.00pm
**PRESENTATIONS**

*Congress Poster Awards Announced*

*Maggie Crowley, Executive Director, Rural & Remote Portfolio HETI*
ACI Rural Health Innovation Awards for Concurrent Presentations
*Jenny Preece, Rural Health Network Manager, ACI*

Australian Rural Health Research Collaboration Awards for Rural Health Research
*Megan Passey, Associate Professor and Director of Research, ARHRC*

**SUMMATION**
*Dr Gabriel Shannon AM, Consultant Physician, Central Western NSW*

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**5 MINUTE ORAL POSTER PRESENTATIONS**

The following Poster Presentations will be presented during catering breaks, over the three-day Congress. Catering will be available at the back of the room.

### Afternoon Tea, Wednesday, 27 September 2017

- **2.45pm – 2.50pm**
  *The new Three Rivers University Department of Rural Health*
  *Megan Smith, Three Rivers University Department of Rural Health, Charles Sturt University*

- **2.50pm – 2.55pm**
  *Assessing a rural clinical database using a spatial modelling approach*
  *Rachel Whitsed, Senior Lecturer, Spatial Sciences, Charles Sturt University*

- **2.55pm – 3.00pm**
  *Art Therapy for mental health an autoethnographic exploration*
  *David Schmidt, PhD Candidate, University of Sydney*

### Morning Tea, Thursday, 28 September 2017

- **10.35am – 10.40am**
  *Closing the mental health treatment gap in Palliative care*
  *Julianne Whyte, Chief Executive Officer, Amaranth Foundation*

- **10.40am – 10.45am**
  *Working together: a collaborative falls prevention program*
  *Karen Lloyd, Stepping on Coordinator, Western NSW and Far West Local Health Districts*

- **10.45am – 10.50am**
  *Exercise for improved balance in MPS residents*
  *Helen Murphy, Endorsed Enrolled Nurse, Balranald MPS*

### Lunch, Thursday, 28 September 2017

- **12.25pm – 12.30pm**
  *Patient experiences of COPD self-management in a rural setting*
  *Michelle Baird, Chronic and Complex Care Nurse Practitioner, Dubbo Health Service*

- **12.30pm – 12.35pm**
  *Empowering mental health consumers to manage their own medication regimes*
  *Gayleen Kain, Registered Nurse, Kenmore Hospital, Southern NSW Local Health District*

- **12.35pm – 12.40pm**
  *Increasing rural practice nurse capacity to address low cervical screening participation*
  *Kathryn Duggan, Cancer Screening Project Officer, Hunter New England and Central Coast PHN*

- **12.40pm – 12.45pm**
  *eviQ Education: online cancer education for health professionals*
  *Sarah Tomkins, Lead Education and Resources, Cancer Institute NSW*

- **12.45pm – 12.50pm**
  *Accessible renal care through a rural service network*
  *Linda McCorriston, Renal Clinical Nurse Consultant, Southern NSW Local Health District*

### Afternoon Tea, Thursday, 28 September 2017

- **2.50pm – 2.55pm**
  *How do rural young people access health services in the digital world?*
  *Lalana Kapuwatte, GP Academic Registrar, School of Rural Health, University of Sydney*

- **2.55pm – 3.00pm**
  *There’s an app for that: automating antimicrobial stewardship reports*
  *Samantha Fraser, District Quality Use of Medicines Pharmacist, Hunter New England Local Health District*

- **3.00pm – 3.05pm**
  *E-health to empower rural patients with musculoskeletal pain*
  *Paulo Ferreira, Associate Professor, The University of Sydney*
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<tr>
<td>11.10am – 11.15am</td>
<td>A patient centred approach to identification and management of iron deficiency</td>
<td>Kristen Brown, Clinical Nurse Consultant for Blood Management, Murrumbidgee Local Health District</td>
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<tr>
<td>11.15am – 11.20am</td>
<td>The importance of differentiating procoagulant envenomation to manage a warfarinised patient</td>
<td>Kirsten Berry, Medication Safety and Quality Manager, Hunter New England Local Health District</td>
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<tr>
<td>11.20am – 11.25am</td>
<td>Audit of CT pulmonary angiogram over 6 months at Wagga Wagga Rural Referral Hospital</td>
<td>Deborah Inman, Respiratory and Sleep Advanced Trainee, Wagga Wagga Rural Referral Hospital</td>
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