CE Course Handout

The Dental Hygienist's Role in the Care of Infant, Toddler and Adolescent Patients

Saturday, June 11, 2016
10:00 a.m.-1:00 p.m.
The Dental Hygienist’s Role in the Care of Infant, Toddler and Adolescent Patients

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Saturday, June 11, 2016  10:00 am – 1:00 pm
I. Pre-natal care and education
   A. Mother and father’s oral health
      1. Oral hygiene – decrease plaque biofilm and bacteria
      2. Restore carious lesions to reduce streptococcus mutans
   B. Diet and Nutrition
   C. Begin education on infant oral care

II. Infant oral care
   A. First dental visit at 6 months
   B. Cleaning of gums and teeth
   C. Tooth eruption
      1. Eruption cysts/ other infant oral manifestations
      2. Teething pain and remedies
   D. Nutrition and habits
      1. Breast feeding/bottle feeding
      2. Sharing utensils
      3. Sugars and fermentable carbohydrates

III. Toddler oral care
   A. Brushing and flossing
   B. Non-nutritive habits
   C. Mouth injuries

IV. Oral assessment of the infant and toddler
   A. Caries risk assessment
      1. Parent and sibling oral health history
      2. Oral hygiene
      3. Diet/oral habits
      4. Existing carious lesions/restorations
   B. Anticipatory guidance
      1. Plan ahead and advise as child grows
   C. Recare frequency

V. Patient management of the infant and toddler
   A. Involve parent(s)
B. Tell, show, do
C. Knee-to-knee exam
D. Child sitting in parent’s lap
E. Fluoride varnish

VI. The scared and/or crying patient
   A. Soothing words
   B. Crying means an open mouth
   C. Be quick
   D. Minimum brief exam if possible

VII. Pre-schoolers
   A. Possible sealants on primary molars
   B. Continue parental brushing
   C. Exfoliation and eruption patterns

VIII. School-age children
   A. Mixed dentition
   B. Sealants on molars as soon as erupt
   C. Reinforce brushing/flossing with parent supervision
   D. Early orthodontic intervention
   E. Diet/Nutrition

IX. Pre-teens
   A. Reinforce oral hygiene practices
   B. Sealants on premolars and second molars
   C. Diet/nutrition
   D. Orthodontic intervention

X. Teenagers
   A. Oral hygiene and education
   B. Tobacco/drug use/ e-cigs/ marijuana/ hookah
   C. DIY orthodontics
   D. HPV
   E. Bleaching/cosmetics
XI. Considerations for all ages  
   A. Recognition of abuse and neglect  
   B. Medical considerations  
   C. Medication contraindications and side affects  

XII. Government dental programs/Resources  
   A. Federal programs  
   B. State programs
References

http://www.aapd.org/assets/2/7/ECCstats.pdf


http://www.cdc.gov/media/releases/2015/p0416-e-cigarette-use.html


Texas Department of State Health Services

http://www.dshs.state.tx.us/dental/firstdentalhomemats.shtm

University of Maryland – early childhood oral health video

http://www.youtube.com/watch?v=ycTettc04YI

Wilkins, E.M. (2013) Clinical Practice of the Dental Hygienist, Lippincott, Williams & Wilkins