**Initiates Retreat October 2019**

**Living in the Light**

**Day Rate - Maximum 3 Days:**

As the energy for the retreat and the energy of the group gets stronger as the retreat progresses, it is not appropriate for new participants to arrive later in the retreat. Therefore the day rate is restricted to the first few days of the retreat only.

Day Rate (without accommodation): AUD$220 per person per day

Includes full vegetarian lunch, morning/afternoon tea (Saturday is afternoon tea only)

Days available for this rate:

1 day Saturday, 2 days Saturday/Monday, 3 days Saturday/Monday/Tues.

(Please note: Sunday 28th is our Mission Day celebration and retreat participants will travel to our Cooranbong Centre at Cooranbong for those celebrations, this day is open to all to attend.)

Should you wish to attend for 2 or 3 days only and would like accommodation please contact retreats@shantimission.org and let us know and we will see what accommodation may be available for you.