



British Society for Rheumatology / MSD Trainees in Rheumatology: Understanding the wider world outside the NHS Friday 5th December 2014 William Penn Room, The Priory Rooms Meeting & Conference Centre, Quaker Meeting House, 40 Bull Street, Birmingham. B4 6AF

Objectives

- Help rheumatology SpRs better understand the structures of NHS organisations and how they interrelate with each other, local authorities and patient organisations;
- To better understand the commissioning cycle, what commissioners are looking to provide to experts for and how SpRs can influence effectively;
- To have an opportunity to network and share experiences and learn from fellow SpRs in their wider regional area;
- Through challenging case studies, put into practice the learning through influencing some key groups; patients, commissioners and those within your own organisation

Agenda

- 9.30 *Refreshments available*
- 10.00 Welcome and introductions
 - Catherine Eden and Judy Oliver
- 10.10 **Top to Toe of the NHS**: understanding how NHS organisations work; how different types of NHS organisations work with each other and with outside organisations in the health and care system; and how the finances and governance works.

This session will allow you to better understand the system within which you are working and allow you to lead more effectively within your department and your Trust as a result.

- 11.30 Break
- 11.45 **The Commissioning environment:** making a strong case for rheumatology

This session will think through the new commissioning environment and where the opportunities are for rheumatology SpRs to influence your own Trust's management and commissioners around the type of rheumatology services that are provided for patients in your area.

- 13.00 Networking lunch
- 14.00 **Powermapping:** an interactive exercise which gives an opportunity to think through some of the key challenges for rheumatology where you work and where the power lies in affecting change. As leaders in your speciality and your organisations, understanding those whom can best help you to affect change is crucial.
- 14.45 **Putting the learning into practice**: in small groups, participants will have the opportunity to influence in different challenging settings
 - working with patients over complaints
 - Peter Westland
 - effective influencing of commissioners
 - Robert Creighton
 - influencing senior leaders within your organisation
 Judy Oliver
- 16.30 Learning review and next steps
- 17.00 Close