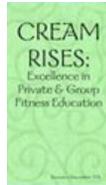


CREAM RISES



"Be ready to teach whether or not the time is convenient. Correct, warn, and encourage with the utmost patience when you teach" Timothy 2:4



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INTRODUCTION & CONTENTS:

- our purpose:
- our theme:
- our ice-breaker:
–describe yourself in one word:_____.
- TEASER #1:

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Theory

- Definition of teaching:
- Define changes & outcomes:
- Preparation:
 - a. first _____ and last _____
 - b. to abandon the mission
 - c. TOOL BOX
- To be UNTOUCHABLE: BE BOTH:
– P _____ & P _____

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CREAM

concentrated/DENSE

selective

rich

smooth

easy

special

expensive



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PRACTICE:

- practice ALOUD scripted start & stories
- microphone preparation
- clear diction, voice (toastmasters.com)
- stay on top of trends (static stretching)

PRE-SHOW:

- before the official start time
- no "diva" entrance
- attention to detail



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Beginning:

- control of energy, group
 - (Neuro Linguistic Programming: match, then raise)
- learn names and use them (8 WAYS)
- have a "Scripted Start" (10 CHECKPOINTS)
- identify purpose of class and each exercise
- create/set a theme
- do an ice-breaker
- set a soap-opera "teaser" (T#1)
- create an experience

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Beginning:

- measurement of intensity offered (“the ultimate question”)
- levels: from modifications to: (PROGRESSIONS & REGRESSIONS)
- “beginner,” “intermediate,” “advanced”
- use discipline-specific movement
- signal the start: “let’s make it happen”

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Middle

- use everyone’s name at least once
- build up and break down
- create independence and train it: DO NOTHING!
- demo on one side and interact on the other
- avoid “barf and diarrhea” method (the 5 Ps)
P P P P P:+++
- the 5 people in every experience:
1. 2. 3. 4. 5.
- become a “3-Dimensional Cuer”

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Middle:

- teach versus perform (“The PERFORMERS ARE IN VEGAS”)
- have a catchy phrase or thought
- personalize
- EDUCATE + ENTERTAIN = EDUTAINMENT
- ENT. example: manipulate volume & lighting
- EDU. example: terminology
- TERMINOLOGY: saying “don’t,” “straight”
- screaming
- count down (generally)
- manipulate the orientation
- hands “on”



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Transitions

- have a Scripted Finish:
 - make it your “Finished Finale” (5 CHECKPOINTS)
- summarize the purpose
- conclude with names (verbal hug)
- point to the future: TEASER #2 (T#2)
- restate the theme
- teach transcendence of a skill
- possible use of Facebook
- back to your word



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Transitions

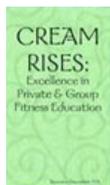
- have a giveaway
- capture your closing
- a song for AFTER your final song

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