



## Overview of CERSH activities: where are we now?

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SEXrurality 2015  
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## Overview of CERSH activities

### Some key activities:

- Wodonga Young persons project
- Condom Vending Machines in public places- Increasing access to the means of STI prevention
- Sexual Health Networks -Building workforce capacity
- Abortion services and support - Supporting the development of new rural service models



## Overview of CERSH activities

Cont.....

- Aboriginal sexual health promotion and prevention
- Re-Thinking Sexual Health Promotion in Rural Victoria – building evaluation capacity
- Creating online learning modules for rural Doctors, Nurses and Allied Health professionals.



## Wodonga Young Persons' Sexual Health Project

### Project aim

- Improve the systems and interventions that contribute to the sexual health and wellbeing of young people attending formal education environments in Wodonga

### Working party

- 15 active participants across education, health, local government

### Project status

- Current: focus groups, project planning
- October: project implementation and ongoing evaluation



## Condom Vending Machines

### Increasing access to the means of STI prevention in LMR

- Four shires –
  - Greater City of Bendigo
  - Loddon
  - Gannawarra
  - Bullock
- Working with councils and local agencies to engage young people in sexual health promotion



### Sexual Health Networks -Building workforce capacity

Networks across 2 regions:

- Goulburn valley and Northeast Victoria : quarterly meetings since July 2010
- Central Victoria: inaugural meeting April 2015
- Northern Mallee: inaugural meeting June 2015



### Abortion services and support - new rural service models

- Demand identified to initiate project
- CERSH established partnerships
- CERSH co-ordinated locally based training.
- Consolidation in 2015-2016 to increase number and geographic spread of MTOP providers across Loddon Mallee and NE Victoria
- Affordable, accessible and timely MTOP is achievable in rural communities.



### Aboriginal sexual health promotion and prevention

CERSH is:

- Building an evidence base
- Developing new resources in response to community demand
- Actively partnering with regional prevention initiatives such as - **Working Together For Health**



### Re-Thinking Sexual Health Promotion in Rural Victoria

3 part seminar series:

*Part 1:*

- *History of ideas in health promotion*
- *Rise of individual behaviour change approaches*
- *social determinants discourse*
- *social change theory and praxis*
- *Implications for sexual health promotion practice*

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### Re-Thinking Sexual Health Promotion in Rural Victoria

*Part 2: Is a workshop that re-examines current sexual health promotion programs and projects, by application of an analytical matrix.*

*Part 3: Seminar that explores indicators, measurement, monitoring, and evaluation of sexual health promotion projects developed by use of the analytical matrix*



### On-line learning modules for rural health professionals

- CERSH in partnership with ACRRM and the NSW STIPU are creating online learning modules that specifically focus on rural sexual health
- These modules will combine to achieve an ALM at the RACGP for GPs
- Modules will be accessible through the ACRRM and CERSH websites
- Launched at the end of 2015.