Music Therapy & Paediatric Palliative Care.

Angela Delaney
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Music therapy & paediatric palliative care:

the effect of music therapy on perceived pain and memory making for children with life-limiting illness and their families.
Music Therapy within PPCS

- Music Therapy
- Chaplaincy
- Occupational Therapy
- Dietetics
- Pharmacology
- Nursing
- Social Work
- Physiotherapy
- Medical
- Patient & Family
Why Music Therapy....

‘In the event of acute deterioration, supportive care should be provided with priority given to comfort and relief of distressing symptoms. This should include pain relief, seizure management and sedation as is clinically appropriate. This also includes the provision of privacy with emotional, spiritual and cultural support as required’. (PARP)
Evidence of Effectiveness.

‘How people die remains in the memory of those who live on’

Dame Cicely Saunders
Music Therapy EB Indicators for Intervention:

- Pain & Anxiety Management
- Developmental Stimulation
- Positive Memory-Making
- Minimal Conscious State
- Irritability & Sleep Disturbance
- Family Interaction/Bonding
- Emotional Support
- Musical Spirituality
Explore........

Does music therapy effect the level of perceived pain in children and young people with life limiting illness?

Does music therapy contribute to quality of life through meaning and memory making for the families of children with life-limiting illness?
Music Therapy Model

- Music therapy assessment
- Outpatient program
- Face-to-face inpatient program
- Telehealth
  - Home visit
  - Community program
- Home program
Pilot Study
Mixed methods – exploratory design

Settings & Participants
Registered with PPCS
Methods

Data Collection & Interviews

Analysis

Children’s Health Queensland Hospital and Health Service


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