

**Advanced Practice Provider Symposium: “Pharmacology Update”**

The Sheraton Fairplex, Pomona

**Tuesday, September 26, 2017**

**Agenda**

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| 7:30 – 8:15am Registration and Breakfast | |
| 8:30 - 9:30am | **Barriers in HTN Control for African American Patients**  Sharon Okonkwo-Holmes, MD – Kaiser Permanente Panorama City  At the conclusion of this presentation attendees will be able to:  1. List the criteria for diagnosing HTN in African American Patients and when to call for help as an APP. 2. Discuss the recommended treatment modalities for the African American patient with HTN.3. Discuss medication management for African American patients with HTN. |
| 9:30 - 10:30am | **Cliff Notes on Cannabis:  What 19 Year Olds Don't Know**  Jodie Escobedo, MD - Kaiser Permanente, South Bay  At the conclusion of this presentation attendees will be able to:  1. Describe the Pharmacology of Cannabis. 2. Explain the limits of toxicology of Cannabis.3. Describe the short term and long term effects of Cannabis. |
| 10:30 - 10:45am Break | |
| 10:45 - 11:45am | **Diabetes Medication Update**  Megan Chynoweth, PharmD, CDE, BCACP – Kaiser Permanente, Kern County  At the conclusion of this presentation attendees will be able to: 1. Review the Kaiser Permanente diabetes mellitus clinical practice guidelines2. Discuss the mechanism of action, efficacy, and safety profiles of commercially available diabetes mellitus medications3. Apply the diabetes guidelines and medication profiles to develop patient-specific treatment plans |
| 11:45 - 12:45pm Lunch | |
| 12:45 - 1:45pm | **Opioids and the Pharmacology of Chronic Pain**  Ryan Chaput, Pharm D and Jason Shan, Pharm D – Kaiser Permanente, Riverside  At the conclusion of this presentation attendees will be able to: 1. Explain key points to the CDC Opioid Guidelines.2. Identify red flags for opioid abuse.3. Identify non-opioid alternatives to treat chronic pain. |
| 1:45 - 2:45pm | **Osteoporosis Management**  Laura Frontiero, NP-C, CCD and Lisa Voss, PA-C, CCD – Kaiser Permanente, San Marcos  At the conclusion of this presentation attendees will be able to: 1. Identify risk factors for fracture and how to diagnose osteoporosis.2. Name various pharmacological treatment options and their side effects.3. Describe when patients should be considered for drug holiday vs bridge therapy. |
| 2:45 - 3:00pm Break | |
| 3:00 - 4:00pm | **Infectious Disease Presentation “Pre-and Post HIV Prophylaxis”**  Elizabeth Hudson, DO, MPH – Kaiser Permanente, Panorama City  At the conclusion of this presentation attendees will be able to:  1. List the criteria for diagnosing High Risk Patients for pre-and post HIV prophylaxis and when to call for help. 2. Discuss the recommended treatment modalities for the High-Hisk patient with pre-and post HIV prophylaxis.3. Discuss medication management for patients with pre-and post HIV prophylaxis. |
| 4:00 – 4:15pm **Certificate Distribution** | |