

POSTER #18 - Improving Quality Indicators with NeuroGym

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DESCRIPTION:

Mid-loss ADLs are a dimension of mobility loss that can improve with targeted physical activity programs. Mid-loss ADL items include transfers and mobility. NeuroGym equipment allows therapy staff to train mid-loss ADL items safely across a broad range of residents. A mobility training program with NeuroGym equipment, delivered through restorative care and physiotherapy was used to target mid-loss ADLs over 6 consecutive quarters at the O'Neill Centre. NeuroGym FIT therapy provided assistance with exercise selection, progression, and evaluation for individual residents. The percentage of residents worsening in mid-loss ADLs decreased, while the percentage of residents improving or remaining independent in mid loss ADLs increased.