



The 19th Interregional Symposium

for Certified Nurse-Midwives, Nurse Practitioners, Physician Assistants
and Other Healthcare Professional Colleagues
at the

Embassy Suites Mandalay Beach Hotel & Resort
2101 Mandalay Beach Road, Oxnard, CA 93035

THURSDAY, November 1, 2018

1:00 – 2:00pm	Registration for Workshops
2:00 – 5:00pm	Concurrent Workshops
	<p>Wound Care Workshop for Advanced Practice Providers Genevieve Tatco-Villamayor, MSN, APRN, FNP-C, CWON</p> <p>As health care providers, we come across patients with different types of wounds and often ask - what are the best treatments for wounds? Come join us for this workshop which will provide an overview of the types of wounds you may encounter including evaluation of pressure wounds, treatment of venous stasis ulcers, treatment for cellulitis recommendations for referrals, treatment options and discussion of products that your patients may be using for their wound care. Kaiser Permanente's experienced certified wound care Nurse Practitioner will share her expertise to help enhance your knowledge of wound care.</p>
	<p>Back and Knee Assessment Workshop Justin Hamilton, PT, DPT, OCS and P. Martin Yuson, PT, DPT, JD</p> <p>If you have patients that have back and knee pain issues, then this workshop is for you. You will learn how best to evaluate patients with back and knee pain, including what questions to ask and proper examination techniques. Our expert instructors, both physical therapists, will demonstrate proper techniques and help with hands on practice (so wear something comfortable). They will also share recommendations for referral and exercises/therapy that patients can do at home. So, come join us to explore the world of back and knee pain and what we can do to help our patients!</p>
	<p>Prenatal Ultrasound Interpretation and Genetic Testing Workshop Esther Friedrich, MD</p> <p>This workshop is designed to review prenatal ultrasound findings and interpretation, as well as, prenatal genetic screening and diagnostic interpretation. Normal to abnormal results will be reviewed. Upon completion of the workshop attendees will have a clear knowledge of: the benefits and limitations of prenatal ultrasounds, interpretation of prenatal ultrasound findings and genetic testing, and appropriate follow-up. Additionally, indications of CVS and amniocentesis will be discussed. If you need a refresher or just have questions regarding prenatal ultrasound findings and genetic testing, this is the course for you!</p>
	<p>EKG Update Workshop Cydney Stewart, MD</p> <p>For those of you who would like a refresher on EKG interpretation, we have the workshop for you! Come join us for an EKG workshop given by one of our well known and popular speakers. Come brush up on your interpretation skills, practice identifying arrhythmias and other abnormal EKG findings and discuss treatment and referral recommendations along with your fellow APPs.</p>

FRIDAY, November 2, 2018

TIME	PRESENTATION
	Walk for Early Risers
7:30 – 8:30am	Registration and Breakfast
8:30 – 8:40am	Welcome & Announcements
8:40 – 9:40am	GENERAL SESSION: Transformational Health Care Models: Integration of Technology, Teams, Retail and Virtual Medical Centers Nolan Chang, MD, Stephanie Gonzalez, RN, Christina Recinos, PhD, RN, FNP-BC and Annie Russell, MSN, MBA RN, RN
9:35 – 10:50am	Concurrent Session A
	Back and Knee Ortho Issues and Treatments Justin Hamilton, PT, DPT, OCS and P. Martin Yuson, PT, DPT, JD
	Abnormal Uterine Bleeding Debra Gierut, MD
	The Heart of the Matter - Chest Pain in the Pediatric Patient John-Charles Loo, MD
10:50 – 11:10am	AM Break
11:15 – 12:30pm	Concurrent Session B
	Be Still my Failing Heart (HFrEF) - Basic Principles and Pearls for the PCP Shelly De Peralta, DNP, RN, ACNP-BC and Y. Michelle Fang, NP
	Cervical Cancer Screening Update Christina Hong, MD
	Skip the Beat - Palpitations and Syncope in the Pediatric Patient John-Charles Loo, MD
12:30 – 1:30pm	Lunch
1:30 – 2:45pm	Concurrent Session C
	Health Care Disparities Marcia Harris-Luna, PHD, FNP-BC, CPNP and Stefanie Varela, WHNP-BC, FNP-C, PhD
	Pregnancy Weight Gain: In the Short and Long Term Ruth Mielke, PhD, CNM, FACNM, WHNP-BC
	“Can I have your Attention Please - ADHD Update for Pediatrics” Susan Opas, Ph.D., CPNP/CNS, CPMHS, RN-C, SN-C, CHES
2:45 – 3:00pm	PM Break
3:00 – 4:15pm	GENERAL SESSION: Forensic Nursing for APPS Cynthia Urena, FNP-BC

SATURDAY, November 3, 2019

TIME	ITEM
	Walk for Early Risers
7:00 – 7:45am	Registration and Breakfast
7:45 – 8:00am	Welcome & Announcements
8:00 – 9:00am	GENERAL SESSION: Towards Hope and Healing: A Mental Health Awareness Event Amanda Gentz, BA
9:05 – 10:20am	Concurrent Session D
	What the Fib? Taming Atrial Fibrillation - Pearls for Primary Care Providers Shelly De Peralta, DNP, RN, ACNP-BC and Y. Michelle Fang, NP
	Contraceptive Challenges Jaclyn Grentzer, MD, MSCI
	Making Rash Decisions – Eczema Update Ritika Khandpur, MD, MHA
10:20 – 10:35am	AM Break
10:40 –11:55am	Concurrent Session E
	Overcoming Barriers: A Mental Health Awareness Event Amanda Gentz, BA
	Counseling Parents on Newborn Male Circumcision Ruth Mielke, PhD, CNM, FACNM, WHNP-BC
	Don't Freak Out Over a Breakout! – Acne Update Ritika Khandpur, MD, MHA
12:00 – 1:00pm	Lunch
1:00 – 2:15pm	Concurrent Session F
	Urgent Care Review Cyril Thomas, PA-C
	Updates in Endometriosis Charles S. Hummel, MD, PhD
	Practical Approaches to Screening and Management of Depression and Anxiety in the Pediatric Population Susan Opas, Ph.D., CPNP/CNS, CPMHS, RN-C, SN-C, CHES
2:15 – 2:30pm	PM Break
2:30 – 3:30pm	GENERAL SESSION: Plant Based Diet Steven Lawenda, MD