#### How Inclusive Are You? LGBTI Seniors – The New Priority Population

#### Presented by Adrian Eisler Coordinator, Community Support Programs, ACON



#### Context

- 2012 Mark Butler introduced the first Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) Ageing and Aged Care Strategy.
- It will inform how the Government supports the Aged Care Sector to deliver inclusive and sensitive care to LGBTI people and their families
- Part of the implementation of the "Living Longer Living Better" reform package.



### **Quick definitions**

Lesbian Gay Bisexual Transgender Intersex





## What's the fuss about? I treat everyone the same! Why a need to be inclusive?

Initiatives have been put in place that recognise:

- Decades of inequitable treatment for LGBTI people
- Many have suffered stigma, family rejection and social isolation
- Many have had a life experience of fear of rejection and persecution coupled with the impact of potential or actual discrimination.



#### Challenges

- Invisibility
- Fear/ perception of discrimination
- Past experience of poor service/ treatment
- Sexuality/ sexual expression/ taboo
- NOT changing personal beliefs/ values focus on professional practice at work
- CALD sector workforce



#### **Brian and Norm:**

#### **A Love Story**



# **Five Principles of the Strategy**

**Inclusion** - rights and needs included in policies and programs

**Empowerment** - people and families supported with knowledge and confidence to maximise use of services

Access and Equity - all areas of service understand and deliver inclusive service

**Quality** - provide quality services that are assessed accordingly

**Capacity Building** - LGBTI communities have capacity to articulate care needs and be involved in development of services



#### Goals and outcomes to be achieved by 2017

 LGBTI people will experience equitable access to appropriate ageing and aged care services

• The aged care and LGBTI sectors will be supported and resources to proactively address the needs of older LGBTI people

 Ageing and aged care services will be supported to deliver LGBTI – inclusive services



## **Goals continued**

- LGBTI –inclusive ageing and aged care services will be delivered by a skilled and competent paid and volunteer workforce
- LGBTI communities will be actively engaged in the planning , delivery and evaluation of ageing and aged care policies, programs and services
- LGBTI people and their families and carers will be a priority for ageing and aged care research



# Legislative and policy changes supporting inclusive practice

Changes in legislation in 4 main areas:

- 2009 sweeping changes to 89 pieces of legislation to include LGBTI families
- National Disability Insurance Scheme
- Anti Discrimination Act Amendment
- National Ageing Strategy "Living Longer, Living Better".



# How is this being implemented in NSW?

- LGBTI Training for the Aged Care Sector -National roll out happening now until June 2016
- National Accreditation system GLHV's "Rainbow Tick" available
- Community engagement ACON's LOVE Project
- Other supports:

ACON LGBTI CVS, TARS, Healthy Ageing programs locally, other ACON services



# Practical steps to consider

- Consistent, sensitive terminology/ images
- Review all forms/ brochures/ online content
- Consider "Rainbow Tick" accreditation
- Attend sector workforce LGBTI awareness training
- Participate in National LGBTI Health Conference (August 2015)

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- Participate in National LGBTI Ageing & Aged Care Conference (October 2015)
- Create environment to promote trust and confidence for any eventual self-disclosure



#### So the question remains..

#### How Inclusive Are You?



### **Questions?**

#### For more training information/ registration:

www.acon.org.au/training

#### **The LOVE Project:**

www.loveproject.org.au

#### **ACON LGBTI Community Visitors Scheme:**

www.acon.org.au/ageing/community-visitors-scheme

Val's Café: www.valscafe.org.au/



## Thank you!

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