HOW TO TALK TO YOUR TRIBAL LEADERS AND DECISION MAKERS
Focus on a topic
Personalize

Stories. Connect. People.
Link story to data
Connect to the big picture
The rule

- Keep
- It
- Short and
- Simple
Presenting Program Data to Tribal Leaders and Other Stakeholders

DON HEAD & ERIK KAKUSKA
WESTERN TRIBAL DIABETES PROJECT
NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD
# IHS Standards of Care for Patients with Type 2 Diabetes

## Baseline
- Date of diagnosis
- PPD (tuberculosis status)
- Depression screening

## Each clinic visit
- Height and weight
- Blood pressure
- Hemoglobin A1C (quarterly)
- Foot check

## Annually
- Creatinine
- Urinalysis
- Lipid profile
- Eye exam
- Dental exam
- Complete foot exam (monofilament)
- Neuropathy screen

## Self-Care Education
- Nutrition
- Exercise
- Self-monitoring of blood glucose
- Tobacco cessation

## Routine health maintenance
- Physical exam
- Tobacco use assessed
- Medications
  - Insulin
  - Oral meds
  - Anti-platelet therapies

## Immunizations & tests
- Flu vaccine
- Pneumovax (5 years)
- Td (10 years)
- PPD (once)
Annual Indian Health Service
Diabetes Care & Outcomes Audit

- Follows the Standards of Care
- Presents data from your Active patients with diabetes as an aggregate
- Compares program data to the Area- and All IHS-levels

Northwest Portland Area Indian Health Board
WebAudit Reports

- WebAudit tools
  - Means report
  - Cardiovascular Report
  - Renal Preservation Report
WebAudit Reports

- **Trends Reports**
  - Opens in Excel
  - Displays data for each year that your program submitted the Audit
  - Easy to generate
WebAudit Reports

- **Means Report**
  - Opens in Excel
  - Displays data for each year that your program submitted the Audit
  - Easy to generate
Health Status Report Excel File

### Status of Patients with Diabetes

| Diabetic A1C Type | % Patients | % Total
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Normal</td>
<td>32%</td>
<td>32%</td>
</tr>
<tr>
<td>Borderline</td>
<td>32%</td>
<td>32%</td>
</tr>
<tr>
<td>High</td>
<td>32%</td>
<td>32%</td>
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</table>

### Diabetes Data Report - Trends

**Barbertown**

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
<th>%</th>
<th>%</th>
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<td>47</td>
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<tr>
<td>2016</td>
<td>120</td>
<td>39</td>
<td>39</td>
<td>39</td>
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</table>

### Diabetes Data Report - Comparison

**Comparison CY 2017**

<table>
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<th>Barbertown</th>
<th>Total</th>
<th>%</th>
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<th>%</th>
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</table>

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The following report tracks diabetes over four time periods. By viewing the diabetes related information over time we can track improvements in patient care and disease management. As you look at these graphs think about factors that may be contributing to the changes over time (e.g., starting new intervention programs, changes in standards of care, changes in staffing, etc.). This information can also assist your program in prioritizing areas needing additional attention.
But what to do with data reports?

But what does it all mean, Basil?
Reporting the data with the right people

- Tribal Health Boards
- Nat’l Indian Health Board
- Area Health Boards
- Tribal Councils
- Grant reports
- Regional Affiliations, e.g., ATNI, TLDC
Area Diabetes Coordinators

The Indian Health Care Improvement Act, amended in 1988, established that each of the 12 IHS areas should have an area Diabetes Consultant. The Area Diabetes Consultants are health care professionals with expertise in diabetes. They play a critical role in supporting each IHS Area's diabetes treatment and prevention activities by:

- Serving as project officers for the Special Diabetes Program for Indians (SDPI) Community-Related Diabetes Program.
- Helping to coordinate an extensive Indian health system diabetes network to facilitate bi-directional information flow between local and national levels.
- Providing diabetes training and resources to health care professionals and paraprofessionals in the Indian health system.
- Working with the IHS Division of Diabetes to translate and disseminate the latest scientific findings on diabetes treatment and prevention to American Indian and Alaska Native communities.

ADC Directors

- Alaska Area
  - Judy Thompson, PharmD, BCPS, CDE, BC-ADM
  - 4110 District Ave
  - Anchorage, AK 99508
  - Phone: (907) 729-2164

- Amherst Area
  - Sandor T. Quam, MSH, RN
  - 4110 Indian School Road, Suite 225
  - Albuquerque, NM 87107
  - Phone: (505) 235-7923

- Bemidji Area
  - Christina Smith, MSH, RN, PNP
  - 1001 Greenside Ave
  - Bemidji, MN 56601
  - Phone: (218) 444-0454

- Billings Area
  - Carol Straley, CDE, RN
  - 5400 16th Street West
  - PO Box 365060
  - Billings, MT 59103
  - Phone: (406) 247-1151

- California Area
  - Helen Madrana, PCL-C, CDE
  - 550 Capital Mall, Suite 1-700
  - Sacramento, CA 95824
  - Phone: (916) 484-9677

- Great Plains Area
  - Nancy Haynes, MSH, CDE
  - 111 N 4th Avenue SE
  - Aberdeen, SD 57401
  - Phone: (605) 347-1997

- Nashville Area
  - Vicki Fritsch
  - 717 Stavely Ferry Pike, Suite 100
  - Nashville, TN 37214
  - Phone: (615) 480-1078

- Nevada Area
  - Susan Young, MSH, CDE
  - 500 South 5th Street
  - Las Vegas, NV 89101
  - Phone: (702) 779-768

- Oklahoma City Area
  - Michael Brown, MD, FACP
  - 711 N Market Street
  - Oklahoma City, OK 73114
  - Phone: (405) 951-9180

- Phoenix Area
  - Richard Anderle, MD
  - 201 North Central Avenue, Suite 200
  - Phoenix, AZ 85004-0001
  - Phone: (602) 344-5231

- Portland Area
  - Keith Myrick, MSH, RD, CDE
  - 1414 NW 4th Street, Suite 200
  - Portland, OR 97209
  - Phone: (503) 478-8895

- Tucson Area
  - Debbe Moore, MD
  - 750 South 1st Street
  - Tucson, AZ 85719
  - Phone: (520) 295-2405
Tribal Epidemiology Centers

Indian Health Service
The Federal Health Program for American Indians and Alaska Natives

Division of Epidemiology and Disease Prevention

Tribal Epidemiology Centers (TECs)

Currently there are 12 TECs throughout the country. Below is a list of contact information for those Tribal Epidemiology Centers.

- Alabama Native-Total Epidemiology Center
  - Director: F. L. Davis
  - Phone: 205-324-4420

- Alaska Native-Tribal Epidemiology Center
  - Director: Samuel Hojda, MPH
  - Phone: 907-646-2980

- California-Tribal Epidemiology Center
  - Director: N. I. Jacob, MPH
  - Phone: 916-525-6101

NEW TECs WEBSITE
Please note the link for a new, shared website of all the TECs: http://tribalepidejets.org

Northwest Portland Area Indian Health Board 10/2/17
Questions or Comments?

Western Tribal Diabetes Project
Don Head, Kerri Lopez, Antoinette Aguirre, Erik Kakuska

Northwest Portland Area Indian Health Board 10/2/17