

What device do you use to
access social media?

Who inspires you?

Which celebrities are you
interested in?

Choose 5 values from this list that are most important for you

- | | | |
|-----------------------------|---|---|
| Achievement | Friendships | Physical challenge |
| Advancement and promotion | Growth | Pleasure |
| Adventure | Having a family | Power and authority |
| Affection (love and caring) | Helping other people | Privacy |
| Arts | Helping society | Public service |
| Challenging problems | Honesty | Purity |
| Change and variety | Independence | Quality of what I take part in |
| Close relationships | Influencing others | Quality relationships |
| Community | Inner harmony | Recognition (respect from others, status) |
| Competence | Integrity | Religion |
| Competition | Intellectual status | Reputation |
| Cooperation | Involvement | Responsibility and accountability |
| Country | Job tranquillity | Security |
| Creativity | Knowledge | Self-respect |
| Decisiveness | Leadership | Serenity |
| Democracy | Location | Sophistication |
| Ecological awareness | Loyalty | Stability |
| Economic security | Market position | Status |
| Effectiveness | Meaningful work | Supervising others |
| Efficiency | Merit | Time freedom |
| Ethical practice | Money | Truth |
| Excellence | Nature | Wealth |
| Excitement | Being around people who are open and honest | Wisdom |
| Fame | Order (tranquillity, stability, conformity) | Work under pressure |
| Fast living | Personal development | Work with others |
| Financial gain | Freedom | Working alone |

What are your favourite TV programmes?

How do you watch TV
(Netflix, iPlayer etc.)?

What motivates you?

What are the main things
you spend your money on?

What helps you to learn?

Do you learn best by doing,
watching or understanding
the theory?

What social media sites do
you use regularly?

Who are your main
influencers?

What do you read?

What do you worry about?

How do you socialise?

If you could choose, what
would be your ideal alarm
clock time?

What are your goals?

