Identification

Screening

Eligibility

Included

**4184** duplicates removed by Covidence

**3548** studies screened

**3512** studies were deemed irrelevant

**37** full-text articles assessed for eligibility

**21** studies were excluded

8 wrong intervention

6 wrong study design

2 wrong outcomes

2 wrong patient population

1 lacking full text

1 no primary data

1 fewer than 5 patients

**16** studies met both inclusion and exclusion criteria and were included in review

**4** single arm intervention studies

**8** cohort studies

**4** case series

**7733** references imported for screening

\_\_\_ Scopus

\_\_\_ MEDLINE

\_\_\_ Pubmed

\_\_\_ Embase

\_\_\_ Cochrane

\_\_\_ CINAHL

\_\_\_ WHO Global Health Library

\_\_\_ Web of Science

\_\_\_ NYAMGLR

**Figure 1:** PRISMA diagram of literature search results, screening performed, and reasons for exclusion of full text reviews from systematic review

*CINAHL = Cumulative Index to Nursing and Allied Health Literature, NYAMGLR = New York Academy of Medicine Grey Literature Report*