



## Tuesday 09/12/2017

1:00 pm - 1:45 pm

### **Reducing Substance Abuse in High Schools for Two Decades, Project Towards No Drug Abuse**

Leah Meza, Program Manager

Project Towards No Drug Abuse (TND) is an effective drug abuse prevention program targeting high school-aged youth. This evidence-based program has been evaluated in seven randomized experimental trials over two decades, and has proven effective in reducing hard drug use in 7 of the 7 trials. Results in reducing alcohol, marijuana, cigarettes use and victimization have also been found in various trials.

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### **Safety Citizenship – Engaging others to Prevent Someone from Driving after Drinking**

Katie Dively, Research Scientist II

Traditional strategies to reduce risky behaviors have been focused on people engaging in the behavior. However, the proportion of the population that commits such behaviors is small relative to the proportion that abstains. Safety citizenship seeks to empower the majority of the population (not performing this behavior) to engage in prosocial behaviors to impact this smaller, risk taking group.

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### **What's Next: Infusing Old Prevention Strategies With Evidence-Based Programs and New Technologies on a Budget**

Alex Brown, SPF-PFS II Partnership for Success Grant Manager

Charles Kaup, LiveWise Prevention Specialist

David Brown, SPF Specialist

Joseph Shannon Jr., SPF Specialist

Prevention programs have utilized youth in their strategies since the dawn of time, but rarely with effective results. This workshop will show participants how to better engage youth using technology, research-based best practices, and free online tools in order to

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achieve better youth engagement along with outcomes that are stronger, measurable and more impactful.

**The Challenge and Promise of Integrating Intergenerational Evidence-based Prevention Services Across the Continuum of Care in Primary and Behavioral Health Systems**

Ted N. Strader, Executive Director/Program Developer

Christopher Kokoski, Master Trainer

Explore the challenge and promise of integrating intergenerational evidence-based prevention services across the continuum of care in Primary and Behavioral Health using the example of the Creating Lasting Family Connections (CLFC) Curriculum Series. The CLFC Series was successfully embedded into a local system of substance abuse treatment for 10 years and demonstrated published research results. We will examine how the state of Ohio is currently conducting a statewide rollout of the CLFC Series through the Urban Minority Alcohol and Drug Abuse Outreach Program statewide system.

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**Betting On Our Future!**

Jim Kooler, Administrator

Terri Sue Canale-Dahlman, Chief

Bet you did not know how closely the prevention and treatment of problem gambling disorders aligns with substance use disorders. Data from the CA Gambling Education and Treatment Services system show how problem gambling and substance use disorders are intertwined. Young people involved in the Betting On Our Future program are using the SPF process and the science of AOD prevention to also address problem gambling prevention!

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**Prevention in Faith-Based Youth Groups: A Comprehensive Approach**

David Paddison, Health Educator

Project Faith in Youth is an evidence-based program that engages faith-based youth groups around positive youth development, leadership skills, and substance abuse prevention. Workshop participants will learn about the ins-and-outs of Project Faith in Youth, tips for engaging faith communities -- including inter-generational engagement -- and cultural competencies for faith-based communities and youth groups.

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**Inside the Minds of Young Adults: A Comparison of 3 State Young Adult Surveys**

Renee Faber, Behavioral Health Services Manager

Jason Kilmer, Associate Professor, Psychiatry and Behavioral Sciences and Assistant

Director of Health & Wellness for Alcohol & Other Drug Education, Division of Student Life

Sarah Mariani, Behavioral Health Administrator

Sarah Fischer, Director, Prevention & Promotion Services, Behavioral Health Services Commission

While alcohol misuse is cause for concern among people of all ages, it is particularly an issue of concern for young adults who tend to be the most likely age group to use alcohol and suffer from the negative consequences associated with alcohol misuse. Data on alcohol, marijuana, and other substance-related attitudes and perceptions among this age group is often very limited or non-existent at a substate level. In addition, recruiting young

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adult participation in public health surveys can be an especially challenging mission. This session will allow you to hear from three states who have effectively bridged this data gap and enhanced their understanding of alcohol, marijuana, other substance use, and associated behavioral health concerns among 19-25 year olds.

**Assessing Opioid Misuse and Overdose using PDMP and Other Data Sources**

Sandeep Kasat, Associate Director of Epidemiology

Melissa Adolfson

Tom Clarke

Alyssa O'Hair

Elisabeth Atherly, Evaluation Consultant

Prescription drug monitoring programs (PDMPs) have emerged as a valuable tool to track prescribing and dispensing of prescription opioids, however, there are a number of limitations of PDMP data that need to be considered when using them for prevention planning. In this session, representatives from SAMHSA's CAPT will highlight approaches for utilizing PDMP data in conjunction with other data sources (to identify high risk populations and areas for prevention planning (i.e. 'hot spots'). Two state-level CSAP grantees will also share how they have utilized PDMP data along with other data sources in order to identify and address prescription drug misuse and abuse.

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**Prevention Specialist Certification: An Overview (Part 1)**

Mary Jo Mather, Executive Director, IC & RC

Sandra Del Sesto

Part 1. This presentation will review the requirements for becoming a Certified Prevention Specialist. What is required and how to document requirements will be discussed as well as education and training that is acceptable to use toward certification. Learn about the IC&RC Prevention Specialist examination, its development, scoring, preparation strategies, and take a sample examination. Questions will be answered and discussion about the sample examination will be provided. **This is a 3 part session. All 3 parts must be attended to complete the full workshop.**