Pre-Conference Workshop Registration Open
Upper Fallsview Foyer

OPTIONAL PRE-CONFERENCE WORKSHOPS: Please see Registration and Fees Tab for Pre-Conference Workshop costs.
Workshop sign-up is an option in addition to registration or can be purchased on its own.
Various Rooms

9:00 am - 5:00 pm

**Psychological First Aid Instructor Development**
Strategy 5, Strategy 7 and Upper Fallsview A
Speaker: Judi Fairholm R.N., B.Sc.N., M.Ed., Director, Canadian Red Cross Respect Education Program
Speaker: Lauralee March

The Canadian Red Cross is pleased to offer an Instructor development opportunity for those interested in becoming a Psychological First Aid (PFA) Instructor. This one day workshop will prepare existing Instructors from a variety of Prevention & Safety (First Aid, Respect Education, Swimming & Water Safety), Emergency Response, and external body instructional backgrounds for service as a Psychological First Aid Instructor. Psychological First Aid is dedicated to preparing those learners who will be supporting a person(s) in crisis - it is a humane, supportive, preventative and practical help to those suffering serious crisis events. Using a variety of dynamic educational methods this workshop will explore the unique nuances of a PFA classroom and its learners, the tool box available to support your practice and provide the opportunity for application among your peer group. Please note, this workshop will include pre-session online learning activities. A mentorship following this workshop is required prior to issuance of Instructor certification (valid for three years time). **This workshop will be offered in English only and includes your Instructor kit.**

9:00 am - 5:00 pm

**Wilderness First Responder Instructor Development**
Strategy Room 1 (RC1)
Speaker: Blair Doyle, Owner, Adventure & Safety Atlantic
The Canadian Red Cross is pleased to offer an Instructor development opportunity for those interested in becoming a Wilderness First Responder Instructor (WFRI). This one day workshop will prepare existing Instructors (certified as a Advanced Wilderness Remote First Aid) to support our new course offering – Wilderness First Responder. Wilderness First Responder is dedicated to those who will provide extended care (five or more days) and evacuation protocols. It is a program suitable for those who will be in regions without EMS and intense environmental conditions, supporting persons on expedition. This workshop will explore the unique nuances of a Wilderness First Responder classroom (both indoors and outdoors) and its learners – considering how the worlds of wilderness and professional responder collide to create a unique learning experience. Please note, this workshop will include learning which takes place indoors and outdoors – candidates are required to bring all appropriate clothing for the outdoor learning segment. Your clinical skills for AWRFA will need to be confirmed prior to attending the workshop through a skill sign-off. Pre-workshop learning activities will include completion of the ‘Fundamentals of Instruction – First Aid Programs’ online component (if not already completed as part of other program updates). A Teaching Experience will be included as a development component following this workshop. This workshop will be offered in English only and includes your Instructor kit.

9:00 am - 5:00 pm

**Basic Life Support Instructor Development**
Strategy Room 2 (RC2)

Speaker: Rob Briscoe
Speaker: Tony Connelly, Subject Matter Expert, Canadian Red Cross
Speaker: Michael Nemeth, Program Manager, Canadian Council for First Aid Education, Sunnybrook Centre for Prehospital Medicine, Toronto

Please note: First Responder Instructors and Emergency Medical Responder Instructors are not required to hold a separate BLS Instructor certification. BLS curriculum will be included within the revised First Responder and Emergency Medical Responder courses, you will review the content as part of your Instructor Update (at time of program release).

This Instructor certification opportunity is for those who need to expand their teaching disciplines to offer stand alone BLS courses (CPR Instructor, First Aid Instructor, Lifeguard Instructor).

The Canadian Red Cross is pleased to offer an Instructor development opportunity for those interested in becoming a Basic Life Support Instructor (BLSI). This one-day workshop will prepare existing CRC Instructors to support our new course offering – Basic Life Support.

The Basic Life Support curriculum is focused on high performance resuscitation teams within a variety of specialized health care environments. The Instructor development workshop will begin with a Health Care Provider (HCP) skills assessment. Following successful completion of this segment, the Instructor candidates will learn the new BLS clinical skill components and how course delivery works. Using a variety of dynamic educational methods Instructor candidates will explore the unique nuances of a BLS classroom, its learners, and the tool box available to support your practice. Each Instructor candidate will complete an in-class Teaching Experience during this workshop.

Pre-workshop learning activities will include completion of the ‘Fundamentals of Instruction – First Aid Programs’ online component (if not already completed as part of other program updates). This workshop will be offered in English and includes your Instructor kit. BLS Instructor certification will be awarded following successful completion of all workshop components. Instruction of the BLS program will begin following the program release.
Basic Life Support Instructor Development (Track 2: Workplace Focus)
Strategy Room 2 (RC2)

Please note: First Responder Instructors and Emergency Medical Responder Instructors are not required to hold a separate BLS Instructor certification. BLS curriculum will be included within the revised First Responder and Emergency Medical Responder courses, you will review the content as part of your Instructor Update (at time of program release).

This Instructor certification opportunity is for those who need to expand their teaching disciplines to offer stand alone BLS courses (CPR Instructor, First Aid Instructor, Lifeguard Instructor).

Description: Tracks 1 and 2 are now combined.

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The Basic Life Support curriculum is focused on high performance resuscitation teams within a variety of specialized health care environments. The Instructor development workshop will begin with a Health Care Provider (HCP) skills assessment. Following successful completion of this segment, the Instructor candidates will learn the new BLS clinical skill components and how course delivery works. Using a variety of dynamic educational methods Instructor candidates will explore the unique nuances of a BLS classroom, its learners, and the tool box available to support your practice. Each Instructor candidate will complete an in-class Teaching Experience during this workshop.

Pre-workshop learning activities will include completion of the ‘Fundamentals of Instruction – First Aid Programs’ online component (if not already completed as part of other program updates). This workshop will be offered in English and includes your Instructor kit. BLS Instructor certification will be awarded following the successful completion of all workshop components. Instruction of the BLS program will begin following the program release.

Monday, April 23, 2018

7:00 am - 8:30 am
Breakfast
Great Room Foyer AB

7:00 am - 7:00 pm
Registration Open
Great Room Foyer AB

8:30 am - 9:30 am
WELCOME AND OPENING REMARKS: Consider How We Have Evolved Over Time and Why This is the Time for Our Evolution to Take Shape in the Form of this Conference!
9:30 am - 10:30 am

**OPENING KEYNOTE: STRESSED TO KILL**
Great Room C

Sylvia!, Owner, Mindbody Works

Stress is the next health epidemic. Stress leave costs businesses over 50 billion dollars a year. With mental illness on the rise, everywhere you turn people are ready to blow their top! In "Stressed to Kill" Sylvia! takes an in-depth look at the effects of stress, shares her powerful tools to reduce stress (the legal and moral ones only....) as well as personal strategies for becoming the “boss” of your stress. Discover better health and a dramatically improved quality of life! And if that’s not enticing enough, how about learning the secret to slowing the aging process? Sylvia! will share that too!

*Cette séance sera traduite simultanément en français. Pour profiter de ce service, vous aurez besoin d’un téléphone intelligent et d’écouteurs.*

This session will have live simultaneous French translation. Smart Phone and ear buds will be required

10:30 am - 11:00 am

Break & Exhibits Open
Great Room A & B

11:00 am - 12:00 pm

**BREAKOUT THEME: ENVIRONMENT (select one session)**
Various Rooms

11:00 am - 12:00 pm

**Learning on the Fly! How does Your Environment Inform Your Learning Needs? Instilling Confidence**
Strategy Room 7 (RC5)

Speaker: Loriann Hynes, Assistant Professor at York University and Athletic Therapy Program Director, York University
Speaker: Mike Recine, CSCS Professor, Athletic Therapy Sheridan College, Davis Campus

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11:00 am - 12:00 pm