

Wednesday, April 1, 2020

Time	Topic	Objectives
8:00—8:30 am	Breakfast and Networking	-
8:30 – 8:45	Opening Remarks	<ul style="list-style-type: none"> - Recall health disparities that are experienced by sexual and gender minority groups, specifically transgender individuals, in Utah and in the United States - Identify factors that contribute to providing safe, effective, comprehensive and compassionate transgender care
8:45—9:45 am	Trans 101: The Basics	<ul style="list-style-type: none"> - WPATH standards, Endocrine society standards, UCSF, Fenway - Overview of masculinizing/feminizing therapy - Detailed regimen and monitoring of masculinizing/feminizing therapy
9:45 – 10:00 am	Break/time to move rooms	
10:00 – 10:45 (Concurrent sessions)	Pharmacology of Transgender Hormone Therapy	<ul style="list-style-type: none"> - Describe the mechanism of action, pharmacodynamics and monitoring parameters for masculinizing and feminizing hormone therapy
	Mental health	<ul style="list-style-type: none"> - TBD
10:45 – 11:00 am	Break/time to move rooms	-
11:00 – 11:45 am	Adolescent Medicine	<ul style="list-style-type: none"> - Adolescent component (identifying transgender adolescents, puberty blockers, hormone therapy, comprehensive care)
11:45 – 12:00 pm	Giving Voice to the Person Inside: Voice and Communication Therapy	<ul style="list-style-type: none"> - Detailed review of voice and communication therapy and outcomes for voice feminization, masculinization, and beyond binary
12:00 – 1:30 pm	Non-CME lunch (Gilead sponsored)	
1:30 – 2:15 pm	Panel discussion with transgender patients	<ul style="list-style-type: none"> - Better provider understanding of barriers from client perspective

		<ul style="list-style-type: none"> - Better provider understanding of transgender experiences from client perspective - Opportunity to gain better understanding of transgender community for provider practice improvement
2:15 – 3:00 pm	Writing a Letter for a Transgender Client who is Preparing for Surgery	<ul style="list-style-type: none"> - Describe the WPATH standards of care regarding writing a letter of medical necessity - Recall the information needed to write a strong letter for support of medically necessary surgical intervention - Explain reasons you would and would not support a patient for surgery
3:00 – 3:15 pm	Break	
3:15 – 4:15 pm	TRANSformation: What really happens in a top or bottom surgery	<ul style="list-style-type: none"> - Top surgery approaches and after care - Bottom surgery approaches and after care
4:15—5:00 pm	Case Based Learning: Complications in Hormone therapy	<ul style="list-style-type: none"> - Review clinical pearls from transgender pre-conference including pearls in hormone prescribing, writing letters for patients receiving surgery, pre-operative and post-operative pearls and pearls from complicated cases

Thursday, April 2, 2020

Time	Session	Objectives
8:00 – 8:30 am	Breakfast, networking & registration	
8:30 – 9:15 am	Welcome/logistics & Epidemiology of HIV in Utah	<ul style="list-style-type: none"> - <i>Introduce conference goals and objectives</i> - <i>How far we have come in the last year (US Preventative Task Force recommendations)</i> - <i>Introduce UT initiative and campaign</i> - <i>Where are new transmissions occurring?</i> - <i>What areas are or are not testing?</i>

		<ul style="list-style-type: none"> - <i>Some specifics on HIV transmission in the intermountain west</i>
9:15 – 10:00 am	History of HIV: At risk populations and trauma informed care	<ul style="list-style-type: none"> - <i>Historical context/timeline</i> - <i>LGBTQ+ health topics</i> - <i>History of HIV drug development</i> - <i>The state of HIV care in the US and in the world today</i> - <i>HIV care continuum the past and future</i>
10:00 – 10:20 am	Break	
10:20 – 11:05 am	HIV life cycle, acquisition, testing options	<ul style="list-style-type: none"> - <i>Discuss mechanisms of HIV acquisition and risk of transmission</i> - <i>Review the life cycle of HIV</i> - <i>Describe signs and symptoms of acute HIV</i> - <i>Identify current testing options</i>
11:05 – 11:50 am	PrEP 101 (updated with Descovy)	<ul style="list-style-type: none"> - <i>Who would benefit from PrEP?</i> - <i>What are the criteria for being on PrEP?</i> - <i>How is PrEP prescribed</i> - <i>What labs are required</i> - <i>What sort of follow up is needed</i> - <i>Sero-discordance & pregnancy</i>
11:50 – 12:15 pm	Break	
12:15 – 1:15 pm	Non-CME lunch (Gilead sponsored)	
1:15– 2:00 pm	PrEP pharmacology	<ul style="list-style-type: none"> - <i>Explain the mechanism of action of PrEP medications in the prevention of HIV infection</i> - <i>Categorize and identify possible side effects of PrEP medications</i> - <i>Identify benefits and limitations of patient assistance programs for PrEP.</i> - <i>Design with your patient, using shared decision making, strategies for maximizing adherence in order to support efficacy for the prevention of HIV infection</i>
2:00 – 3:00 pm	PrEP patient panel	<ul style="list-style-type: none"> - <i>Better provider understanding of barriers from client perspective</i>

		<ul style="list-style-type: none"> - Better provider understanding of PrEP experiences from client perspective - Opportunity to gain better understanding of PrEP community for provider practice improvement
3:00 – 3:20 pm	Break	
3:20 – 4:20 pm	The Future of PrEP/Call to action	<ul style="list-style-type: none"> - The role of primary care providers in ending the HIV epidemic - On-demand PrEP/Intermittent dosing - Injectables, etc.
4:20 – 4:35 pm	Closing remarks	<ul style="list-style-type: none"> - Review day 1 conference materials and answer follow-up questions

Friday, April 3, 2020

Time	Session	Objectives
8:00 – 8:30 am	Breakfast, networking & registration	
8:30 – 9:45 am (Concurrent sessions)	PrEP cases: 101	<ul style="list-style-type: none"> - Review HIV PrEP basics and prescribing through case-based discussion - Address common issues encountered when prescribing HIV PrEP - Build knowledge related to the patient experience through a PrEP visit
	PrEP cases: 201	<ul style="list-style-type: none"> - Address more complex, rare issues encountered when prescribing HIV PrEP - Develop strategies for managing the non-traditional patient - PrEP in adolescents - PrEP in women - PEP to PrEP - Hormones & PrEP
9:45 – 10:00 am	Break/time to move rooms	
	STD update	<ul style="list-style-type: none"> - Present and discuss challenging STD diagnosis and treatment situations

10:00 – 11:00 am (Concurrent sessions)		<ul style="list-style-type: none"> - Updates and clarifications of the CDC guidelines, relevant to HIV PREP patients - Using epidemiology data to understand the relationship between PrEP usage and STIs - Understanding which labs to order for different STI screenings
	PrEP financing: Billing, patient assistance, etc.	<ul style="list-style-type: none"> - Review available options for affordable access to HIV PrEP medications - Discuss billing codes that could impact patient costs - Develop strategies for challenging health care coverage - Review scenarios & eligibility for PrEP access programs - ICD10 codes - Cases
11:00 – 11:15 am	Break/time to move rooms	
11:15 – 12:15 am (Concurrent sessions)	How to take a sexual history	<ul style="list-style-type: none"> - Explain what makes sexual histories difficult in primary care: time, comfort, assumptions - Review one method of sexual history taking: The 5Ps from the CDC - Identify the strengths and weaknesses of the 5P method - Practice taking a sexual history in small groups
	Advance Syphilis	<ul style="list-style-type: none"> - Review pathogenesis, staging, treatment and co-morbidities of syphilis - Practice appropriate staging and treatment through case-based discussion
12:15 – 12:45 pm	Break	
12:45 – 1:45 pm	Non-CME lunch (Gilead sponsored)	
1:45 – 2:30 pm	Post-exposure prophylaxis (PEP)	<ul style="list-style-type: none"> - What is PEP, when to use - How to transition from PEP to PrEP - Common side effects - How to introduce PEP in general practice
2:30 – 2:45 pm	How to deliver a positive result	<ul style="list-style-type: none"> - Discuss approaches to delivering difficult diagnoses

		<ul style="list-style-type: none"> - <i>Highlight important topics to discuss surrounding a new HIV diagnosis</i>
2:45 – 3:15 pm	Rapid initiation of ART	<ul style="list-style-type: none"> - <i>Updates on important laboratory tests needed prior to starting therapy</i> - <i>Review appropriate antiretroviral therapy used for rapid initiation of ART</i> - <i>Present available resources and connection to HIV care</i>
3:15 – 3:30 pm	Closing remarks	<ul style="list-style-type: none"> - <i>Review conference materials and answer follow-up questions (Handout- post conference questions)</i> - <i>How do you take back to your clinic and make the changes? (Goals, next steps, & resources)</i>