

# SECRETS *spa* by pevonia®



SPA MENU DESCRIPTIONS



**Secrets Spa by Pevonia® offers a marvelously refined assortment of the finest spa experiences available worldwide. We aim to exceed the expectations of every distinguished and highly valued guest.**

## **Featuring Pevonia Natural Skincare**

The most powerful ingredients in skincare come from the safest source...nature. For nearly three decades, Pevonia Natural Skincare has been the leader in delivering natural skincare solutions to the finest spas and professional aestheticians worldwide. Pevonia's award-winning at-home products and in-spa treatments are coveted by celebrities, influencers and the most insightful spa guests around the globe. Renown and clinically proven, the brand delivers outstanding solutions that restore, de-age and revitalize for the healthiest and most radiant skin ever.

**NO SLS | GMOs | PABA | Urea | Lanolin | Formaldehyde  
Alcohol | Parabens | Mineral Oil | Gluten | Artificial Colors  
Artificial Fragrance | Animal Cruelty**

## HOW TO SPA AT SECRETS

### **Can I get an expert recommendation?**

It is our pleasure. One of our highly skilled professional spa Therapists will perform your customized evaluation in order to recommend the perfect spa experience to address your specific needs.

### **When should I arrive at the spa?**

Please be sure to arrive at least 20 minutes prior to your appointment. Our desire is for you to thoroughly enjoy each and every minute of your visit at the spa without any hindrance.

### **How should I dress?**

Come as you like. Upon your arrival we will provide you with a luxurious robe and comfortable sandals. We suggest that you also bring your bathing suit to enjoy our hydrotherapy circuit.

### **What should I do in advance?**

We recommend drinking plenty of water prior to your appointment to be well hydrated.

### **Cell Phones**

To fully provide you with the most memorable and customized experience, we request that you turn off all electronic devices during your stay at the spa.

### **Payment Options**

Depending on your preference, all spa services can be charged to your room or to a credit card.

### **Special Needs**

Since your safety is our utmost concern, we ask you to please notify the spa Manager and your Therapist of any special assistance or medical conditions you may have, such as allergies, high blood pressure, heart conditions, diabetes, pregnancy, etc.

### **Cancellations**

We are mindful of your time and ask that you reciprocate. We require cancellations, changes in schedule or treatment type to be made with a minimum of a 4-hour notice to avoid a 50% charge (charged either to your room or credit card).



## SECRETS ELITE SPA PACKAGES

**Escape to a place where romance reigns and every experience inspires tempting secrets you won't be able to resist sharing! Our all-day luxury signature treatment journeys are designed to reignite your love and passion, inspire a sublime sense of wellbeing and decadently pamper you from head to toe.**

### **Secrets Reflection WellnessFusion Journey** **175 minutes**

Embrace newfound wellness, feel stress melt away and disconnect from life's hectic pace. Exhale with ease as your entire being effortlessly transcends to a state of profound relaxation with our signature Reflection WellnessFusion Journey. Awaken a deep sense of serenity and mental clarity with a 50-minute Relaxation Massage, a 50-minute Queen Bee For Her/Royal King For Him Facial Treatment, a 25-minute Velvety Skin Body Polish and a 50-minute repairing and skin nourishing Body Wrap of your choice.

### **Secrets De-Stress WellnessFusion Journey** **230 minutes**

Escape to an unparalleled oasis where neither time nor stress exist. Our signature De-Stress WellnessFusion Journey is designed to inspire increased wellness for your perfect balance of mind, body and spirit. This journey includes a 100-minute ScentSational Aroma-Therapeutic Manicure & ScentSational Aroma-Therapeutic Pedicure, a 80-minute Hot Stone Massage and a 50-minute hydrating, vitamin infused Facial Treatment for optimum radiance.





### **Secrets Ultra-Luxe WellnessFusion Journey 230 minutes**

Experience a day in the lap of luxury as you calm racing thoughts and bid stress farewell. You will cherish every moment as this lavish experience provokes your senses into a majestic state of profound wellness and relaxation. Our signature Ultra-Luxe WellnessFusion Journey includes: a 50-minute Deep Cleanse Facial, a 25-minute Youthful Eyes Treatment, a 50-minute Swedish Massage and a 80-minute Guided Secrets Water Escape for a day you will dream of forever.

### **Couples Spa Moment WellnessFusion Massage 50 minutes**

Share the memory of sublime relaxation with our signature couples WellnessFusion Swedish Massage. Designed to inspire a renewed sense of wellbeing while releasing stress and fatigue, your therapists applies rhythmic stretches and expert techniques to your areas of most concern. Using light to medium pressure and gentle transitions to warm and relax muscles, this massage eases tension, improves circulation and inspires a sense of increased mobility.

### **Couples Moon & Stars WellnessFusion Massage 50 minutes**

Celebrate eternal love with this glorious reconnecting and rebalancing massage experience. As you bask in the glow of your loved one's company, you are both transported to a place where deep relaxation reigns supreme. Rhythmic stretches and strokes are applied to tired, sore muscles and areas of muscle tension to vanquish fatigue and stress. As you come together with restored balance and a profound sense of wellness, you will enjoy a feeling of newfound energy and profound connection.



## COUPLES JOURNEYS

**Whether you are getting married, renewing your vows or simply enjoying some much needed together time, experience a glorious day in the lap of luxury. De-stress and reconnect with couples treatments, all performed in the same room, complete with complimentary beverage and fruit.**

### **Share Your Secrets Duo Journey | 180 minutes**

Inspired by the need for couples like yourselves to reconnect and relax, this wellness-focused experience gives you ample time to share your secrets. Bask in heavenly relaxation for much needed quality time as you drift together to greater intimacy. This couples journey includes a 50-minute Deep Cleanse Facial treatment, a 50-minute Swedish Massage and a 80-minute Guided Secrets Water Escape.

### **Secrets True Love Journey | 160 minutes**

Feel like royalty as you create memories for a lifetime. Renew your devotion and reinvigorate your affection as you each disconnect from everything causing stress and fatigue. This couples journey includes a 50-minute Queen Bee For Her Facial Treatment/Royal King For Him Facial Treatment, a 80-minute Hot Stone Massage and your choice of a 30-minute Hands or Feet Treatment to leave you both feeling ready to celebrate.



## SECRETS SPA PARTY

**Indulge yourself and your best friend(s) with a getaway day at the spa. Perfect for a bridal shower, bachelorette party or just a relaxing girls' day, complete with beverage and fruit. Custom packages available upon consultation.**

### **Relax, Detox, Glow & Go Spa Party**

**75 minutes | 100 minutes | 125 minutes | 180 minutes**

Celebrate the ahhhhhhh in spa! This fun, relaxing and rejuvenating spa party includes a delightful assortment of some of our most sought after services. Enjoy a 25-minute Tension Relief Massage, Glow & Go Facial Treatment and a Zone Out Hand Treatment with Polish.

### **Brilliant Beauty for Hair, Hands & Feet | 130 minutes**

Shine bright as you enter every room looking stunningly flawless! This Brilliant Beauty experience will have you looking red carpet ready and includes a 50-minute Manicure, a 50-minute Pedicure and a deeply repairing, nourishing Hair Treatment.

### **Secrets Water Escape | 80 minutes**

**Did you know our bodies are made up of more than 70% water?**

Experience a guided water escape designed to reconnect you with your very best self. Relax and exhale as your stress slips away in our herbal steamed sauna. A blissful aromatic oasis envelops your entire being with hints of eucalyptus, rosemary, chamomile, lavender, rose and camphor. As you continue your hydrotherapeutic escape, you are escorted to our cool and warm lagoons where any remaining tension ebbs away. Your choice of healthy beverage options, like infused mineral water and restoring herbal teas, aids in crucial rehydration. Next, experience utter relaxation with a dip in our jacuzzi and reinvigorate with a stimulating swim in our pool. Your Secrets Water Escape concludes with a refreshing shower using our premium spa-grade amenities.



## SECRETS BODY TREATMENTS



### **Polished to Perfection Scrub | 25 minutes**

Polished Jojoba Beads in a rich, creamy base with Aloe, Lemon, Rosemary and Chamomile gently buff your skin and render it silky smooth. This luxurious body scrub is recommended before any massage or body treatment to optimize your benefits. Ideal for sensitive and drier skin types for an enviably satin, touchable finish.

### **Fit & Trim Detox Scrub | 25 minutes**

The Green Apple detox scrub has dual benefits of fat busting Plant Stem Cells blended with organic French Sea Salts. The Plant Stem Cells of the Argan tree and Comfrey root target the core of stubborn fat, while the French Sea Salts peel away dull, lifeless skin and gives way to velvety-smooth skin.

### **Choco-Sumptuous Body Polish | 25 minutes**

Chocolatey Delicious! We begin with an exfoliating ritual using melted chocolate salts to tantalize every inch of your skin. The rich, guilt-free scent of Chocolate tantalizes your senses to an oasis of pure decadence! Add the Hot Chocolate Fondue Wrap for a no-calorie guilty pleasure.



### **Sun Lover's Instant Relief Wrap | 50 minutes**

The white water lily called "Moon Water" is found peacefully floating on the water's surface. This majestic white flower contains exceptional properties to calm irritation, soothe and hydrate the skin. The cooling water lily wrap decreases the skin temperature to soothe the burning sensation from sunburn, heat and skin irritations.

### **Mango-Passion Wrap | 50 minutes**

Experience the Mango-Passion Fruit yogurt wrap for Him and the Papaya-Pineapple wrap for Her. Both luxurious whipped crème wraps deliver skin repairing, toning, firming and nourishing benefits. The best part is when the His & Her scents are blended together for a memorable tropical Scentsation.

### **Visions of Chocolate Fondue Wrap | 50 minutes**

Surrender to the temptation of our exclusive self-heating, hot chocolate fondue wrap. This unforgettable experience melts body fatigue and mental stress, leaving a sweet taste of pleasure...without the calories.

### **Seaside Detox & Balance Wrap | 50 minutes**

Be one with the Sea. Our body's tissue fluids closely match the sea. Seaweed wraps perform an all over detoxification of the body. We start with a gentle exfoliation and follow with an application of warm micronized seaweed cataplasm, ending with you cocooned in warm blankets. Whether you are looking to lose weight, quit smoking, jumpstart your health or had a little too much of a good thing, seaweed is infused with nature's best ingredients to restore the body's balance.



## SECRETS FACIALS



### **Rapid-Restore Neck & Chest Treatment | 25 minutes**

*\*Can be added as an enhancement to any massage or body service or as a Stand-Alone Treatment*

Your neck and chest are among the most delicate exposed areas of your body and are often the first to show signs of aging. Formulated with breakthrough extracts from Shiitake mushroom, Kigelia Africana and other superb ingredients, this reparative de-aging treatment tightens this delicate zone while plumping, smoothing, brightening and deeply hydrating while reducing sagging for a more youthful appearance.

### **Your Secret Potion Exclusive Facial | 50, 80 minutes**

Your tailored consultation begins with your selection of your own private vial containing pure plant extracts with skin repairing benefits. Your selected potion is then expertly massaged into your specific areas of concern and finished with a luxurious mask ideal to repair and address your concerns. Your skin reemerges radiant with de-aging benefits of improved hydration, firmness and plumpness everyone will notice.

### **Queen Bee for Her (Plantomer) | 50 minutes**

The loyal worker bees collect Royal Nectar to please their Queen Bee. Propolis, obtained from the Jura Mountains of France is a prized natural nectar from the beehive. This cooling lift-off mask instantly calms and soothes the skin to reduce skin irritations and redness, while leaving skin fit for a Queen.

### **Royal King for Him (SkinFit) | 50 minutes**

Our exclusive men's facial is fit for a King! Targeting men's naturally thicker skin, our royal men's facial combines rich black Caviar for de-aging benefits and treating sun damaged skin with a cooling lift-off toning mask for skin health and vitality.

### **Secret Weapon | 50 minutes**

A woman never tells her age and with our Secrets face-lift facial they won't even ask! This tightening and firming facial includes a lifting serum derived from marine elastin and a sheet mask with infused line-reducing collagen. The perfect treatment for when you want enviable selfie-ready skin.

### **Complexion Obsession | 50 minutes**

We all want less visible pores and smoother skin. The latest discovery in skincare natural probiotics to address excess shine, uneven tone and pore size. Smoothing, tightening and brightening, this mattifying facial visibly reduces pore size with de-aging ingredients and is sure to become your new complexion obsession.

### **Argan & Comfrey Root Stem Cells Facial | 50 minutes**

This groundbreaking plant-based treatment redefines the de-aging facial! Infused with the first-ever blend of Argan and Comfrey Stem Cells and supercharged de-agers like Collagen, Retinol, Elastin and other key actives, this exceptional age reversing treatment visibly reduces lines and wrinkles, delivers a smoother skin surface, and long-term protection of your skin's naturally repairing Stem Cells.







## MASSAGE THERAPY

**Massage therapy has been used to heal body ailments and to promote relaxation for thousands of years. With our Secrets signature massage techniques, you will escape time and melt your stresses away in no time.**

### **Relaxation Massage | 50, 80 minutes**

Uses long, smooth strokes to ease the mind and the body of daily stresses and boosts circulation. Available in 50 or 80-minute selections.

### **Tension Relief Massage | 50, 80 minutes**

Uses deep tissue massaging techniques for relieving multiple areas of tension. Includes the use of our Tension Relief Gel to prolong the benefits and deepen muscle relaxation. Available in 50 or 80-minute selections.

### **Hot Stone Massage | 80 minutes**

A unique massage using long, smooth strokes, combined with penetrating heat of warm stones. The result is the effect of a deep tissue massage without the heavy pressure for a more relaxed muscle and soothed body. Available in only an 80-minute selection.

## HANDS & FEET

### **Royal Hands Manicure | 50 minutes**

Using only the finest nail care products, this delightful manicure comes complete with nail detail, a veil of moisturizer and your choice of polish.

### **ScentSational Aroma-Therapeutic Manicure | 80 minutes**

Give us your hands and we will lead you into a therapeutic, aromatic experience unlike any other. Choose your favorite scent from our sensory bar selections of Coconut & Pineapple, Jasmine & Lavender or Peach & Vanilla. Each scent is enriched with restorative and de-aging benefits to treat your skin and tantalize your senses. Your hands are treated to an exfoliating sea salt scrub, a targeted ancient acupressure, a reflexology hand and arm massage and as a finishing touch...your choice of polish.

### **Step Out Royally Pedicure | 50 minutes**

Using only the finest foot care products, this pedicure will have you stepping out like royalty and includes nail detail, moisturizing, exfoliation and your choice of polish.

### **ScentSational Aroma-Therapeutic Pedicure | 80 minutes**

Feel like the Emperor or Empress upon the throne with the world of aromatic nature at your feet during this plush pedicure. Once you select your preferred scent: Coconut & Pineapple, Jasmine & Lavender or Peach & Vanilla, your experience begins with a therapeutic whirlpool soak in a luscious blend of citrus and flowers. Followed by a natural sea salt scrub and a reflexology detox massage to remove stress and toxins, a basic pedicure is performed and followed with your choice of polish.





## SAMPLER TREATMENTS

**These 25 minute sampler services offer you mini experiences or add-on enhancements to your other spa experiences to enhance results and develop more comprehensive care.**

### **Instalift Eye Treatment**

Immediately get an awakened, bright and lifted eye contour with our signature Instalift Eye treatment. Perfect for those with discolorations and sagging and lines around the eyes. Ideal before date night or the big day or just to look your Eyemazing best!

### **De-Stress Eye Treatment**

Relieve eye strain, dehydration and puffiness with this cooling and soothing eye treatment. Collagen hydrates while ginkgo relieves puffiness and tension, leaving the eyes awoken and refreshed.

### **Glow & Go Facial Treatment**

Experience a beautiful complexion in a flash with this custom facial treatment, designed to give you instant luminosity and balance.

### **Exfoliate & Hydrate**

Need a quick pick me up? The Exfoliate & Hydrate Treatment will quickly cleanse and exfoliate the skin to get you make-up ready and relaxed! Bonus: enjoy a decadent scalp massage to de-stress and sedate the senses.

### **Zone Out Hand Treatment**

Reflexology, also known as zone therapy, can promote relaxation and tension relief while inducing a restful night and positive energy. This zone therapy hand treatment also includes a decadent, hydrating hand treatment to moisturize and de-age.



### Zone Out Foot Treatment

Combining reflexology, or zone therapy, with this tension relief foot treatment, you will experience sedation at its finest. Perfect after a long day of hiking or shopping to soothe tired tootsies!

### Tension Relief Massage

Quickly relieve tension in your most stressed areas of the body- the neck, back and shoulders. A must have treatment to take the edge off, relieve headache discomfort or as an introduction to massage.



Be sure to visit our spa boutique to browse through our exceptional assortment of some of the finest and most coveted beauty and skincare products in the world and our fine selection of jewelry and trendy items to help you look beauty-full



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