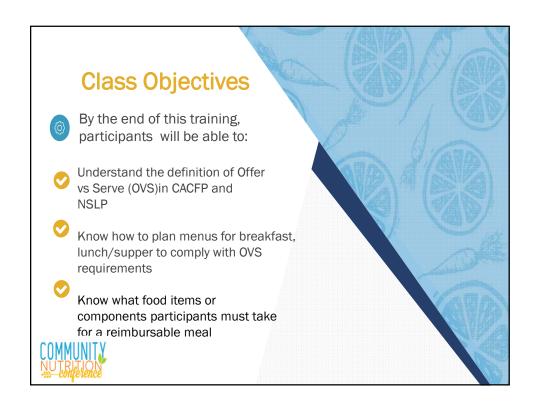


Acknowledgment Statement

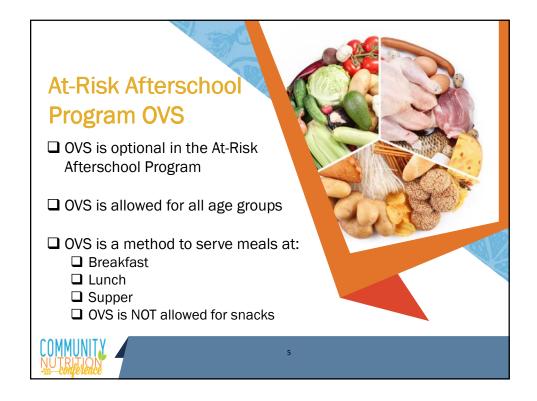
You understand and acknowledge that:

- ☐ the training you are about to take does not cover the entire scope of the program; and that
- □ you are responsible for knowing and understanding all handbooks, manuals, alerts, notices and guidance, as well as any other forms of communication that provide further guidance, clarification or instruction on operating the program.









Definitions

A Food Component

• Is one of the food categories (milk, grains, fruit, vegetable, meat/meat alternate) that make up a reimbursable meal.

A Food Item

• Is a specific food offered within the food components comprising the reimbursable meal.

A Combination Food

 Contains more than one food item from different food components that cannot be separated, such as a vegetable pizza.





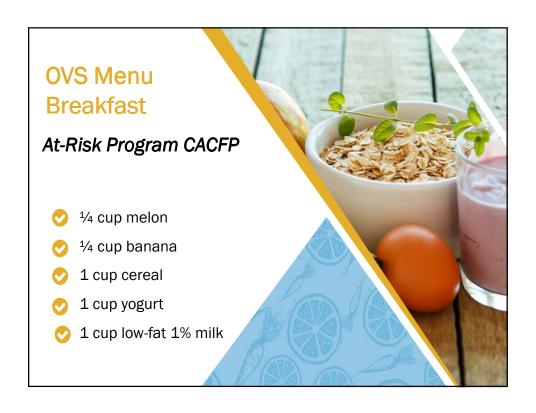
At-Risk Afterschool OVS CACFP

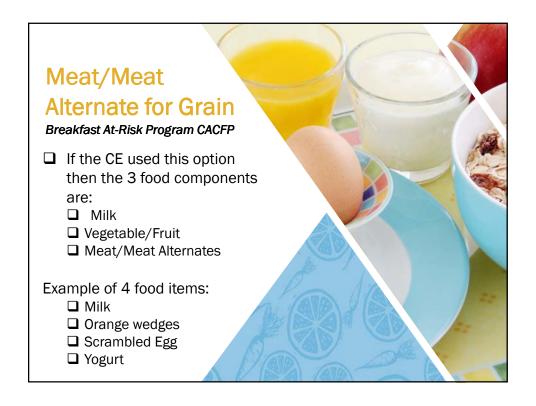
Breakfast

- ☐ Three food components are required for breakfast milk, vegetable/fruit, and grains
- ☐ Must offer at least 4 food items in the <u>required minimum</u> <u>serving</u> sizes from:
 - 1. A serving of milk
 - 2. A food item from the fruit and vegetable component
 - 3. A food item from the grains component; and
 - 4. A food item from the meat/meat alternate component or one additional item from the fruit and vegetable component or grains component









At-Risk Afterschool OVS CACFP

Lunch or Supper

- ☐ Five food components are required at Lunch or Supper: milk, meat/meat alternates, vegetables, fruits, and grains.
 - ☐ At least one food item from each of the 5 food components, in the required minimum serving must be offered
 - ☐ A child must take at least 3 food components (rather than 3 items) for a reimbursable meal
 - □ Programs may not specify what food components a child must select









At-Risk Afterschool OVS NSLP

Breakfast

- ☐ Three food components are required for breakfast (1) Fruits (or vegetables substitution) (2) Grains (or optional credited meats/meat alternates) and (3) Milk
- ☐ Must offer at least 4 food items in the <u>required minimum serving</u> sizes from:
 - 1. A serving of milk
 - 2. A food item from the fruit (or vegetable substitution) component
 - 3. A food item from the grains component; and
 - A food item from the meat/meat alternate component or one additional item from the fruit and vegetable component or grains component



At-Risk Afterschool OVS NSLP

Breakfast

- ☐ Student must select at least three food items.
- ☐ One selection must be at least ½ cup of fruit(s)
- Vegetable(s) may be offered to meet all or part of the fruit requirement
- ☐ Fruits and vegetables are two separate components
- □ Double servings of components/food items allowed for fruits (or vegetables) and grains (or meats/meat alternates) components.



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OVS Menu NSLP Breakfast 1/2 cup orange juice 1/2 cup berries 1 oz. eq. cereal 1 cup low-fat 1% milk The student could select cereal, milk, and 1/2 cup of juice for a reimbursable breakfast.

At-Risk Afterschool OVS NSLP

Lunch or Supper

- ☐ Five food components are required at Lunch or Supper: milk, meat/meat alternates, vegetables, fruits, and grains.
 - ☐ At least one food item from each of the 5 food components, in the <u>required minimum serving</u> must be offered
 - □ A student must take at least 3 food components (rather than 3 items) for a reimbursable meal
 - ☐ Programs may not specify what food components a student must select



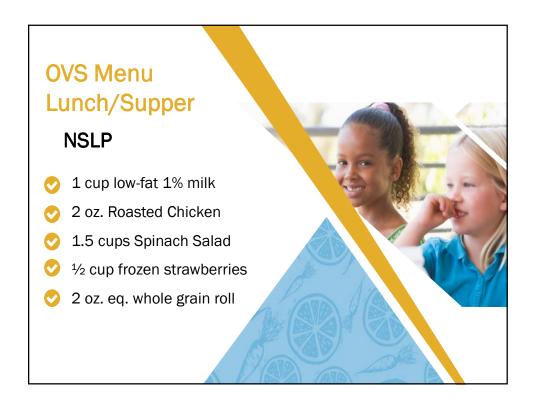
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At-Risk Afterschool OVS NSLP

Lunch or Supper

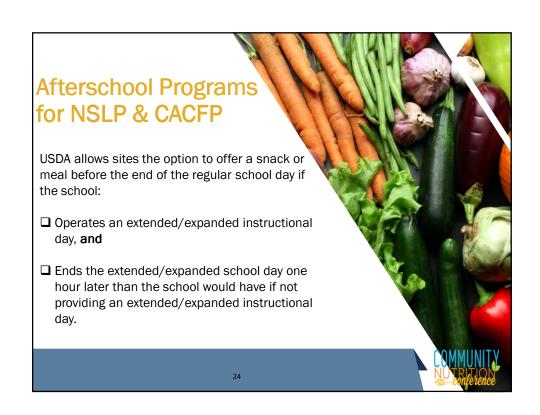
- Student must select at least three components
- One of which must be $\frac{1}{2}$ cup of fruits or vegetables, or a combined total of $\frac{1}{2}$ cup of both
- ☐ If a student does not select at least a ½ cup serving total of fruits and/or vegetables, the lunch is not reimbursable, even if they have three other components (e.g., m/ma, grains, and milk).
- ☐ Fruits and vegetables are two separate components
- Number of food items offered varies











Extended/Expanded Learning Programs – SFA CEs

- ☐ Schools participating in NSLP
 - ☐ Operate an extended/expanded instructional day at least one (1) hour longer than the end of the regular school day; and
 - ☐ Instructional day purposefully focuses on one or more of the following: rigorous coursework, mentoring, tutoring, physical activity, academic support, or educational enrichment in one or more subjects including fine arts, civic engagement, science, technology, engineering, and mathematics.



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Extended/Expanded Learning Programs – Non-SFA CEs



- □ SFA participating in NSLP operates an extended/expanded instructional day at least one (1) hour longer than the end of the regular school day; and
- □ Instructional day purposefully focuses on one or more of the following: rigorous coursework, mentoring, tutoring, physical activity, academic support, or educational enrichment in one or more subjects including fine arts, civic engagement, science, technology, engineering, and mathematics.





