

2019 SCPMG Psychiatry Symposium
Friday November 22, 2019
Hyatt Regency Orange County -- Garden Grove, CA
AGENDA

TIME	TOPIC
6:45 – 8:00 am	Registration, Breakfast, Networking, Posters, Creative Arts Exhibit
7:00 – 7:45 am	Traffic Buster: Wellness Hacks for Your Workday <i>Pranav Shah MD, Parul Shah</i>
8:00 – 8:15 am	Welcome (no CME) <i>Todd Sachs MD, Tina Han</i>
8:15 – 8:30 am	Overview <i>Pranav Shah MD</i>
8:30 – 9:10 am	Treatment-resistant Depression and Newly Approved Treatments (Self-Assessment Module) <i>Michael J. Gitlin MD</i>
9:10 – 9:30 am	Open Q&A
9:30 – 10:45 am	Triple Threat: “Doctor, Why Can’t You Fix Me?” (Self-Assessment Module) Moderator: <i>Ji Yoo MD</i> Panelists: <i>Belis Aladag MD, Mike Lee MD, Pranav Shah MD, Quan Nguyen MD, Kara Cummins MD</i>
10:45 – 11:15 am	Thrive Break, Posters, Creative Arts Exhibit, move to Concurrent Breakout Sessions
11:15 – 12:15 pm	1-A. Geriatrics: Is There ANYTHING We Can Prescribe for Our Elderly Patients? (Self-Assessment Module) <i>Manisha Shenava MD</i>
	2-A. Confident Transgender Care: Helping Members Transition (Self-Assessment Module) Moderator: <i>Kevin Guber MD</i> Panelists: <i>Francis Shih MD, Frank Patti LMFT, PsyD, Gino Mortillaro MD, Michael Olerich MD</i>
	3-A. Blue Moods and Hot Flashes: Assessing and Treating Mood and Anxiety Changes at Times of Reproductive Transition (Self-Assessment Module) <i>Vivian Burt MD</i>
	4-A. Work It Out: Helping Patients Stay On the Job (Self-Assessment Module) Moderator: <i>Nolan Thompson MD</i> Panelists: <i>Ashley Zucker MD, Mark Goldstein MD</i>
12:15 – 1:25 pm	LUNCH, 12:45pm: Informal Faculty Roundtable Discussions
1:25 – 1:35 pm	Move to afternoon Concurrent Breakout Sessions (repeat of morning sessions)
1:35 – 2:35 pm	1-B. Geriatrics 2-B. Readiness to Transition 3-B. Blue Moods and Hot Flashes 4-B. Work it Out
2:35 – 2:45 pm	Break, Move to General Session
2:45 – 3:00 pm	Physician Recognition Awards
3:00 – 3:30 pm	Self-Assessment Q&A (from breakout sessions) <i>Pranav Shah MD</i>
3:30 – 4:30 pm	Self-Compassion: Learning to Accept the Imperfect You (Self-Assessment Module) Moderator: <i>Pranav Shah MD</i> Panelists: <i>Michael Lee MD, Pam Honsberger MD, Stephanie Chu MD</i>
4:30 – 4:45 pm	Wrap-up: Key Points, Call to Action <i>Pranav Shah MD</i>
4:45 pm	Adjourn
4:45 – 6:00pm	Networking Social (on your own)