**Southern California Permanente Medical Group**

**44th Annual Irving M. Rasgon MD, Family Medicine Symposium**

**Friday, October 19 – Saturday, October 20, 2018**

**Omni Rancho Las Palmas Resort and Spa**

**PROGRAM AGENDA**

 **Friday, October 19, 2018**

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| **Duration** | **Time** | **Topic** | **Faculty**  |
| 7:15 am | **Poster Setup** |
| 7:30 – 8:30 am | **Registration, Breakfast, Networking & Posters** |
|  | **GENERAL SESSION** |
| 8:30 – 8:40 am | **Welcome Remarks and Introduction** | ***Kenneth Williams, DO, MBA******Renu Mittal, MD*** |
| 8:40 – 9:25 am | **Top 10 Difficult Conversations in Primary Care Office** | ***Ray Nanda, MD*** |
| 9:25 – 9:40 am | **Open Q&A** |  |
| 9:40 – 9:50 am | **Break, Move to Concurrent Sessions** |
|  | **AM Breakout Track A (Lifestyle Medicine)** |
| 9:50 – 10:25 am | “Give Me a Place to Stand and I Can Move the Earth”: ***Simple tips on how to leverage Center for Healthy Living patient education resources to get home earlier everyday*** | ***Ray Nanda, MD***  |
| 10:25 – 10:50 am | **Tabletop Discussion / Open Q&A** |  |
| 10:50 – 11:25 am | **Exercise is Medicine: Connecting Fitness with Healthcare**  | ***Robert Sallis, MD, FAAFP*** |
| 11:25 – 11:50 am | **Tabletop discussion, Open Q&A** |  |
|  | **AM Breakout Track B (Psychosocial – Pediatric and Adolescent)** |
| 9:50 – 10:25 am | Social Issues in Children & Adolescents – Bullies, Guns, and Screens | ***Kevin Guber, MD*** |
| 10:25 – 10:50 am | **Tabletop Discussion / Open Q&A** |  |
| 10:50 – 11:25 am | **Anxiety, Depression, and Suicide in Adolescent Patients**  | ***Neel Doshi, MD*** |
| 11:25 – 11:50 am | **Tabletop Discussion / Open Q&A** |  |
| 11:50am-1:20 pm | **Lunch, Family Physician of the Year Awards and Posters** |
| 1:20 -1:30 pm | **Move to concurrent sessions** |
|  | **PM Breakout Track A (Primary Care Workup Challenges)** |
| 1:30 – 2:05 pm | Mens Health: *“Oh Doctor, By The Way…”*  | ***Amanda Chi, MD***  |
| 2:05 – 2:30 pm | **Table­top Discussion / Open Q&A** |  |
| 2:30 – 3:05 pm | **Womens Health**  | ***Adrianna Barrett, MD*** |
| 3:05 – 3:30 pm | **Table­top Discussion / Open Q&A** |  |
|  | **PM Breakout Track B (Workshops)** |
| 1:30 – 2:15 pm | X-Ray Interpretation Jeopardy | ***Elliot Azizollahi, MD***  |
| 2:15 – 3:30 pm | Joint Injections Workshop **Maximum limit #72pp**. **Participants may choose 2 of the 4 below)**1. Knee
2. Shoulder
3. Elbow
4. Wrist and Hand
 | ***Evan Bass, MD*** ***Andrew Sierra, MD******Aaron Rubin, MD*** ***Edward Chiang, MD*** ***Erik Salib, DO******LaTonya White, MD******Marissa Vasquez, MD*** ***Mike Fong, MD*** ***Thad Woodward, MD*** |
| 3:30 – 3:45 pm | **Break, move to general session** |
|  | **GENERAL SESSION** |
| 3:45 – 4:30 pm | Nutrition: A Scientific Approach to Healthy Eating | ***Sean Hashmi, MD***  |
| 4:30 – 4:45 pm | **Open Q&A** |  |
| 4:45 pm | **Symposium Day One Adjourn** |
| 4:45 – 5:15 pm | **Poster Q&A Session** *(No CME)* |
| 5:15 – 6:30 pm | **Networking Social Hour** *(on your own)* |

 **Saturday, October 20, 2018**

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| **CME** | **Time** | **Topic** | **Faculty** |
| 7:30 – 8:30 am | **Registration, Breakfast, Networking & Posters** |
| 7:45 – 8:15am | **Optional Session:****Global Health Initiative: Ghana (No CME)**  | ***David Glass, PhD***  |
|  | **GENERAL SESSION** |
| 8:30 – 8:35 am | **Welcome back** | ***Kenneth Williams, DO, MBA*** ***Renu Mittal, MD*** |
| 8:35 – 9:10 am | Empowering Patients in Addressing Their Pain  |  ***Tim Munzing, MD*** |
| 9:10 – 9:30 am | **Tabletop Discussion / Open Q&A** |  |
| 9:30 – 9:40 am | **Break, Move to Concurrent Sessions** |
|  | **AM Breakout Track A (Psychosocial)** |
| 9:40 – 10:15 am | When Lifesavers Need a Life Saver  | ***Sarah Simmons, MD*** ***Brooke Birrenkott*** |
| 10:15 – 10:40 am | **Tabletop Discussion / Open Q&A** |  |
| 10:40 – 11:15 am | **Confused Elderly Patient** | ***Derek Hauser, MD*** |
| 11:15 – 11:40 am | **Tabletop Discussion / Open Q&A** |  |
|  | **AM Breakout Track B (Injuries and Pain Management)**  |
| 9:40 – 10:15 am | Youth Sports Injuries – Red Flags When Patients May Not Be Cleared for Return to Play | ***Marissa Vasquez, MD*** |
| 10:15 – 10:40 am | **Tabletop Discussion / Open Q&A** |  |
| 10:40 – 11:15 am | Integrative Medicine Approaches to Pain Management  | ***Brian-Linh Nguyen, MD*** |
| 11:15 – 11:40 am | **Tabletop Discussion / Open Q&A** | ***Brian-Linh Nguyen, MD******Kenneth Williams, DO, MBA*** |
|  | **AM Breakout Track C (Efficiencies Workshop)** |
| 9:40 – 11:40 am | HealthConnect Refresher  | ***Gregory Saccone, MD******Mark Eastman, MD*** ***Michael Mikus, MD***  |
| 11:40 – 11:50 am | **Break, Move to General Session** |  |
|  | **GENERAL SESSION** |  |  |
| 11:50 – 12:05 pm  | Regional Physician of the Year Award |  |
| 12:05 – 12:35 pm | Practical HOT TOPICS in Family Medicine | **SCPMG Presenter TBA**  |
| 12:35 – 12:40 pm | **Open Q&A** |  |
| 12:40 pm | **Symposium Wrap-up and Adjournment** |
| 12:45 – 1:15 pm | **Lunch for ABFM Participants ONLY**  |
|  | **ABFM Knowledge SELF-ASSESSMENT MODULE** |
| 1:30 – 4:45 pm | **ABFM Maintenance of Certification Knowledge Self-Assessment (KSA) Module – Care of the Vulnerable Elderly** | ***Tim Munzing, MD******Kenneth Williams, DO, MBA*** |