Know Before You Go

NASADAD along with our tri-host state organizations, the Alaska State Department of Health and Social Services, Division of Behavioral Health, the Oregon Health Authority, and the Washington State Department of Social and Health Services/Division of Behavioral Health and Recovery, welcome you to the 28th National Prevention Network Conference in Seattle, Washington. To help you prepare, we've put together this guide so that you're ready for a successful event. In addition to this document, the NPN Conference website, printed program, and mobile app are where you'll find all the details you need for everything about the NPN Conference and so much more!

The conference will cover hot topics in the substance abuse prevention fields that include: Alcohol, Marijuana, Opioids and Prescription Drug Abuse, Workforce Development, and Substance Abuse Prevention and Collaboration with Related Fields. The theme for the 28th Annual National Prevention Network Conference is *Prevention Research to Practice in a Changing Environment*.

General Information

Official Hotel and Conference Venue

Sheraton Seattle Hotel 1400 6th Avenue Seattle, Washington, 98101 Phone: 206-621-9000

Hotel Reservations: 888-627-7056
CLICK HERE to view the Venue Map

Time Zone

Seattle is located in the Pacific Time Zone (UTC-08:00).

Weather in November

Average high: 51 °F Average low: 40 °F

Average precipitation: 5.90 in

Average rain/snow days in November: 18 days

What to Pack

Attire is business casual for the conference. Please no jeans, t-shirts or flip flops. We do recommend you dress in layers as temperatures in meetings rooms can vary. You will have the opportunity to have join excursions outside, so please be sure to bring appropriate clothing options such as a shawl, light sweater, scarf, hat, and/or rain jacket. It is also suggested that you bring an umbrella.

Conference Schedule, Keynote Speakers, and Workshops

Please see the conference website for all information related to the schedule, keynotes and workshops. You may visit these links from the conference homepage, or from the "Program" menu. You may also view a downloadable file of the printed program by clicking the link below. Participants will receive a printed program upon check-in at the conference as well.

CLICK HERE TO DOWNLOAD THE PRINTABLE CONFERENCE PROGRAM

Presentation Handouts/Materials

Presentation materials will be available for from the conference website, as they are submitted by presenters, at http://www.npnconference.org/workshop-descriptions/.

Wi-Fi at the Seattle Sheraton

There will be **no** complimentary wireless Internet access for conference attendees in the conference area. However, if you book through the group lodging block there is complimentary wireless Internet available in your guest room.

Guidebook Mobile Application

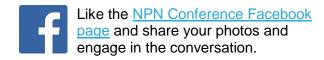
The National Prevention Network Conference has gone mobile using Guidebook! We encourage you to download our mobile guide to enhance your experience at the conference. You'll be able to plan your day with a personalized schedule, browse exhibitors, maps and general conference information. The app is compatible with iPhones, iPads, and Android devices. To get the guide, download 'Guidebook' from the Apple App Store or the Android Marketplace or scan the barcode below with your mobile phone (QR-Code reader required). The National Prevention Network Conference guide will be listed under the "Download Guides" section of the application. Downloads are limited – if you are keen on technology, be the first to download the application in order to secure availability.



Social Media



Follow us on <u>Twitter</u> and join the conversation using the official hashtag #NPNConference.



Ground Transportation

The Seattle Sheraton is approximately 14 miles from the Seattle Airport and there are a variety of travel options available depending on how you choose to travel.

Driving Directions

From South:

- Driving Northbound on Interstate 5, take Seneca Street exit (Exit 165) on your left.
- Turn right immediately onto 6th Avenue.
- Follow 6th Avenue past Union Street.
- The hotel is on the right.

From East

- Driving Westbound on Interstate 90, proceed on Interstate 90 to Interstate 5 North.
- Take the Madison Street Exit.
- Turn left onto Madison Street.
- Follow Madison and turn right onto 6th Avenue.
- Continue on 6th Avenue for four blocks.
- The hotel will be on the right.

From Seattle-Tacoma International Airport

- Follow State Route 518 Eastbound to Interstate 5 Northbound (Seattle).
- Take the Seneca Street exit (exit will be on your left).
- Turn right immediately onto 6th Avenue.
- Drive north on 6th Avenue for two blocks.
- The hotel is on the right.
- Turn right into the entrance for valet parking and drop-off.

From North

- Driving Southbound on Interstate 5, exit the interstate at Union Street.
- Proceed for one block to 6th Avenue.
- Turn right onto 6th Avenue.
- Continue one block.
- The hotel entrance will be on your right.

Link Light Rail

Link light rail connects downtown Seattle with Sea-Tac International Airport, making stops in Seattle's southeast neighborhoods along the way, including six stops in downtown Seattle from SODO to Westlake Center. One-way tickets are \$3 for adults and \$2 for youth and free for children six and under. Visit soundtransit.org for a route map and hours of operation.

The Link Light Rail averages 45 minutes to arrive at <u>Westlake Center Station</u> from the SEA TAC airport, which is a 5-minute walk to the Seattle Sheraton upon departing the station. This is an economical way to arrive to the hotel if a short walk is agreeable and possible.

Shuttle Express

Please visit the link accessible here to view the portal set up for airport transfers. Attendees may use this option to quickly and easily book rides between SeaTac Airport and the Sheraton, Click Here to access. A roundtrip discounted rate is \$31 from the SeaTac Airport to the Seattle Sheraton. This is a \$5 discount for NPN Conference participants for those who book online.

Monorail

The nation's first full-scale commercial monorail system provides a fun, quick and convenient link from downtown Seattle to Seattle Center daily. Departing every 10 minutes, the one-mile trip takes just two minutes. In downtown Seattle, hop on the monorail at Westlake Center at 5th Avenue and Pine Street. The Seattle Center station is located near the Space Needle. Visit seattlemonorail.com for more information.

Metro Buses

The "Metro" public bus system, which operates throughout Seattle and King County, is one of the most extensive and highly praised in the nation. In addition to service on downtown's surface streets, Metro operates a 1.3-mile bus tunnel underneath downtown Seattle, making stops at Convention Place, Westlake, University Street, Pioneer Square and Chinatown-International District. To find a route, maps and fare information for travel throughout and into downtown Seattle, visit Metro online at metro.kingcounty.gov.

Parking

Valet Parking

Valet Parking is available at the Sheraton Seattle for \$50.00 per day.

Downtown Parking Map

<u>Click Here</u> for an interactive, online parking map of downtown Seattle for other parking options that are near the venue.

Washington State Convention Center Parking Garage

Washington State Convention Center is conveniently located in downtown Seattle with our main entrance on Eighth Avenue between Pike and Seneca. Click here for parking rates at the Washington State Convention Center.

Check-in

On-site Check-in

The registration desk for the general conference is located at the Seattle Sheraton on Level Two. All attendees will need to pick-up event materials first to ensure easy access throughout the conference.

Registration Desk Hours

Monday, November 16, 2015	11:30 am - 6:00 pm
Tuesday, November 17, 2015	8:00 am - 5:00 pm
Wednesday, November 18, 2015	8:00 am - 5:30 pm
Thursday, November 19, 2015	8:00 am - 1:45 pm

Hospitality Desk Hours

Monday, November 16, 2015	11:30 am - 6:00 pm
Tuesday, November 17, 2015	8:00 am - 6:00 pm
Wedne <mark>sd</mark> ay, November 18, 2015	8:00 am - 5:30 pm
Thursday, November 19, 2015	8:00 am - 1:45 pm

Continuing Education

Continuing Education Hours (CEHs)

Participants can earn up to 16.25 Continuing Education Hours (CEHs) for attending the general conference. Continuing Education Hours (CEHs) have been approved by IC&RC. Participants must check in at the registration desk upon arrival for hours to be verified. Participants may use the certificate to apply for CEHs from other certification/licensing boards.

Breakdown of CEHs by day:

Tuesday: 6 hours

Wednesday: 6.25 hours

Thursday: 4 hours

Online Conference Evaluations

There will be online evaluations for input regarding all workshops as well as the general conference overall. Links to workshop and the overall evaluations will be emailed to participants during the conference and again following the conference.

Digital Certificates

Upon completion of the overall conference evaluation, participants will receive an email containing their digital certificate. Participants that selected to receive a printed certificate during registration, may pick up their printed certificate from the registration desk immediately following the conference. Please Note: A \$5.00 fee applies and must be paid before receiving a printed certificate. Certificates will be adjusted for early departure. Please notify the registration desk for adjustments on early departure in advance. Printed certificates will not be mailed.

Pre-Conference Workshops (must be registered to attend; seats are still available for advance registration)

Ethical Decision Making in Substance Abuse Prevention

Pam Tindall, CPP, Owner, POSSIBILITIES Consulting, LLC, Washington State and Associate

This is introductory material to the Ethical Decision-making Model and the Code of Ethical Conduct for Prevention Professionals. The course is designed for participants who are motivated to learn and apply an ethical decision making model and code of ethical conduct to their work in the substance abuse prevention and/or related fields.

Date: Monday, November 16, 2015

Time: Noon – 6:00 pm Cost: \$45 additional fee

Continuing Education: 6 CEHs

Prevention Specialist Certification: Getting Ready to Test

Julie A. Hogan, Ph.D., Associate Professor, Center for the Application of Substance Abuse Technologies, University of Nevada, Reno and Member, IC&RC Advisory Council; Sandra Puerini Del Sesto, M.Ed., CPSS, Prevention Consultant and Co-chair, IC&RC Prevention Committee

This workshop will prepare exam candidates and professionals with successful test taking techniques, review the IC&RC prevention specialist domains, review the process for filling out the state board application forms, as well as provide an opportunity to network with colleagues. Materials will be provided that the students can take with them to aid in studying for the exam. Additional materials will be suggested that can be purchased at a later date.

Date: Monday, November 16, 2015

Time: 5:00 – 8:00 pm Cost: \$125 additional fee

Continuing Education: 3 CEHs

Hospitality

Hospitality Desk Hours

Monday, November 16, 2015 11:30 am - 6:00 pm Tuesday, November 17, 2015 8:00 am - 6:00 pm8:00 am - 5:30 pm Wednesday, November 18, 2015 Thursday, November 19, 2015 8:00 am - 1:45 pm

Hosted Networking Reception

Tuesday, November 17, 2015

4:30 pm - 6:00 pm

Grand Ballroom Foyer (2nd Floor)

All conference participants are invited to attend a hosted reception for an early evening of delicious appetizers, amazing music, and great opportunities to network with fellow conference delegates and exhibitors!

Visit Seattle! No-Host Lunch and Excursions

Wednesday, November 18, 2015

12:00 pm - 2:00 pm

Enjoy a fun outing and networking opportunity with colleagues while getting to know a little bit of Seattle! Join one of three lunchtime excursions with one of the host states (AK, OR and WA) NPN members. The options include the following: Pike Place Market (walking), Westlake Center (walking), Seattle Center (walking/monorail). All excursions will begin and end at the Sheraton Seattle Hotel.

Groups will gather on the first floor in the north lobby. This will exit to 6th and Pike, which will lead you in the direction that the groups will be walking.

Pike Place (Walking)

Distance: 0.4 mile/8-minute walk

The heart of Seattle's Waterfront, Pike Place Market is the most exciting Seattle shopping and dining experience and home of Seattle's flying fish. Stroll through historic buildings with aisles of fresh fish, vegetables, fruits, flowers, artisan cheeses, meats, baked goods, arts and crafts, and antiques at the oldest farmer's market in the country. This colorful 9-acre marketplace features hundreds of stands, stalls, shops, and booths, as well as live music and waterfront views. The playful antics of the fishmongers at Pike Place Fish are legendary. There are also opportunities to eat lunch here at the food stands or restaurants. Bring appropriate clothes for this outdoor excursion. Visit www.pikeplacemarket.org for more information.

Click Here to View or Download the Map!

Westlake Center (Walking)

Distance: 0.2 mile/4-minute walk

Seattle shoppers flock to Westlake Center, a high-energy downtown Seattle shopping mall in the heart of the city. Westlake Center is a four-story, glass enclosed shopping pavilion offering a mix of national retailers and a unique collection of shops, and a great Food Court on the Upper Level. Enjoy shopping in downtown Seattle at Sunglass Hut, Romy Boutique, or grab some lunch at P.F. Chang's China Bistro. Bring appropriate clothes for this outdoor walk. Visit www.westlakecenter.com for more information. Click Here to View or Download the Map!

Seattle Center (Walking/Riding Monorail)

Distance: 1.2 miles/25-minute walk and ride (\$4.50 roundtrip for monorail- CASH only) Originally built for the 1962 World's Fair, the 74-acre Seattle Center is a park, arts, and entertainment center in Seattle, Washington. Its landmark feature is the 605-foot (184 m) tall Space Needle, a now-iconic building that was, at its completion, the tallest building west of the Mississippi River. Seattle Center is located just north of Belltown in the Lower Queen Anne neighborhood. On this excursion, you will be able to ride the Monorail from Westlake Center, see a few of the Chihuly glass art pieces from the Seattle Center grounds, view the Space Needle, and there are lots of places to eat from pizza to fish to hot dogs! Visit: http://www.seattlecenter.com/ for more information. Click Here to View or Download the Map!

Sightseeing & Entertainment Discounts



Chihuly Garden and Glass

305 Harrison St. Seattle, WA 98109 Phone: (206) 753-4940 Price: \$18 (reg. \$22) Package (Chihuly + Space Needle): \$32 (reg. \$36) Click Here to Purchase Promotional Code: NPN2015



Seattle Space Needle

400 Broad Street Seattle, WA 98109 Phone: (206) 905-2100 Price: \$18 (reg. \$22) Package (Chihuly + Space Needle): \$32 (reg. \$36) Click Here to Purchase Promotional Code: NPN2015



EMP Museum

325 5th Avenue N Seattle, WA 98109 Phone: (206) 770-2700 Price: \$10 (reg. \$25) Promotion: Monday, November 16, 2015 ONLY, mention the "NPN Conference" in order to receive the discounted price.

close at 2pm. The last entry to the Exhibition and Garden will be at 4pm.

Note: Tue 11/17, the Glasshouse will Note: You must click the "Promotional Code" tab at the top of the page and enter the discount code above.



Tours Northwest

Grand Hyatt 721 Pine St. Seattle, WA 98101 Phone: (888) 293-1404 10% Discount off either the 3-hour Seattle City Tour or the 4-hour Boeing Factory Tour. Click Here to Purchase Promotional Code: NDN10



Pacific Science Center

200 Second Avenue North Seattle, WA 98109 Phone: (206) 443-2001 Promotion: \$2.00 Discount off regular exhibit admission (reg. \$19.75). Mention "NPN Conference" to receive the discount.

Note: Discount not valid for IMAX movies or any other ancillary offered.

***For other discounts and promotions offered to NPN Conference attendees, please stop by the hospitality desk located in the Seattle Sheraton's Grand Ballroom Foyer, 2nd Floor.

Seattle Symphony

200 University Street Seattle, WA 98101 Phone: (206) 215-4700 November 19, 2015 7:30 pm 20% Discount (reg.\$21-121) Click Here to Purchase Promotional Code: CASAT15

Sponsors and Donations

State Sponsors



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Contact Us

Contact Information

Email: contactus@npnconference.org
Website: www.npnconference.org
Telephone: (844) 204-0909



Follow us on <u>Twitter</u> and join the conversation using the official hashtag <u>#NPNConference</u>.



Like the NPN Conference Facebook page and share your photos and engage in the conversation.

The 28th National Prevention Network Conference has been brought to you by:







