

# 1 UPSTATE MEETING

APRIL 28 + 29
Turning Stone Resort & Casino
Verona, NY

Jointly Provided by The American College of Obstetricians and Gynecologists



# WELCOME

Dear Colleague,

It is with great pleasure that I welcome you back to upstate New York! I am truly looking forward to two days of educational programming, networking with colleagues, and reconnecting with friends at the Turning Stone Resort & Casino. You will find this is an exciting venue for you and your families with an array of amenities, including spa and fitness facilities, nightlife, golf and world-class gaming.

District II strives to raise the bar in program and service offerings and deliver recognizable value to all meeting attendees. This engaging program will provide you with a foundation of knowledge, techniques, and best practices to help you succeed in the ever-changing field of obstetrics and gynecology. I am grateful to the District II Program Planning Committee for revitalizing the upstate meeting based on member request and need, and for developing a program featuring high caliber faculty. Our Scientific Program Co-Chairs, David L. Gandell, MD, FACOG and Robert K. Silverman, MD, FACOG, are to be commended for their academic guidance and leadership.

We have a remarkable line up of distinguished faculty who will present scientific innovations and clinical updates over the next two days. The leaders are respected experts in our field, and I hope that you will join me in welcoming them to the District II Annual Upstate Meeting. In addition we are pleased to bring our Iffath Abbasi Hoskins, MD Junior Fellow Research Day program to this year's meeting.

Please take advantage of the opportunity to visit our exhibitors who continue to support District II, meet familiar faces, and make new connections at the welcome reception Friday evening. And, most of all, enjoy yourself. ACOG District II leadership and staff are available to speak with you throughout the meeting. As always, we are here to support and assist you in your practice.

Before closing, I'd like to thank each of you for attending. You have the vision and the experience to blaze the trail for the next generation of leaders and help us shape the future of our specialty. I thank you for choosing to participate in the District II Annual Upstate Meeting and hope that you will find the experience rewarding.

Sincerely,

Nicholas Kulbida, MD, FACOG Chair, ACOG District II

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# PROGRAM AT A GLANCE

# FRI. April 28

7:00 am - 10:30 am MACRA Quality Payment Program

10:00 am Exhibit Hall Opens

10:30 pm - 6:00 pm Coding Course

11:00 am Welcome and Program Announcements

11:15 am - 12:45 pm Plenary Sessions

12:45 pm - 1:45 pm Lunch Symposia

1:45 pm - 3:00 pm Plenary Sessions

3:00 pm - 3:45 pm Break

3:45 pm - 5:30 pm Plenary Sessions

5:30 pm - 6:00 pm Welcome Reception in Exhibit Hall

# SAT. April 29

7:30 am Breakfast

8:00 am General Session/ Program Announcements

8:15 am - 10:00 am Plenary Sessions

10:00 am - 10:30 am Break & Visit Junior Fellow Posters

10:30 am - 12:00 pm Plenary Sessions

12:00 pm - 1:00 pm Round-table Discussion & Luncheon

1:00 pm - 2:30 pm Jr. Fellow Advisory Council Meeting

1:00 pm - 2:30 pm Plenary Sessions

2:30 pm - 3:00 pm Junior Fellow Research Day Oral Presentations

3:00 pm Meeting Adjourns

### New this year at the Upstate Meeting — Iffath Abbasi Hoskins, MD Junior Fellow Research Day

Be sure you are part of this year's Iffath Abbasi Hoskins, MD Junior Fellow Research Day Contests on Saturday where District Junior Fellows showcase their research to meeting attendees. Contest prizes include \$1,000 to the Martin Stone, MD Poster Session winner (generously donated by Eva Chalas, MD) and a \$1,000 travel stipend to the Iffath Abbasi Hoskins, MD Oral Presentation winner to attend the 2018 Austin, TX Annual Meeting. All contest winners will be announced at the conclusion of the oral presentations – 3:00 pm

The Iffath Abbasi Hoskins, MD Junior Fellow Research Day Program is made possible by the generous support and sponsorship of Iffath Abbasi Hoskins, MD, FACOG, and ACOG District II Junior Fellow Advisor.

# PROGRAM CHAIRS



**David L. Gandell, MD, FACOG**Clinical Professor of
Obstetrics and Gynecology,
University of Rochester,
Strong Memorial Hospital
Rochester, NY



Robert K. Silverman, MD, FACOG Professor and Chairman, Department OB/GYN, State University of New York-Upstate Medical University and Crouse Hospital Syracuse, NY

# ACOG COMMITTEE ON CONTINUING MEDICAL EDUCATION



Rebecca L. Shiffman, MD, FACOG Director of Maternal-Fetal Medicine Woodhull Hospital Brooklyn, New York

# FACULTY AT A GLANCE

**Rinki G. Agarwal, MD**SUNY Upstate University Hospital
Syracuse, NY

**Bala Bhagavath, MD** University of Rochester Medical Center Rochester, NY

Erin Denney-Koelsch, MD University of Rochester Medical Center Rochester, NY

Brad Hart MBA, MS, CMPE, CPC, COBGC

Reproductive Medicine Administrative Consulting, Inc.

**Jennifer Kirschenbaum, Esq.** Kirschenbaum & Kirschenbaum, P.C Garden City, NY Peter A. Kouides, MD

University of Rochester Medical Center Rochester, NY

Richard K Miller, PhD

University of Rochester Medical Center Rochester, NY

Paul Ogburn, MD

Jacobs School of Medicine and Biomedical Sciences University at Buffalo Buffalo, NY

**Steven J. Ognibene, MD** University of Rochester Medical Center Rochester, NY

**Burton Rochelson, MD** North Shore University Hospital Manhasset, NY Jessica M. Salamone, ScM, CGC Elizabeth Wende Breast Care Rochester, NY

**Steven Schwartz, JD, CPA, PFS**Wealth Design Retirement Services
Rochester, NY

**Neil S. Seligman, MD** University of Rochester Medical Center Rochester, NY

**Alexandra C. Spadola, MD** SUNY Upstate University Hospital Syracuse, NY

**Eddie H. Sze, MD** SUNY Upstate University Hospital Syracuse, NY



# **APRIL 28 Room: Cypress**

### 7:00 am - 10:30 am

# MACRA QUALITY PAYMENT PROGRAM: WHAT OB-GYNS NEED TO KNOW

(Room: Cypress D)



**Brad Hart MBA, MS, CMPE, CPC, COBGC** Reproductive Medicine Administrative Consulting, Inc.

10:30 am - 6:00 pm CODING COURSE (Room: Cypress D)



Brad Hart MBA, MS, CMPE, CPC, COBGC Reproductive Medicine Administrative Consulting, Inc.

### **GENERAL SESSIONS IN CYPRESS ABC**

# 11:00 am WELCOME & PROGRAM ANNOUNCEMENTS

11:15 am - 12:00 pm

# WHEN LIFE IS SHORT: THE LATEST IN PERINATAL PALLIATIVE CARE



**Erin Denney-Koelsch, MD, FAAHPM**Assistant Professor of Medicine & Pediatrics University of Rochester Medical Center Rochester. NY

### **Learning Objectives:**

- Explain the difference between perinatal palliative care and perinatal hospice
- 2. Determine the key components of a perinatal palliative care program
- 3. Describe the developmental process of coping with and planning for the birth of a baby with a life-threatening fetal condition

### 12:00 pm - 12:45 pm

# EXAMINING THE EVIDENCE FOR ADVERSE OUTCOMES WITH MORCELLATION



Bala Bhagavath, MD
Reproductive Endocrinology
Co-Director of the Fibroid Center
University of Rochester Medical Center
Rochester, NY

### **Learning Objectives:**

- Examine evidence of adverse outcomes with morcellation
- 2. Evaluate impact of ruling on care of women in the US
- 3. Examine alternatives to electromechanical morcellation

12:45 pm - 1:45 pm LUNCH ON YOUR OWN, SEE PAGE 11 FOR OPTIONS

### 1:45 pm - 2:15 pm

# LEAD EXPOSURES DURING PREGNANCY AND LACTATION: IDENTIFICATION AND INTERVENTIONS



### Richard Miller, MD, PhD

Professor of Obstetrics & Gynecology Professor of Environmental Medicine and of Pathology & Clinical Laboratory Medicine Director, MotherToBaby UR Medicine University of Rochester Medical Center Rochester, NY

### Learning Objectives:

- Identify sources of lead exposure prior to and during pregnancy and lactation
- 2. Review the symptoms and adverse effects in mothers and offspring at different levels of exposures to lead
- 3. Know interventions for lead exposures and resources to your care and support for mother and baby

### friday continued

### 2:15 pm - 3:00 pm

# SCREENING FOR ANEUPLOIDY: MAKING THE MOST OF MOMENTS FOR COUNSELING



Alexandra Spadola, MD Associate Professor Division of Maternal Fetal Medicine SUNY Upstate Medical University Syracuse, NY

### Learning Objectives:

- Review available screening products and criteria for use
- 2. Learn to counsel on the evidence
- 3. Prepare for common patient questions

### 3:00 pm - 3:45 pm EXHIBIT HALL SNACK BREAK

Explore the Exhibit Hall, mingle with colleagues, catch-up with faculty and satisfy your sweet tooth with an energizing and delicious afternoon snack and beverage.

### 3:45 pm - 4:30 pm TOP 5 LEGAL PRACTICE CONCERNS



Jennifer Kirschenbaum, Esq.
Partner
Kirschenbaum and Kirschenbaum, P.C.
Garden City, NY

### Learning Objectives:

- Examine areas of legal exposure other than malpractice
- 2. Protecting your practice with compliance
- Learn about exposure from employees and how to counteract it preventatively

### 4:30pm - 5:30pm

# DRUG PANEL: MEDICAL MARIJUANA & OPIOID USE & PRESCRIBING SUBOXONE



**Steven J. Ognibene, MD, FACS, FASCRS**Colorectal Specialist
Rochester Colon and Rectal Surgeons, PC
Rochester, NY



Neil S. Seligman MD, MS Assistant Professor Division of Maternal-Fetal Medicine University of Rochester Medical Center Rochester, NY

### **Learning Objectives:**

- Learn the history behind the use of marijuana in medicine
- 2. Understand pharmacology of medical marijuana
- 3. Review the NYS medical marijuana certification process
- 4. Analyze the burden of opioid use during pregnancy
- 5. Compare the pros and cons of buprenorphine compared to methadone
- 6. Peripartum management of women prescribed buprenorphine

### **WELCOME RECEPTION**

5:30 pm - 6:30 pm

Grab some refreshments and toast to the 2017 Annual Upstate Meeting. Our welcome reception is the perfect end to a fulfilling day of education and learning. Enjoy hors d'oeuvres as you meet familiar faces and make new connections.

# saturday

APRIL 29 GENERAL SESSION ROOM: Mohawk

### 7:30 am BREAKFAST

8:00 am PROGRAM ANNOUNCEMENTS

8:15 am - 9:15 am

# CANCER SCREENING PANEL: WHAT YOU NEED TO KNOW



Rinki Agarwal, MD
Assistant Professor of Obstetrics and
Gynecology
Medical Director of Gynecology Oncology
SUNY Upstate Medical University
Syracuse, NY



Jessica M. Salamone, ScM, CGC
Director of Genetic Counseling & Cancer Risk
Assessment
Elizabeth Wende Breast Care
Rochester, NY

### **Learning Objectives:**

- 1. Distinguish between different cancer gene panels
- 2. Determine the uses and pitfalls of genetic testing
- 3. Review current management guidelines for gene positive patients
- 4. Discuss databases used for variant classification and interpretation

### 9:15 am - 10:00 am

# MANAGEMENT OF GESTATIONAL DIABETES WITH ORAL MEDICATION VS INSULIN DURING PREGNANCY



Paul Ogburn, MD
Medical Director, Regional Perinatal Center of
Western New York
Clinical Professor of OB/GYN
University at Buffalo
Buffalo, NY

### **Learning Objectives:**

- Understand the current status of gestational diabetes and its treatment options and outcomes
- 2. Describe mechanisms of actions for oral medications and for insulin when used to treat gestational diabetes
- 3. Describe the appropriate use of oral agents and of different formulations of insulin when treating gestational diabetes

# saturday continued

APRIL 29 GENERAL SESSION ROOM: Mohawk

### 10:00 am - 10:30 am

# BREAK AND MARTIN STONE, MD RESEARCH DAY POSTER SESSION OPEN (Room: Tuscarora)

As part of the Iffath Abbasi Hoskins, MD Junior Fellow Research Day Contest, this session provides the opportunity for District II Junior Fellows to showcase their research projects. Posters will be prominently displayed and judged by the Junior Fellow Task Force on Awards. A monetary prize will be awarded to the winner.

### 10:30 am - 11:15 am

# ZIKA CASE STUDIES AND MECHANICS OF REPORTING



**Burt Rochelson, MD**Chief of Maternal-Fetal Medicine
Northwell Health System
Manhasset, NY

### **Learning Objectives:**

- 1. Determine the time sequence of various tests for Zika
- 2. Understand challenges with State or commercial testing
- 3. Distinguish reasons for not testing male partners

### 11:15 am - 12:00 pm BLADDER PAIN SYNDROME



**Eddie Sze, MD**SUNY Upstate University Hospital Syracuse, NY

### 12:00 pm - 1:00 pm ROUND-TABLE DISCUSSION & LUNCHEON

(Room: Cayuga)

1:00 pm - 2:30 pm

JUNIOR FELLOW/MEDICAL STUDENT ADVISORY COUNCIL MEETING

(Room: Chautauqua)

### 1:00 pm - 1:45 pm CLOTTING CONUNDRUMS IN OB/GYN



### Peter Kouides, MD

Clinical Professor of Medicine, Medical and Research

University of Rochester School of Medicine Director of the Mary M Gooley Hemophilia Center

Rochester General Hospital Health System Rochester, NY

### **Learning Objectives:**

- Identify three genetic and three acquired causes of thrombosis
- 2. Determine the proper indications and use of anticoagulants in pregnancy
- 3. Prescribe appropriate prophylaxis in the surgical setting in a thrombophilic patient

### 1:45 pm - 2:30 pm THE ROLE OF CONTROL IN RETIREMENT PLANNING



**Steven G. Schwartz, JD, CPA, PFS, RMA**President
Wealth Design Services Inc.
Rochester, NY

### **Learning Objectives:**

- Explore the role of intentionality in retirement planning
- 2. Describe an investment and tax planning paradigm appropriate to retirement
- 3. Understand how risk management changes as retirement approaches

### 2:30 pm - 3:00 pm

# IFFATH ABBASI HOSKINS, MD JUNIOR FELLOW RESEARCH DAY ORAL PRESENTATIONS

End your day encouraging our resident oral presenters. All contest winners will be announced at the presentations' conclusion!

3:00 pm MEETING ADJOURNS

# INTERACT, EXPLORE, NETWORK

### **EXHIBIT HALL**

The exhibit hall is a bustling one-stop shop to relax, network, test new products and find the tools and resources you need to stay ahead of the curve. Grab a cup of coffee with colleagues and faculty and interact with industry representatives who generously support District II.

### **EDUCATIONAL SYMPOSIA**

While you are at the Upstate Meeting you will have the opportunity to hear from leaders of industry talk in depth about important developments in the areas of OB/GYN through educational symposia sessions. This FREE session offers lunch and takes place during lunch hours so you don't have to miss any lectures on the official agenda!

### FREE WI-FI

ACOG District II is pleased to provide you with FREE Wi-Fi Internet service throughout the meeting spaces where the lectures and the exhibit hall will be located. Please keep in mind that wireless internet access and connectivity for large download can vary in meeting spaces, so you may wish to download the PDF syllabus from the ACOG District II website to your tablet in advance.

### **WELCOME RECEPTION**

End day one by catching up with your colleagues from around the state, ACOG leadership and faculty at our Annual Welcome Reception. Enjoy great food and drinks while renewing connections and making new ones. Attendees look forward to this relaxing event each year.

### INTERACT AND STAY CONNECTED!

# **CONTINUING MEDICAL EDUCATION CREDITS**

# ANNUAL DISTRICT II MEETING ACCME ACCREDITATION

### **ACCME ACCREDITATION**

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### AMA PRA CATEGORY 1 CREDIT(S)™

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 10 *AMA PRA Category 1 Credits.*™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### COLLEGE COGNATE CREDIT(S)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 10 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows *AMA PRA Category 1 Credits™* to be equivalent to College Cognate Credits.

# DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any significant financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are expected to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

### RECORDING DURING SCIENTIFIC PRESENTATIONS

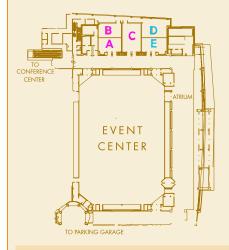
Audio recording, video recording, and photographic reproductions of material presented at scientific presentations are strictly prohibited for anyone other than those authorized by ACOG District II. Attendees are not permitted to bring audio, video, or photographic equipment into sessions.

### **EVALUATIONS**

As the accredited provider, the College is required to evaluate each activity it jointly sponsors. Evaluation of the scientific sessions is essential in planning for future programs. Your thoughtful feedback will help identify topics and speakers of greatest interest, and overall meeting quality. Please complete the evaluation form via the Survey Monkey link available at the registration table, during intermissions and on the District II website.

# CONVENTION FACILITIES—CHOOSE FUNCTIONALITY

General Session Friday April 28 in CYPRESS ABC **EVENT CENTER** 



-MACRA Workshop (Friday)

-Coding Course (Friday)

**CYPRESS DE** 

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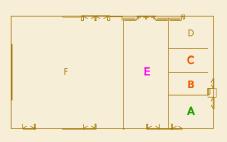




General Session Saturday April 29 in Mohawk (E)

CONFERENCE CENTER

[first floor]



- NAME: A-TUSCARORA B-CAYUGA C-ONONDAGA D-SENECA E-MOHAWK F-ONEIDA

Jr Fellow Posters (Saturday) - A

Friday & Saturday Lunch - B & C



[second floor]



NAME: A-CHAUTAUQUA B-CANANDAIGUA C-SARANAC

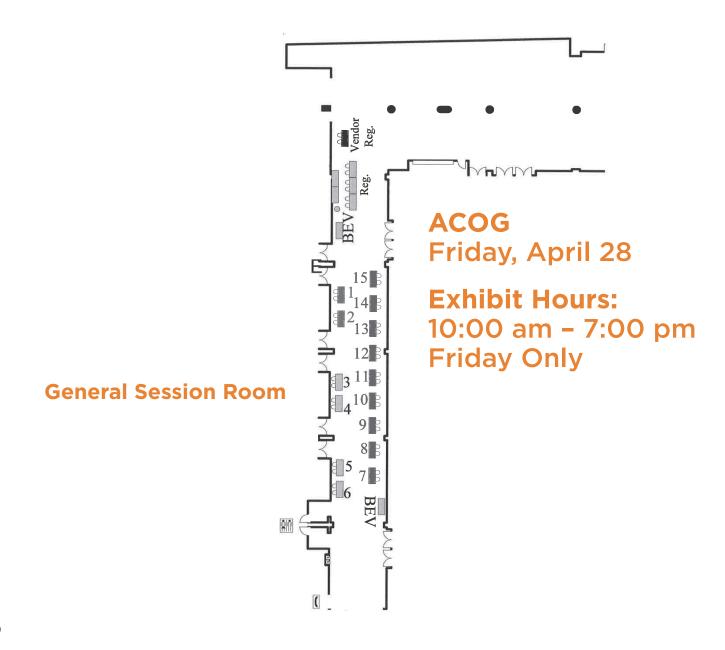
-Jr. Fellow Advisory Meeting

(Saturday)

Chautauqua (A)

# EXHIBITOR GUIDE 17 UPSTATE MEETING

# FRIDAY EXHIBIT FLOOR PLAN



# **EXHIBITORS**

ACOG Booth6
<b>Boston Scientific13</b> 646-263-1650
www.bostonscientific.com/en-US/medi- cal-specialties/gynecology/products.html
CNY Fertility Center
CooperSurgical
Female Health Company11 312.595.9123
Info@FC2.US.com www.FC2.US.com
Ferring Pharmaceuticals
www.ferringusa.com  Medical Liability Mutual Insurance Company (MLMIC)10 800-275-6564
www.mlmic.com  MERCK1
908-236-1125 www.merck.com
Myriad Genetic Laboratories, Inc
NYS Workers' Compensation Board14 Steve Smith, Deputy Executive Director

Steven.Smith@wcb.ny.gov

(518) 408-0469

www.wcb.ny.gov

Ob Hospitalists Group
Pfizer, Inc
Progenity, Inc
Salus Global

# INDUSTRY SPONSORED EVENTS (NON-CME)

Lunch Program 12:45pm - 1:45pm Friday, April 28, 2017

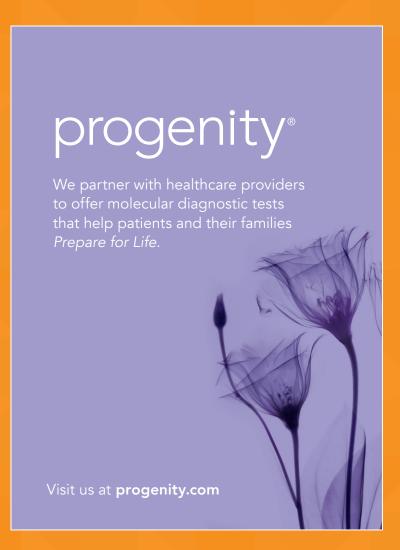
# **illumina**°

Non Invasive Prenatal Testing (NIPT) for All Patients in an Obstetrical Practice

Room: Cayuga

### Speaker:

Martin Chavez, MD Chief, Division of Maternal-Fetal Medicine Director, Fetal Therapy and Surgery Program Winthrop-University Hospital



Wi-Fi is available throughout the meeting space and hotel. No password needed.

### **MEETING APP LINK:**



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