

ACOG
District II

**FINAL
PROGRAM**



2016 UPSTATE MEETING

APRIL 29 + 30
Turning Stone Resort & Casino
Verona, NY

Jointly Provided by The American College
of Obstetricians and Gynecologists





WELCOME

Dear Colleague,

It is with great pleasure that I welcome you back to upstate New York! I am truly looking forward to two days of educational programming, networking with colleagues, and reconnecting with friends at the Turning Stone Resort & Casino. You will find this is an exciting venue for you and your families with an array of amenities, including spa and fitness facilities, nightlife, golf and world-class gaming.

District II strives to raise the bar in program and service offerings and deliver recognizable value to all meeting attendees. This engaging program will provide you with a foundation of knowledge, techniques, and best practices to help you succeed in the ever-changing field of obstetrics and gynecology. I am grateful to the District II Program Planning Committee for revitalizing the upstate meeting based on member request and need, and for developing a program featuring high caliber faculty. Our Scientific Program Co-Chairs, Robert K. Silverman, MD, FACOG and David L. Gandell, MD, FACOG, are to be commended for their academic guidance and leadership.

We have a remarkable line up of distinguished faculty, who will present scientific innovations and clinical updates over the next two days. The leaders are respected experts in our field, and I hope that you will join me in welcoming them to the District II Annual Upstate Meeting.

Please take advantage of the opportunity to visit our exhibitors who continue to support District II, meet familiar faces, and make new connections at the welcome reception Friday evening. And, most of all, enjoy yourself. ACOG District II leadership and staff are available to speak with you throughout the meeting. As always, we are here to support and assist you in your practice.

Before closing, I'd like to thank each of you for attending. You have the vision and the experience to blaze the trail for the next generation of leaders and help us shape the future of our specialty. I thank you for choosing to participate in the District II Annual Upstate Meeting and hope that you will find the experience rewarding.

Sincerely,

Nicholas Kulbida, MD, FACOG
Chair, ACOG District II

PROGRAM AT A GLANCE

FRI. April 29

8:00am- 12:00pm	Advisory Council Meeting (Invitation Only)
12:00pm	Exhibit Hall Opening
12:00pm	Welcome & Program Announcements
12:15-12:45pm	Late Breaking News - Zika Virus Update
12:45-1:45pm	Industry Lunch Symposia/ Exhibit Hall Open
1:45 - 3:15pm	Plenary Sessions
3:15pm-3:45pm	Snack Break in the Exhibit Hall
3:45pm-5:45pm	Plenary Sessions
5:45pm-7:00pm	Welcome Reception in Exhibit Hall

SAT. April 30

7:30am	Breakfast
8:00am	Program Announcements
8:15am-10:45am	Plenary Sessions
10:45am-11:00am	Break
11:00am- 12:00pm	Plenary Sessions
12:00-2:00pm	Nexplanon Certification Lunch
12:00-2:00pm	Jr. Fellow Advisory Council Meeting
2:00pm	Conclusion

PROGRAM CHAIRS



**David L. Gandell,
MD, FACOG**
Clinical Professor of
Obstetrics and Gynecology,
University of Rochester,
Strong Memorial Hospital
Rochester, NY



**Robert K. Silverman,
MD, FACOG**
Professor and Chairman,
Department OB/GYN,
State University of New York-
Upstate Medical University
and Crouse Hospital
Syracuse, NY

ACOG COMMITTEE ON CONTINUING MEDICAL EDUCATION



**Rebecca L. Shiffman,
MD, FACOG**
Director of Maternal-Fetal
Medicine, Woodhull Hospital,
Brooklyn, NY

FACULTY AT A GLANCE

Vanessa Barnabei, MD, PhD, FACOG
Jacobs School of Medicine and
Biomedical Sciences University at
Buffalo, The State University of
New York,
Buffalo, NY

Michelle M. Bode MD, MPH
Crouse Hospital, Syracuse, NY

Adrienne D. Bonham, MD, MS, FACOG
University of Rochester Medical Center,
Rochester, NY

Mary E. D 'Alton, MD, FACOG
Columbia University Medical Center,
New York, NY

Ramsay S. Farah, MD
State University of New York-
Upstate University Hospital,
Syracuse, NY

Renee E. Mestad, MD, MSCI, FACOG
State University of New York- Upstate
University Hospital,
Syracuse, NY

Katrina Nicandri, MD, FACOG
Department of OB/GYN, University of
Rochester, Strong Memorial Hospital,
Rochester, NY

John T. Queenan Jr., MD, FACOG
University of Rochester Medical Center,
Rochester, NY

Ruth Anne Queenan, MD, MBA, FACOG
University of Rochester Medical Center,
Rochester, NY

Renee Samelson, MD, MPA, FACOG
Albany Medical College, Albany, NY

Neil S. Seligman, MD, FACOG
University of Rochester Medical Center
Rochester, NY

Mark Shelly, MD
University of Rochester Medical Center
Rochester, NY

Swati Shivale, MD
State University of New York- Upstate
University Hospital, Syracuse, NY

Spencer L. Studwell, Esq.
University of Rochester Medical Center
Rochester, NY

Loralei L. Thornburg, MD, FACOG
University of Rochester Medical Center
Rochester, NY

Natalie Whaley, MD, MPH
University of Rochester Medical Center
Rochester, NY

James R. Woods, MD, FACOG
University of Rochester Medical Center
Rochester, NY

friday

APRIL 29 Room: Cypress

12:00PM

WELCOME & PROGRAM ANNOUNCEMENTS

12:15PM

LATE BREAKING NEWS – ZIKA VIRUS UPDATE



Mark Shelly, MD

Associate Professor of Medicine
University of Rochester School of Medicine
Medical Director, Passport Health of Upstate NY
Rochester, NY



Ruth Anne Queenan, MD, MBA, FACOG

University of Rochester Medical Center
Rochester, NY

Learning Objectives:

1. Describe the basics of transmission and disease caused by Zika virus
2. Outline what is known about Zika and pregnancy
3. Examine what CDC and NYS DOH want you to do about it

12:45PM - 1:45PM

LUNCH ON OWN, SEE PAGE 15 FOR OPTIONS

1:45PM - 2:15PM

CONTRACEPTION IN OBESITY



Renee E. Mestad, MD, MSCI, FACOG

Assistant Professor of Obstetrics and Gynecology, Division Chief of General Obstetrics and Gynecology, State University of New York-Upstate University Hospital, Syracuse, NY

Learning Objectives:

1. Identify how obesity may affect pharmacokinetics of contraception
2. Examine the safety and efficacy of methods available in the United States
3. Discuss contraceptive counseling for our patients

2:15PM - 2:45PM

CURRENT ISSUES IN OBSTETRICAL MALPRACTICE LITIGATION



Spencer L. Studwell, Esq.

Associate Vice President for Risk Management,
University of Rochester Medical Center,
Rochester, NY

Learning Objectives:

1. Identify the contributing factors to obstetrical malpractice claims
2. Analyze how to minimize the risk of obstetrical malpractice claims
3. Demonstrate how to prepare to successfully defend an obstetrical malpractice claim

2:45PM - 3:15PM

CHALLENGES IN VULVAR DISORDERS



Adrienne D. Bonham, MD, MS, FACOG

Associate Professor
Department of Obstetrics and Gynecology
University of Rochester Medical Center
Rochester, NY

Learning Objectives:

1. Determine how to diagnose and begin treatment for common vulvar dermatologic conditions
2. Identify common causes of vulvar pain and initiate appropriate treatment
3. Identify inflammatory vaginitis and initiate

3:15PM - 3:45PM

EXHIBIT HALL SNACK BREAK

Explore the Exhibit Hall, mingle with colleagues, catch-up with faculty and satisfy your sweet tooth with an energizing and delicious afternoon snack and beverage.

3:45PM - 4:15PM

PERINATAL ORAL HEALTH



Renee Samelson, MD, MPH, FACOG
Professor
Albany Medical College
Division of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology
Albany, NY

Learning Objectives:

1. Compare the process of perinatal oral health guideline development in NYS to national consensus statement
2. Discuss perinatal oral health research including the concept of the microbiome
3. Summarize how the guidelines can be incorporated into your practice

4:15PM - 5:15PM

OPIOID ADDICTION & NEONATAL ABSTINENCE PANEL



Neil S. Seligman MD, MS, FACOG
Assistant Professor
Division of Maternal-Fetal Medicine
University of Rochester Medical Center
Rochester, NY



Swati Shivale, MD
Senior Resident
Addiction Psychiatry
SUNY Upstate University Hospital
Syracuse, NY



Michelle M. Bode MD, MPH
Attending Neonatologist
Crouse Hospital
Syracuse, NY

Learning Objectives:

1. Determine the maternal and fetal risks of withdrawal from opioids
2. Distinguish the first steps in the management of opioid use
3. Examine basic strategies for the management of opioid withdrawal
4. Learning to effectively screen pregnant women for depression and drug use
5. Integrate the role of smoking cessation to minimize neonatal abstinence
6. Define the role of Bupropion to help with depression and smoking cessation
7. Define neonatal abstinence and its impact on maternal-newborn bonding
8. Interpret the magnitude of this epidemic in NY and the US

5:15PM - 5:45PM

MAGNESIUM SULFATE: USE IN OB & EFFECT ON PRETERM BIRTH



Lorelei L. Thornburg, MD, FACOG
Associate Professor
Department of Obstetrics and Gynecology
University of Rochester Medical Center
Rochester, NY

Learning Objectives:

1. Determine when to use magnesium for preterm birth & preeclampsia
2. Formulate the risks of magnesium and the patients at risk for magnesium toxicity
3. Apply evidence that magnesium improves birth outcomes





saturday

APRIL 30 Room: Mohawk

8:00AM - 8:15PM

PROGRAM ANNOUNCEMENTS

8:15AM - 8:45PM

RECURRENT PREGNANCY LOSS



John T. Queenan Jr., MD, FACOG

Professor
Department of Obstetrics and Gynecology
University of Rochester Medical Center
Rochester, NY

Learning Objectives:

1. Initiate the work-up of RSAb
2. Give patients prognostic information about future pregnancies once the work-up has been performed
3. Describe the new developments in this field and how they might apply to their patients

8:45AM - 9:45AM

THE CASE FOR ELECTRONIC FETAL MONITORING CREDENTIALING



Mary E. D'Alton, MD, FACOG

Willard C. Rappleye Professor and Chair
Department of Obstetrics and Gynecology
Columbia University Medical Center/NewYork-Presbyterian Hospital
New York, NY

Learning Objectives:

1. Review the background of fetal heart rate monitoring
2. Assess the necessity of a credentialing exam
3. Share the Perinatal Quality Foundation's efforts in the development and implementation of an exam

9:45AM - 10:15AM

THE ROLE OF THE GYNECOLOGIST IN BREAST CANCER MANAGEMENT



James R. Woods, MD, FACOG

Professor
Department of Obstetrics and Gynecology
University of Rochester Medical Center
Rochester, NY

Learning Objectives:

1. Review the prevalence of breast cancer
2. Explain biology of the most common complaints seen by the Gynecologist
3. Provide a strategy for current management options

10:15AM - 10:45AM

MENOPAUSE MANAGEMENT FOR THE OBESE WOMAN



Vanessa Barnabei, MD, PhD, FACOG

Professor and Chair
Department of Obstetrics and Gynecology
Jacobs School of Medicine and
Biomedical Sciences University at Buffalo
The State University of New York
Buffalo, NY

Learning Objectives:

1. Compare menopause symptoms in obese vs non-obese women
2. Discuss menopause management options, risks and benefits
3. Discuss impact of obesity on management options

10:45AM - 11:00AM

BREAK

Concurrent Sessions

11:00AM - 11:30AM (Tuscarora)

COMMON DERMATOLOGIC DIAGNOSES IN PREGNANCY



Ramsay S. Farah, MD

State University of New York
Upstate University Hospital
Syracuse, NY

Learning Objectives:

1. Become familiar with the most dermatoses of pregnancy
2. Understand the clinical features of these dermatoses and thus be able to distinguish them
3. Determine first and second line therapies for these entities

11:00AM - 12:00PM (Mohawk)

IMMEDIATE POSTPARTUM LONG ACTING REVERSIBLE CONTRACEPTION (LARC)



Katrina Nicandri, MD, FACOG

Assistant Professor
Department of Obstetrics & Gynecology
University of Rochester Medical Center
Strong Memorial Hospital
Rochester, NY

Natalie Whaley, MD, MPH

Assistant Professor
Department of Obstetrics and Gynecology
University of Rochester School of Medicine
Rochester, NY

Learning Objectives:

1. Discuss clinical and public health considerations of improving postpartum contraceptive use
2. Review steps for post-placental IUD and contraceptive implant insertion
3. Consider clinical and policy challenges to improving contraceptive access in the postpartum period

12:00PM

ADJOURNMENT

See page 15 for Lunch Workshop



INTERACT, EXPLORE, NETWORK

EXHIBIT HALL

The exhibit hall is a bustling one-stop shop to relax, network, test new products and find the tools and resources you need to stay ahead of the curve. Grab a cup of coffee with colleagues and faculty and interact with industry representatives who generously support District II.

EDUCATIONAL SYMPOSIA

While you are at the Upstate Meeting you will have the opportunity to hear from leaders of industry talk in depth about important developments in the areas of OB/GYN through educational symposia sessions. These FREE sessions offer lunch and take place during the lunch hours so you don't have to miss any lectures on the official agenda! Watch for more information pertaining to the topics that will be presented at this year's meeting.

INTERACT AND STAY CONNECTED!

FREE WI-FI AND CHARGING STATIONS

ACOG District II is pleased to provide you with FREE Wi-Fi Internet service throughout the Hotel where the lectures and the exhibit hall will be located. Please keep in mind that wireless Internet access and connectivity for large download can vary in meeting spaces, so you may wish to download the PDF syllabus from the ACOG District II website to your tablet in advance.

Because an electronic device is only as good as the amount of battery life it has left, FREE charging stations will be available in the main meeting room where lectures will be held throughout the two days.

WELCOME RECEPTION

End day one by catching up with your colleagues from around the state, ACOG leadership and faculty at our Annual Welcome Reception. Enjoy great food and drinks while renewing connections and making new ones.



CONTINUING MEDICAL EDUCATION CREDITS

ANNUAL DISTRICT II MEETING ACCME ACCREDITATION

ACCME ACCREDITATION

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA CATEGORY 1 CREDIT(S)[™]

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 7 **AMA PRA CATEGORY 1 CREDITS[™]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COLLEGE COGNATE CREDIT(S)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 7 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits[™]** to be equivalent to College Cognate Credits.

DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have

disclosed any significant financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are expected to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

RECORDING DURING SCIENTIFIC PRESENTATIONS

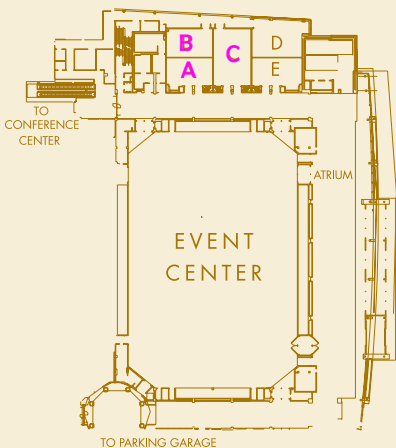
Audio recording, video recording, and photographic reproductions of material presented at scientific presentations are strictly prohibited for anyone other than those authorized by ACOG District II. Attendees are not permitted to bring audio, video, or photographic equipment into sessions.

EVALUATIONS

As the accredited provider, the College is required to evaluate each activity it jointly sponsors. Evaluation of the scientific sessions is essential in planning for future programs. Your thoughtful feedback will help identify topics and speakers of greatest interest, and overall meeting quality. Please complete the evaluation form via the Survey Monkey link available on our website www.acogny.org.

CONVENTION FACILITIES—CHOOSE FUNCTIONALITY

General Session Friday April 29
in CYPRESS ABC
EVENT CENTER

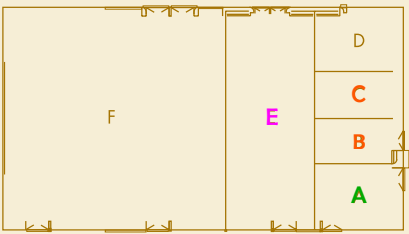


Turning Stone® RESORT | CASINO



General Session Saturday April 30
in Mohawk (E)
CONFERENCE CENTER

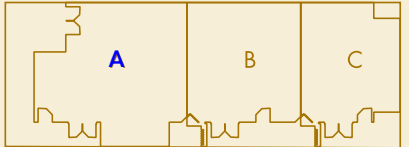
[first floor]



NAME:
A-TUSCARORA
B-CAYUGA
C-ONONDAGA
D-SENECA
E-MOHAWK
F-ONEIDA

Concurrent Session (Saturday) - A
Friday Lunch Symposia - B & C

[second floor]



NAME:
A-CHAUTAUQUA
B-CANANDAIGUA
C-SARANAC

Nexplanon Workshop (Saturday)
Chautauqua (A)

ACOG
District II

EXHIBITOR GUIDE

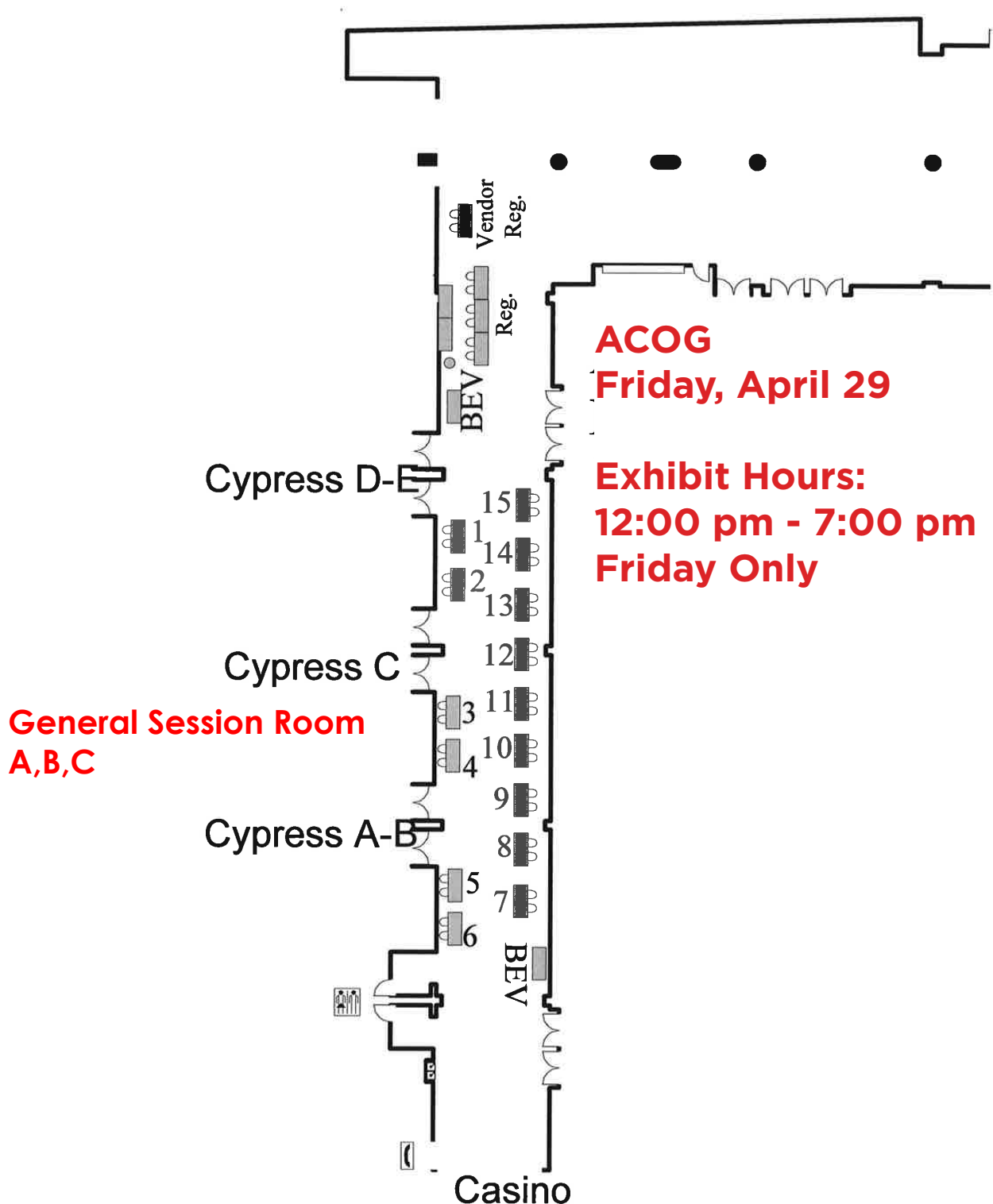
16 **UPSTATE
MEETING**

APRIL 29 + 30

**Turning Stone Resort & Casino
Verona, NY**

Jointly Provided by The American College of
Obstetricians and Gynecologists

FRIDAY EXHIBIT FLOOR PLAN



EXHIBITORS

CNY Fertility ... 12

www.cnyfertility.com

CooperSurgical ... 11

Kathy Marino
kathy.marino@coopersurgical.com
203-601-5200
www.coopersurgical.com

Duchesnay USA ... 15

484-380-2641
info@duchesnayusa.com
www.duchesnayusa.com

Ferring Pharmaceuticals ... 4

973-600-8200
jeffrey.kotkin@ferring.com
www.ferringusa.com

Hologic ... 13

Elicia Clegg
elicia.clegg@hologic.com
585-735-5495
www.Hologic.com

Lumara Health ... 14

716-818-9731
www.lumarahealth.com

Medical Liability Mutual Insurance Company (MLMIC) ... 9

212-576-9800
information@mlmic.com
www.mlmic.com

MERCK ... 2

908-236-1125
www.merck.com

Myriad Genetic Laboratories, Inc ... 6

www.myriadpro.com
Wendy S. Yacobucci RN, BSN
wyacobuc@myriad.com
315-399-0737
David McPeak
dmcpeak@myriad.com
607-765-4533
Vicki Mariani
vmariani@myriad.com
716-713-9152

Ob Hospitalists Group ... 8

508-237-2034
www.OBHG.com

Progenity, Inc. ... 1

855-293-2639
Shannon.goodwin@progenity.com
www.progenity.com

Roche Diagnostics ... 10

Marcie.seiler@roche.com
www.roche.com

Sequenom Laboratories ... 5

858-202-9000
clientservices@sequenom.com
www.sequenom.com

Sigma Tau Pharmaceutical ... 7

stefano.rizzotto@sigmatau.com

Smith & Nephew ... 3

Mike.frey@smith-nephew.com
www.sntruclear.com



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2016-0052-01 Mar 2016

INDUSTRY SPONSORED EVENTS (NON-CME)

Lunch Programs 12:45pm – 1:45pm Friday, April 29, 2016



BRCA & Beyond: The Emerging Role of Hereditary Cancer Multi-Gene Panels

Room: Cayuga

Speaker:

Jessica M. Salamone, ScM, CGC, Director of Genetic Counseling and Cancer Risk Assessment, Elizabeth Wende Breast Care, Rochester, NY



Reducing the Risk of Recurrent Preterm Birth in Certain At-Risk Women

Room: Onondaga

Speaker:

David L. Gandell, MD, FACOG, Clinical Professor of Obstetrics and Gynecology, University of Rochester, Strong Memorial Hospital Rochester, NY

Saturday, April 30, 2016 12pm – 2pm



Nexplanon® Certification Workshop Limited Space Available

Room: Chautauqua

This Clinical Training Program for NEXPLANON is offered to all eligible health care providers in this live 2-hour, hands-on workshop. You will work together with a certified trainer, and will be provided with a take home kit including test arms, placebo rods, and insertion/removal videos.

Myriad myRisk® is revolutionizing hereditary cancer testing



For more info on how to implement genetic testing as a standard of care in your practice, please visit our conference booth and:

www.MyriadPro.com



Merck Women's Health Division is proud to support ACOG District II



Visit us at booth 2



We're committed to the
fight against prematurity.



Lumara
Health™

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Preterm birth is an important public health concern. We focus our efforts with the end goal in mind—helping women carry their pregnancies to full term—by collaborating with stakeholders to advance patient care, investing in research and providing education.

Prepare for life.

Because knowledge today is strength tomorrow.

We partner with you to offer high-quality tests with clear, actionable results that enable informed medical decisions.

To learn more about our genetic carrier screening and non-invasive prenatal DNA screening options, visit us at **booth #1** or at progenity.com.



Progenity® is a registered service mark of Progenity, Inc.

Wi-Fi is available throughout the meeting space and hotel. No password needed.

SAVE THE DATE!

2016 Annual District II Meeting

American Congress of Obstetricians & Gynecologists

SAVE THE DATE!

October 21-23, 2016

Grand Hyatt Hotel NYC
Register online at
ACOGNY.org

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