

2016 NASUAD Spring Membership Meeting

*Community Choice Credit Union Convention Center
Iowa Events Center, Des Moines, IA
Sunday, May 22nd - Thursday, May 24th*

Spring Membership Meeting

SUNDAY, MAY 22

5:00 p.m. – 8:00 p.m. **NASUAD Board Dinner and In-Person Meeting**
Room 210, Renaissance Savery Hotel, 401 Locust St., Des Moines, IA
Chaired by Gary Jessee, Associate Commissioner Medicaid/CHIP,
Health and Human Services, Texas

MONDAY, MAY 23

8:00 a.m. – 9:00 a.m. **Continental Breakfast**
Grand Concourse

9:00 a.m. – 12:00 p.m. **MLTSS Symposium**
Rooms 308-310
9:00 a.m. – 10:30 a.m.: Introductions and Discussions: The State of
the States – MLTSS
Speakers: Camille Dobson, Deputy Executive Director, NASUAD;
State Panelists

10:30 a.m. – 10:45 a.m.: Break

Agenda

10:45 a.m. – 12:00 p.m.: Emerging Trends in MLTSS Quality Measurement

Elder Law Intensive

Rooms 306 & 307

9:00 a.m. – 10:00 a.m.: The Iowa Uniform Power of Attorney Act
Speakers: **Margaret Van Houten**, Attorney, Davis Brown Law Firm;
Josephine Gittler, Professor of Law, University of Iowa

10:00 a.m. – 10:45 a.m.: The Legal Standards of Competency: Guardianship/Conservatorship
Speaker: **Frank Tenuta**, Managing Attorney, Iowa Legal Aid

10:45 a.m. – 11:00 a.m.: Break

11:00 a.m. – 12:00 p.m.: Medical Capacity Determinations
Speaker: **Dr. Robert Bender**, Geriatric Medicine and Memory Center, Broadlawns Medical Center

Oral Health Intensive

Rooms 316 & 317

9:00 a.m. – 10:00 a.m.: Collective Impact- Lifelong Smiles Coalition
Speakers: **Suzanne Heckenlaible**, Executive Director, Delta Dental of Iowa Foundation; **Di Findley**, Executive Director, Iowa CareGivers Association; **Penni Ryan**, Director, Office of Education and Training, University of Iowa College of Dentistry & Dental Clinics; **Tracy Rodgers**, Community Health Consultant, Iowa Department of Public Health

10:00 a.m. – 11:00 a.m.: Medical Management of Caries
Speaker: **Dr. Arwa Owais**, Associate Professor, University of Iowa College of Dentistry

11:00 a.m. – 12:00 p.m.: Donated Dental Services for Older Adults & People with Disabilities and the Dental HouseCalls Program

Speaker: **Jenifer Koberstein**, Vice President of Program Services, Dental Lifeline Network

Employment Intensive: Options for Seniors and People with Disabilities

Rooms 318 & 319

9:00 a.m. – 9:30 a.m.: Welcome and Introductions

Speakers: **Damon Terzaghi**, Senior Director of Medicaid Policy and Planning, NASUAD; **Becky Harker**, Executive Director, Iowa Developmental Disabilities Council

9:30 a.m. – 10:30 a.m.: Overview of Research

Speakers: **Kelsey Walter**, Director of NCI-AD, NASUAD; **Julie Bershadsky**, Director of NCI-AD, HSRI; **Tammy Amsbaugh**, University of Iowa

10:30 a.m. – 10:45 a.m.: Break

10:45 a.m. – 12:00 p.m.: State Policy Efforts

Speakers: **Becky Harker**, Executive Director, Iowa Developmental Disabilities Council; **Amy Desenberg-Wines**, Consultant, Disability Consulting, LC; **Marissa Catalon**, Day Services Administrator, Delaware

12:00 p.m. – 1:30 p.m.



Luncheon Teledentistry Plenary: Changing Dental Care

Ballroom A

Welcome and Introduction

Jeff Russell, President, Delta Dental of Iowa Foundation

Speaker: Dr. Paul Glassman, Director, Pacific Center for Special Care, University of the Pacific Arthur A. Dugoni School of Dentistry

Five years ago, Dr. Glassman started the Virtual Dental Home Demonstration Project to show that teledentistry could provide a means to improve access at low costs in California. His Demonstration Project was so successful that Medi-Cal now reimburses for Teledentistry. During this plenary, Dr. Glassman will share his vision for how teledentistry can be used to help underserved populations.

Dr. Glassman serves as the director of community oral health at the University of the Pacific Arthur A. Dugoni School of Dentistry. He is a nationally recognized expert in oral health care for people with developmental disabilities and complex medical conditions and other vulnerable populations.

1:30 p.m. – 5:00 p.m.

MLTSS Symposium

Rooms 308-310

1:30 p.m. – 2:45 p.m.: Approaches to Medicare Coordination

2:45 p.m. – 3:45 p.m.: Best Practices in Employment

3:45 p.m. – 4:45 p.m.: What does the New Medicaid Managed Care Rule Mean for MLTSS Programs?

4:45 p.m. – 5:00 p.m.: Wrap-up and Overview of Tuesday

Elder Law Intensive

Rooms 306 & 307

1:30 p.m. – 2:30 p.m.: Advance Directives

Speaker: Jo Kline Cebuhar, Author and Speaker

2:30 p.m. – 3:00 p.m.: Administrative Appeals

Speaker: Jennifer Donovan, Attorney, Iowa Legal Aid

3:00 p.m. – 3:15 p.m.: Break

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3:15 p.m. – 4:00 p.m.: Mediation

Speaker: **Kristen Hall**, Attorney, KH Mediation

4:00 p.m. – 5:00 p.m.: Screening of and Qualifications for
Fiduciaries

Speaker: **Sally Balch Hurme**, Attorney, Center for Guardianship
Certification

Oral Health Intensive

Rooms 316 & 317

1:30 p.m. – 2:30 p.m.: Oral Health Care Delivery Models

Speaker: **Dr. Howard Cowen**, Administrator, Iowa Long Term
Care Facility

2:30 p.m. – 3:30 p.m.: Expanding Oral Health Services into
Coordinated Services/ Community Hub

Speakers: **Gretchen Brown**, CEO, Stonehill Community Center;
Mike Isaacson, CEO, NEI3A; **Dr. Dan Branson**, Dental Director,
Crescent Community Health Center

3:30 p.m. – 5:00 p.m.: Connected Conversations

Employment: Options for Seniors & People with Disabilities Intensive

Rooms 318 & 319

1:30 p.m. – 2:30 p.m.: MLTSS and Employment

Speakers: **Merrill Friedman**, Senior Director of Disability Policy
Engagement, Anthem Inc; **Lisa Mills**, Owner, Moving To A
Different Drum, LLC

2:30 p.m. – 2:45 p.m.: Break

2:45 p.m. – 3:45 p.m.: Project Search

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Speaker: Paula Johnson, Program Specialist, Cincinnati Children's Hospital Medical Center

3:45 p.m. – 4:45 p.m.: Family Employment Awareness Training (FEAT)

Speaker: Judith M. Gross, Ph.D., Research Assistant, Professor, Principal Investigator, University of Kansas, Beach Center on Disability

6:00 p.m. – 8:00 p.m. **NASUAD Dinner**
Centro
1003 Locust Street
Des Moines, IA

TUESDAY, MAY 24

7:30 a.m. – 8:30 a.m. **Continental Breakfast**
Ballroom Foyer

8:30 a.m. – 10:45 a.m. **Opening Plenary**
Ballroom A

Welcome and Introductions

Donna Harvey, Director, Iowa Department on Aging

Gary Jessee, Associate Commissioner Medicaid/CHIP, Health and Human Services, Texas

8:30 a.m. – 9:00 a.m.



Opening Remarks from Lieutenant Governor Kim Reynolds

Kim Reynolds, a former state senator and county treasurer, serves as Iowa's 45th Lieutenant Governor. She was elected Iowa's Lieutenant Governor on November 2, 2010. Kim truly understands the

importance of fiscal responsibility, job creation, education, and technology.

As Lieutenant Governor, Kim uses her in-depth understanding of Iowa's small towns and urban communities to continually move Iowa forward with bold economic development initiatives. Kim co-chairs the Iowa Partnership for Economic Progress board, which is comprised of CEOs from the state's major industries.

Each year, Kim travels to all 99 counties and enthusiastically listens to Iowans of all ages. She actively seeks to learn how Iowa can become an even stronger state. Whether it's meeting with women business owners or rural farmers, Kim embraces the opportunity to gain insights into their concerns or encourage collaboration.

On the national front, Kim is Chair for the National Lieutenant Governors Association. A native of St. Charles, Iowa, Kim enjoys her small town roots. Kim and her husband reside in Osceola. They are proud parents to three daughters and seven grandchildren.

9:00 a.m. – 9:45 a.m.

Iowa's Medicaid Modernization Panel Discussion

Ballroom A

Representatives from the three managed care organizations selected to participate in the Iowa Health Link will partake in an interactive discussion on Iowa's new initiative and what it means for seniors and individuals with disabilities.

Welcome and Introductions

Steve Crew, Chair, Iowa Developmental Disabilities Council

Moderator:

Martha Roherty, Executive Director, NASUAD

Speakers:

Kim Foltz, CEO, UnitedHealthcare Community Plan of Iowa

Cynthia MacDonald, President, Amerigroup Iowa, Inc.

Cheryl Harding, Market President, AmeriHealth Caritas Iowa, Inc.

Mikki Stier, Iowa Medicaid Director

9:45 a.m. – 10:45 a.m.

How Has MLTSS Worked in Other States?

Ballroom A

In this panel discussion, audience members will hear from states from around the country regarding their experience in moving their long term services and supports Medicaid benefits from fee-for-service to managed care. States will talk about their struggles, solutions, innovations, and ongoing challenges.

Welcome and Introductions

Betty Grandquist, Commission Chair, Iowa Commission on Aging

Moderator:

Camille Dobson, Deputy Executive Director, NASUAD

Speakers:

Gary Jessee, Associate Commissioner Medicaid/CHIP, Health and Human Services, Texas

Patti Killingsworth, Assistant Commissioner, TennCare

David Rogers, Assistant Deputy Secretary, Medicaid Health Systems, Florida Agency for Health Care Administration

10:45 a.m. – 11:00 a.m.

Break

11:00 a.m. – 12:15 p.m.

MLTSS Symposium- Discussion: Innovations in MLTSS Service Delivery

Rooms 308-310

Improvement and change must happen at the provider level in order to move systems forward; MLTSS programs are no different. This session will highlight innovations at the site of service delivery that have added value to MLTSS systems.

Concurrent Sessions Offered:

Missouri Initiative: Development of Quality, Affordable, Universally Designed Housing for Citizens in Need

Room 306

Using Technology to Improve Wellness: Two Emerging Services
Room 307

Helping Vulnerable Consumers Afford Medicare
Room 316

Making Roads to Community Living with MFP: Iowa's Partnership for Community Integration and Georgia's Innovative Home Care Ombudsman Service
Room 317

Prepare to Care: Iowa Direct Care Workforce Initiative
Room 318

Medicaid 101
Room 319

12:15 p.m. – 1:15 p.m. **Bag Luncheon in Exhibit Hall**
Ballroom A & B

1:15 p.m. – 2:30 p.m.

Talk to CMS

Rooms 308-310



Enjoy the opportunity to dialogue directly with senior leadership for MLTSS at CMS. CMS will address new Medicaid managed care regulations as well as HCBS Reg implementation and provide an opportunity for open Q&A. Audience members will have the chance to sign-up to have one-on-one conversations with Mike Nardone later in the afternoon, when he will keep office hours in Room 320.

Speaker: **Michael Nardone**, Director, Disabled and Elderly Health Program Group

Mike has a wealth of state experience having held a series of positions in Pennsylvania state and local government, including acting secretary of the Pennsylvania Department of Public Welfare (DPW) from 2007-2010. In this role, Mike led the delivery of state sponsored health and human service programs serving more than 2 million low-income Pennsylvanians, and helped lead health care reform efforts in the Commonwealth, including implementation of major policy and funding initiatives such as health homes, improved integration of health care services for dual eligibles, and health information technology.

Most recently, Mike was a Managing Principal at Health Management Associates (HMA), focusing on helping states to improve systems of care for Medicaid beneficiaries with multiple chronic conditions. In this role he was involved with the Innovation Accelerator Program (IAP) work that assists states in developing strategies to better serve beneficiaries with complex needs and high costs. At HMA, he also led a technical assistance team for a National Governors' Association Policy Academy devoted to improving care

for this population, and has co-authored several papers published by the Kaiser Commission on Medicaid and the Uninsured, including papers on state implementation of health homes authorized by the ACA.

Concurrent Sessions Offered:

Putting the Center in Senior Center: Innovative Techniques to Promote Socialization, Health/Wellness, and Supportive Services
Room 306

Prevention is Possible: New Money, New Curricula, Applying Lessons Learned
Room 307

Elevate Aging in Iowa
Room 316

The Art of Impact: Self-Advocacy for People with Disabilities
Room 317

Outstanding Care Through Innovative Technology
Room 318

The Future of Engagement: Connecting Patients, Providers and Plans in the Mobile Era
Room 319

2:30 p.m. – 3:00 p.m.

Welcome to the NASUAD Meeting
Rooms 308-310

Chaired by Gary Jessee, Associate Commissioner Medicaid/CHIP,
Health and Human Services, Texas

Business Meeting

NASUAD Update

3:00 p.m. – 4:00 p.m.

Round 1: State Innovations and Solutions

Rooms 308-310

States serve not only as the laboratories for democracy, but also as the laboratory for long term services and supports (LTSS) programs. From the development of the first Aging and Disability Resource Center, to combining aging and disability programs into a single agency, to the development of tools to be used to measure quality of LTSS programs, great ideas begin with states. In the “State Innovations and Solutions” series during the meeting, each state will be called upon to provide a 5 minute summary about their most creative and innovative solution. Over the course of the next day and a half, many ideas will be shared and promoted. At the end of each round, members will vote for the state with the most creative and innovative solution. Awards will be given to the winner of each round.

Moderator:

Gary Jessee, Associate Commissioner Medicaid/CHIP, Health and Human Services, Texas

Speakers:

Emily Marsal, Alabama Department of Senior Services

Camille George, Deputy Commissioner, Vermont Department of Disabilities, Aging & Independent Living

Marcey Alter, Deputy Director, Medicaid Aging & Special Populations, Georgia Department of Community Health

Kari Benson, Director, Minnesota Board on Aging

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Jean Bohnhoff, Director, Illinois Department on Aging
Duane Mayes, Director, Alaska Bureau of Senior and Disabilities Services
Jennifer Frischmann, Chief of Long Term Services and Support with the Division of Health Care Financing and Policy, Nevada
Cynthia Brammeier, Administrator, State Unit on Aging, Nebraska

4:00 p.m. – 5:00 p.m. Federal Policy Update

Rooms 308-310

In this session, participants will hear from NASUAD about their public policy committees' current work and major advocacy goals. Participants will also be updated on a wide array of federal policy changes from CMS to ACL to DOL.

Speakers:

Donna Harvey, Director, Iowa Department on Aging
Damon Terzaghi, Senior Director, Medicaid Policy and Planning
NASUAD

5:00 p.m. – 6:30 p.m. Reception with Vendors

Ballroom B

7:00 p.m. – 11:00 p.m. Evening Event with NASUAD Members

Embassy Club
666 Grand Avenue
Des Moines, Iowa

WEDNESDAY, MAY 25

7:30 a.m. – 8:30 a.m. Continental Breakfast

Ballroom Foyer

8:30 a.m. – 10:00 a.m.



Plenary: Dare to Dream: Dare to Act: Unlock Your Ideas to Greater Success

Ballroom A

Terry Rich is CEO of the Iowa Lottery, appointed by Iowa's Governor in February, 2009. Prior to that, he was CEO of Iowa's Blank Park Zoo, President and CEO of Rich Heritage, Inc. — a national marketing and television production company producing shows for HBO, ESPN, Comcast, etc. — and Vice President of Marketing for Heritage Communications, Inc. He has won numerous entrepreneur awards in television production and marketing, has a BS in Speech from Iowa State University, and is a member of the ISU Board of Governors. You may have seen him on national television, ranging from hosting *Starz!* to making a panel guest appearance on *Johnny Carson's Tonight Show*. In the late 1990's, he served as co-host of the *Bill Riley State Fair Talent Search*.

As an Iowa entrepreneur in the 1990's, Terry developed four other companies, along with Rich Heritage, Inc., which include: radio station KBBM, US Digital Video, Newsletter Ease, and the World Championship Socker League, LLC.

As CEO of the Iowa Lottery, Terry leads Iowa's \$250 million enterprise, which generates nearly \$60 million yearly to the state's general fund and to the Iowa Veteran's Trust Fund. He also serves on the executive board of Powerball and the new Multi-State Lottery game being developed for the United States.

10:00 a.m. – 10:15 a.m. Break

10:15 a.m. – 11:30 a.m. The Results are In: National Core Indicators - Aging and Disability
Rooms 308-310

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In this session, states will be briefed on the results from the first six states to use the NCI-AD tool. Participants will hear directly from participating states on what they hope to do with the findings.

Moderator:

Kelsey Walter, Director, NCI-AD, NASUAD

Speakers:

Julie Bershadsky, Director, NCI-AD, HSRI

Jed Ziegenhagen, Director, Colorado's Office of Community Living

Lowell Arye, President, Aging and Disability Policy and Leadership Consulting, LLC

11:30 a.m. – 12:15 p.m. A Conversation with CMS

Rooms 308-310

In this state-only session, NASUAD members will have the opportunity to have a conversation with CMS regarding Medicaid LTSS program and policy. Mike Nardone, the Director of the Disabled and Elderly Health Programs Group at CMS, will present on current issues and priorities for DEHPG. Following the presentation there will be time for Q&A and discussion.

Chaired by Gary Jessee, Associate Commissioner Medicaid/CHIP, Health and Human Services, Texas

Speaker:

Mike Nardone, Director, Disabled and Elderly Health Programs Group, Centers for Medicaid & CHIP Services, CMS

12:15 p.m. – 1:15 p.m. Lunch Discussion: Round 2 of State Innovations and Solutions

Rooms 308-310

Speakers:

Craig Cloud, Director, Arkansas Division of Aging and Adult Services

Yonda Snyder, Director, Indiana Division of Aging

Sara Tribe Clark, Associate Director, ADRC, District of Columbia
Office on Aging

Elizabeth Ritter, Commissioner, Connecticut State Department on
Aging

1:15 p.m. – 2:15 p.m.

AARP's Caregiver Advise, Record, Enable (CARE) Act
Rooms 308-310

AARP has launched a major initiative to protect and support caregivers in their journey through institutionalizations. Come learn why this is such an important project for AARP.

Welcome and Introductions

Gary Jessee, Associate Commissioner Medicaid/CHIP, Health and
Human Services, Texas

Speaker:

Elaine Ryan, Vice President, State Advocacy and Strategy Integration,
AARP

2:15 p.m. – 2:30 p.m.

Break

2:30 p.m. – 3:00 p.m.

**Challenging the Prevailing Winds: Mapping Your Road to
Excellence**

Rooms 308-310

Lean is a methodology consisting of a collection of principles which utilizes a universal set of tools that improves the speed of any process by eliminating waste and is used in a variety of industries from manufacturing to social work. It provides the opportunity to look at

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things differently and instills a culture of continuous improvement through its 5 principles. Come see how you too can challenge the prevailing winds, break down silos between departments, divisions, organizations, etc., and map your way to excellence.

Moderator:

Donna Harvey, Director, Iowa Department on Aging

Speakers:

Linda Hildreth, Executive Officer, Policy & Planning Division, Iowa Department on Aging

Marcia Tope, Lean Facilitator

3:00 p.m. – 3:15 p.m.

Break

3:15 p.m. – 3:45 p.m.

ACL Update

Rooms 308-310

Jim Varpness, ACL Regional Administrator, will provide information and materials being developed by ACL on the 2016 Older Americans Act Reauthorization, as well as the process ACL is using for the implementation of the new Long-Term Care Ombudsman Rule, which is effective July 1, 2016.

Speaker:

Jim Varpness, Regional Administrator, ACL Region V

3:45 p.m. – 5:00 p.m.

Round 3: State Innovations and Solutions

Rooms 308-310

Moderator:

Gary Jessee, Associate Commissioner Medicaid/CHIP, Health and Human Services, Texas

Speakers:

Lee Grossman, Coordinator of Waivers and Home Care Services
Program, Wyoming

Bonnie Burman, Director, Ohio Department on Aging

Charles Fogarty, Director, Rhode Island Department of Elderly
Affairs

5:30 p.m. – 7:00 p.m.

Reception

Renaissance Des Moines Savery Hotel
Ballroom One
401 Locust Street
Des Moines, IA 50309

THURSDAY, MAY 26

8:00 a.m. – 9:00 a.m.

Continental Breakfast

Grand Concourse

9:00 a.m. – 10:15 a.m.

Managed Care 101

Room 308

Understanding Social Determinants of Health

Room 309

The Role of AAAs in MLTSS: Lessons Learned from Other States

Room 310

**A Review of the Clinical Eligibility Determination Process for
Massachusetts Medicaid's Waiver Populations**

Room 318

My Support: A New Tool for Empowering Seniors and People with Disabilities

Room 319

10:15 a.m. – 10:30 a.m. Break

10:30 a.m. – 11:45 a.m. Financial Sustainability for Nonprofit Disrupting the Not-for-Profit Business Model

Room 308

Who's in Charge? Substitute Decision Makers and the Team Approach of Person Centered Decision Making

Room 309

More Than a Meal: Supporting Health and Independence *Room 310*

Legal Capacity and the Right to Choice

Room 318

Engaging Stakeholders to Impact Performance and Improve Policy: A Massachusetts Medicaid Case Study

Room 319

When Good Is No Longer Good Enough: Transitioning to Greatness

Room 320

11:45 a.m. – 12:15 p.m. Closing Remarks

Ballroom A

Speaker:

Gary Jessee, Associate Commissioner Medicaid/CHIP, Health
and Human Services, Texas