

## Outcome Star Domain Examples

Area of Focus	Definition	Examples- a sampling
<b>1. Motivation and Taking Responsibility</b>	Deals with client's feelings toward change: - is the person ready to make changes, - going along with help - or actively creating change him/herself.)	Related to any of the domains and degree of willingness to work on goals, if the domain is an issue
<b>2. Self-Care and Living Skills</b>	Deals with ability to care for oneself and their home. If living in a shelter the score will not be at the highest level as there is reliance in others to complete many of the ADLs	Hygiene Clean apartment Bedbug prep Taking meds as prescribed Meeting with the pharmacist Grocery shopping Accepting CCAC supports or PSW supports Laundry Any other similar task
<b>3. Managing Money</b>	Deals with issues in relation to the client and money. It can include debt, not paying bills, struggling with monthly budgeting etc., and the effect of money issues on the client's life	Paying bills Debt Referring to Moneywise program Public Guardian and trustee interactions Applying for benefits (CPP/OW/ODSP, etc) Learning to budget
<b>4.Social Networks and Relationships</b>	Deals with the client feeling connected in his/her community and having people in his/her life. These connections can be family, friends, work colleagues, or individuals with whom he/she shares common interests, community, and culture. It also includes how a client copes in social situations and finding out whom he/she can trust	Role modeling with tenant how to address difficult situations Linking to activities in the community Tenant Association activities Coffee hour In house activities Addressing isolation Helping connect tenant to family
<b>5. Drug and Alcohol Misuse</b>	Deals whether the client uses drugs or alcohol, and if the use has a negative effect on his/her life. This section also deals with how a client is dealing with any drug or alcohol issues.	Discussion around D&A Harm reduction Referrals to treatment

<b>6. Physical Health</b>	Deals with how well a client looks after his/her health and manages any medical condition he/she may have. It's not about the severity of the illness/disease but how well it is managed.	Ability to book appointments and attend them Filling prescriptions. Dental Pharmacist Hospital Follow prescribed treatment (manage insulin, attend dialysis, wound care)
<b>7. Emotional and Mental Health</b>	Deals with how a client feels most of the time and how well the client manages his/her emotions and/or mental health issues, whether or not there is a formal diagnosis.	Referrals to ROH, CMHA, ACTT ASSIST Conversations
<b>8. Meaningful Use of Time</b>	Deals with whether the client is regularly involved in activities that are interesting and satisfying. If not whether he/she is clear about activities that he/she would like to do. This section also deals with building the skills and confidence a client needs to engage in these activities.	Volunteering Employment Recreation Links to craft fairs to sell artwork
<b>9. Managing Tenancy and Accommodation</b>	Deals with whether the client complies with the terms of his/her accommodation. Related to the person's lease or housing search. Note a person in a shelter scores low	Paying rent Income verification Guests are complying (or not) Housing search Finding independent housing Applying to LTC, domiciliary hostel, etc Eviction notices and certificates of service LTB
<b>10. Offending</b>	Deals with a client changing the way he/she lives in order to stop any offending or anti-social behaviour, and relating to people in ways that avoid conflict. It covers both current offending and how the client deals with any consequences of past offending/orders of the court.	Police involvement Paying fines Incidents that can lead to eviction