

Palliative Care
Matters | Building
National Consensus

L'importance des
soins palliatifs | Forger
un consensus national

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Strategic Frameworks

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Disclosure

- No Disclosures

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- Covenant Health Palliative Care Institute
- *Palliative Care Matters* Steering Committee

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**What have strategic frameworks and
plans accomplished for palliative care
when adopted by countries?**

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The Next 30 Minutes

- Why a National Strategy is needed
- Strategies and frameworks: an international perspective
- Summary & Recommendations

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Overview

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“I’d have been here sooner if it hadn’t been for early detection”

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Canadian Life Expectancy (2013)

- Median age of death is 81 years.
- Among survivors to age 65, median age at death is 88 years.
- Among survivors to age 80, median age at death is 90 years

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“I would embrace the aging process if I could lift my arms”

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- Mixed Dementia
- Type II DM
- Oxygen dependent COPD
- CHF
- OA
- Dependent in ADLs

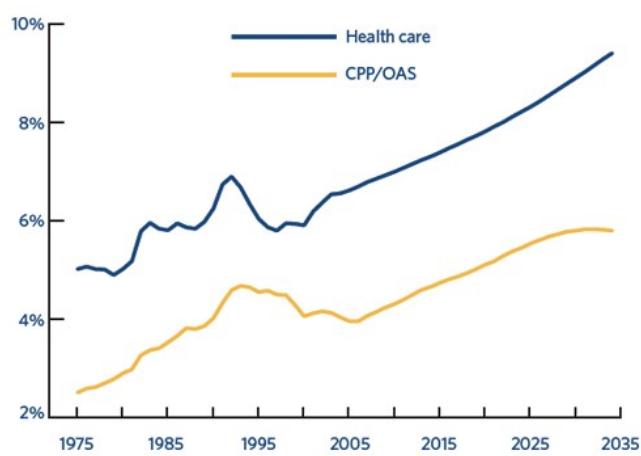
9 million Canadians like this in 2036: Doubling of the current number

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Historical and Projected Costs For Healthcare and CPP/OAS



41st Parliament Current and Emerging Issues, Library of Parliament, 2011

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Palliative Care Improves Value

Quality improves

- Symptoms
- Quality of life
- Length of life
- Family satisfaction
- Family bereavement outcomes
- Care matched to patient centered goals

Costs reduced

- Hospital costs decrease
- Need for hospitalization/ICU decreases

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Barriers to Palliative Care Access

- Infrastructure
- Workforce
- Knowledge gaps
- Public awareness and demand

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Palliative Care in Canada

- Organic – not strategic
- “Locally sourced”
 - Intermittent infusions of public and private funding
- Society specific recommendations and guidelines: No national consensus
- Disparities in access

What Countries Do This Well?

- Difficult to assess
 - Evaluations based on:
 - composite indices of quality of death
 - measures of service provision
 - location of death
- Top performers
 - Australia, Ireland, New Zealand, UK

NATIONAL PALLIATIVE CARE STRATEGIES: A REVIEW

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Methods

- National survey (Ipsos)
- Systematic review of existing literature by Covenant team
- Personal files (RSM), outreach to colleagues in the international community, journal review

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Findings

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Public Opinion Survey Results

- 86% expect the federal government to develop and implement national palliative care standards
- 85% support integrating national standards for palliative health care services into the Canada Health Act
- 89% agree that the federal government should have a plan for implementing a national palliative care program
- 70% are concerned about costs

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International Palliative Care Frameworks

- Frameworks found for 10 countries.
 - Comprehensive multi-year strategies found for 4
 - Australia, Ireland, New Zealand, UK
 - General strategies - laws guaranteeing access to palliative care services or clinical infrastructure recommendations – found for 6
 - Belgium, France, Germany, Holland, Singapore, Spain

Australia

2000 : National palliative care strategy

- 7 national programs
 - Research capacity, education, QI, on-line resources (practice, policy), needs assessment, clinical trials, health services research

2010 : Reviewed and revised

- 4 new goal areas identified
 - awareness and understanding, appropriateness and effectiveness, leadership and governance, capacity and capability

2015 : Additional initiatives (13) focused within 4 goal areas

Ireland

1999 : National Advisory Committee on Palliative Care established

- Detailed plan for palliative care infrastructure
- 4 recommendations
 - Adequate public funding
 - Palliative care service priorities should be based on national policy and decided by regional Health Boards
 - Separate protected budget for palliative care within Health Boards
 - Partnership of Health Boards and voluntary service providers

Ireland

2004 : Audit

- Statutory funding increased by only €44 million, €90 million short of the NACPC-specified budget
- Deficit of 254 specialist in-patient beds identified
- 40% increase in palliative care funding from 2004-2007 (€54 million - €76 million)

2008 : Collapse of the Irish economy

New Zealand

2001 : New Zealand Palliative Care Strategy

- 9 components addressing public awareness, workforce gaps, infrastructure, and research over 5 years

2010, 2011, 2013 : Audits

- Progress in areas of workforce development and quality requirements
- Disparities in access
- Limited data on population need, service provision and service utilization
- Lack of public/professional awareness
- Lack of inclusion in national health policy and strategic planning
- Lack of a national strategic approach to palliative care research

New Zealand

2015

- Investment of \$76.1 million (NZ)
 - 60 new palliative care positions.
 - Audit and review by the Ministry of Health due in 2016

United Kingdom

2008 : End of Life Care Strategy

- Addressed awareness, education, workforce, and infrastructure
- Commitment of £286 million from 2009 – 2011 to support implementation
- Audit ongoing
 - Decline in hospital deaths

Implications

Factors Promoting Success

- Comprehensive strategies that address public awareness, workforce, research, and infrastructure and involve key constituents within each
- Input and early involvement of senior policy makers
- Initiatives that promote research and create a national system of quality reporting.
- Regularly planned audits of outcomes and milestones
- **Substantial and sustained investment by government funding bodies**

"The moral test of government is how that government treats those who are in the dawn of life, the children; those who are in the twilight of life, the elderly; and those who are in the shadows of life; the sick, the needy and the handicapped."

Hubert H. Humphrey, 1977

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National Strategy Questions

