#### ROME



# IS TELE PSYCHIATRY READY TO BE FULLY INTEGRATED IN THE HEALTHCARE SYSTEM?

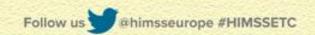
MASTERMIND NORWAY. INTEGRATED STEPPED CARE IN PSYCHIATRY



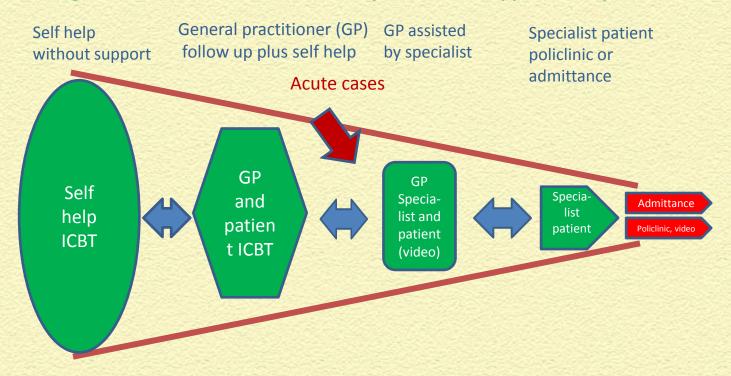
#### **Mastermind EU**

- 9 countries, 13 regions, 23 partners in Europe
- 5.000 patients
- Depression
- Computer based cognitive therapy
- Video based care

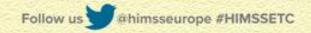




## Mastermind, Norway. Basic concept "The funnel" Integration of ICBT and video in a comprehensive stepped care system



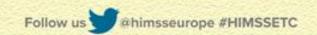


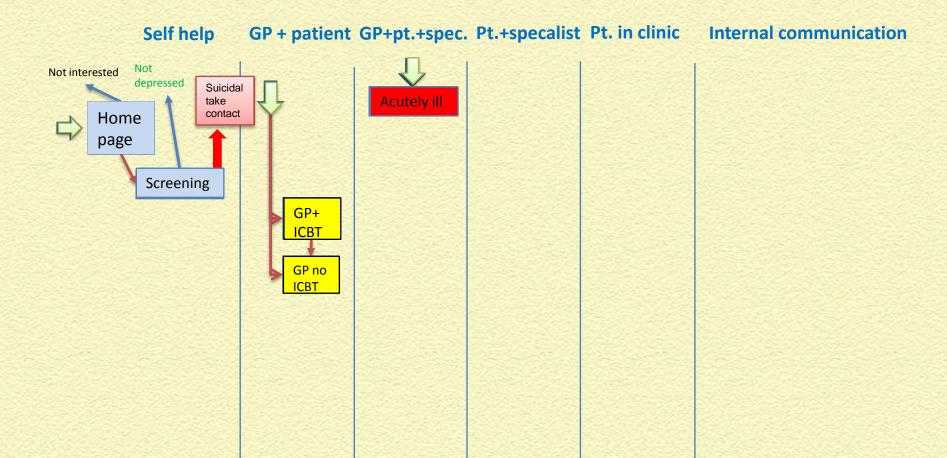


#### Background. Why do want to try this?

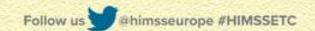
- Video experiences:
  - Internal communication between District Psychiatric Clinics and University Hospital (DeVaVi)
  - Communication between specialist and patient at primary health care (E-BUP)
  - Video conferences between GPs and collaborators
- Other relevant experiences:
  - Acute teams assisting GPs in treatment of acutely mentally ill patients
  - Psychologist or psychiatrists advisory visits to GPs offices in elective treatment of patients
  - Electronic communication between collaborators (FUNNKe)
  - Standardized electronic diagnostic forms (ELSK)
- Administrative conditions:
  - GPs are paid well for video conferences

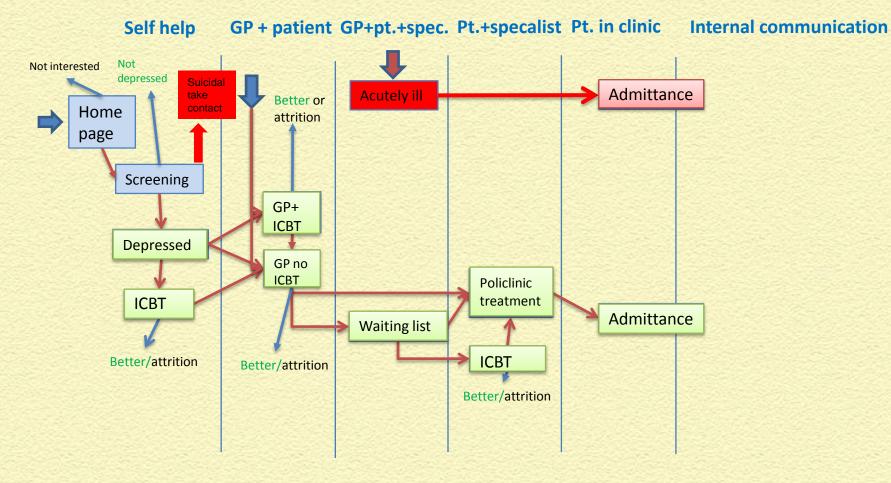




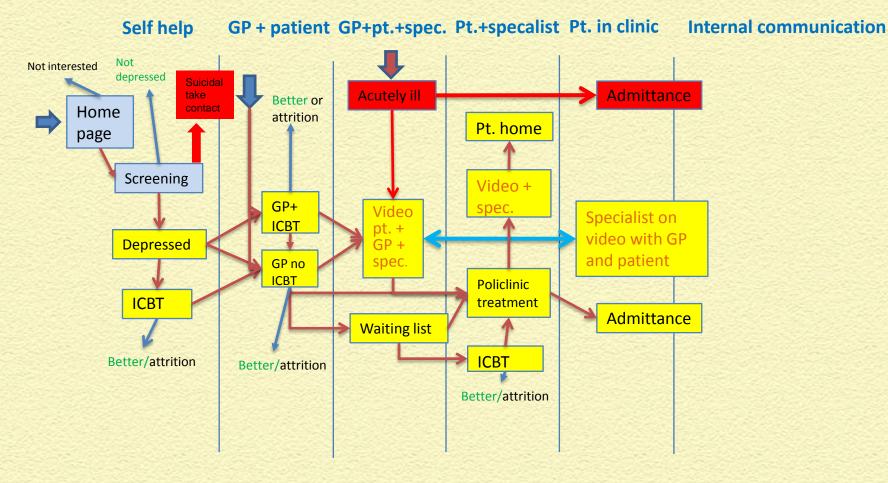




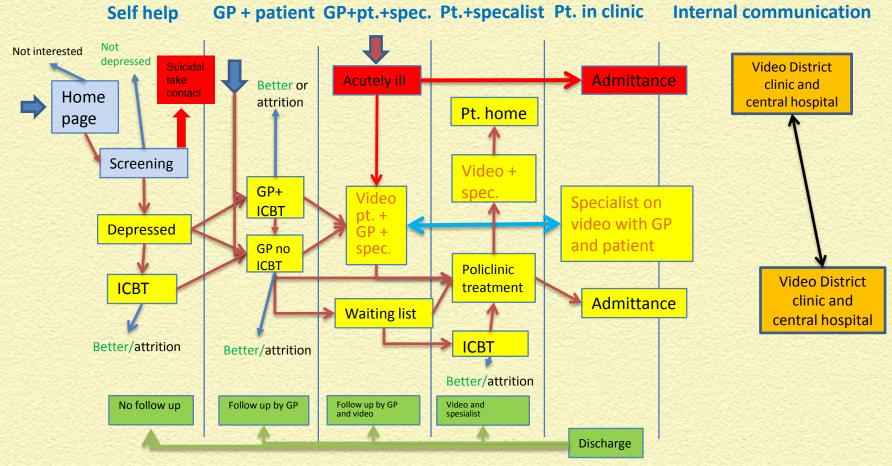




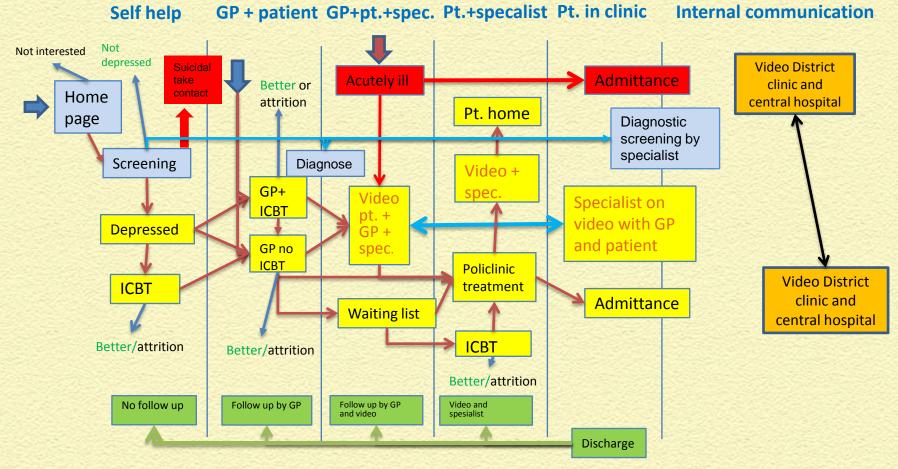




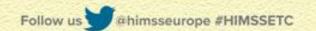






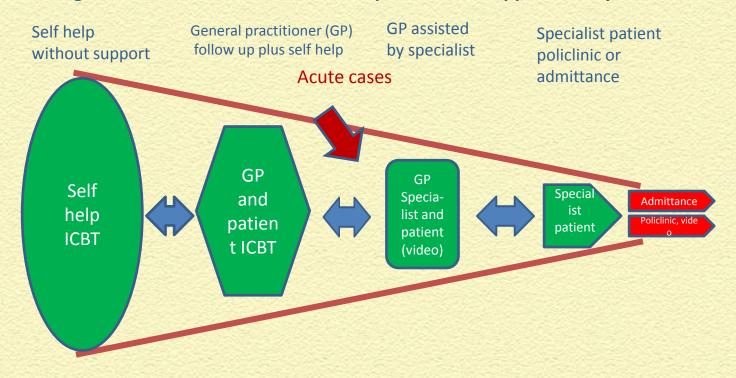




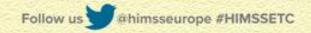


#### Basic concept "The funnel"

Integration of ICBT and video in a comprehensive stepped care system







### Thanks for listening

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