



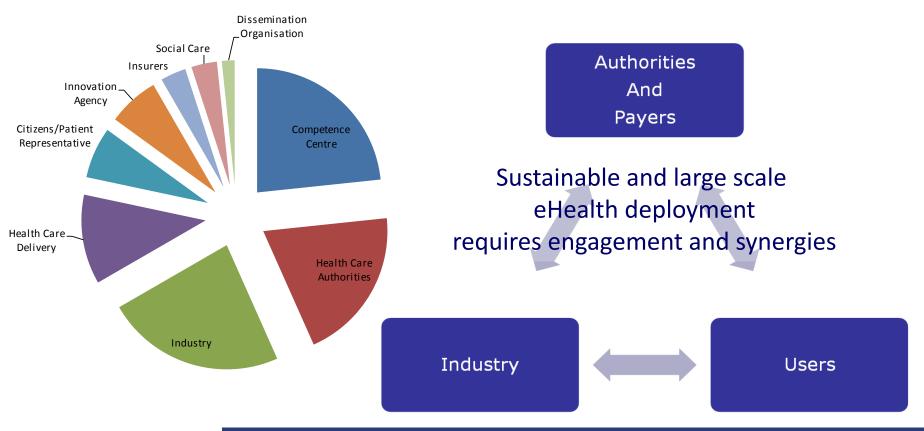
MARC LANGE, EHTEL

# SCALING-UP IN HEALTHCARE, AN IMPOSSIBLE DREAM?



### **European Health TELematics**

A cross-(any)border and multidisciplinary collaboration forum





# Scaling-up? From pilot to routine care ...



# Tools & methods are needed to deploy telehealth





- The results and lessons learned from Renewing Health
- The approach of United4Health



Business Model Canvas



Cost and benefit analysis toolkit



- Guidelines for managing large-scale deployment
  - The Momentum blueprint









# Evidence on Impact

 With 7 000 patients over 21 pilot sites in 9 Regions of Europe, Renewing Health has been the largest randomised control trial of telehealth in the world. <a href="https://www.renewinghealth.eu"><u>www.renewinghealth.eu</u></a>

- The public version of the Final Report is available <a href="https://www.tinyurl.com/Renewing-Health-Final-Report">www.tinyurl.com/Renewing-Health-Final-Report</a>
- Several PhD students that are working on scientific articles, still to be published



## The Methodology

### **Unblinded randomised controlled trial (RCT)**

### Patient-centred approach

### **MAST** (Model for ASsessment of Telemedicine)

- 1. Health problem and characteristics of the application
- 2. Safety (adverse effects)
- 3. Clinical effectiveness
- 4. Patient perspectives
- 5. Economic aspects
- 6. Organisational aspects
- 7. Socio-cultural, ethical and legal aspects



# Some key results

- The Renewing Health services provided are at least as safe and efficient as regular services.
- There is a tendency for the improvement of health-related Quality of Life (SF36)
- In almost all pilots the patients are very positive towards to the use of telemedicine (SUTAQ)
- The price for the use of telemedicine is 20% higher (in average) than conventional treatment
- Organisational changes are required



- There are challenges as always, when research meets reality
- The RCT set-up may have had an negative impact on these results

• United4Health (2013-2015) takes over now the results of Renewing Health with the ambition to recruit 12 000 patients over 14 regions in Europe (www.united4health.eu).

Jnited4Health

#### The Business Model Canvas

#### Designed for: Regional Healthcare System of the Veneto Region





#### Key Activities



#### Value Propositions



#### Customer Relationships





Telemonitoring Service Provider

Clinical staff

**Patients** 

Caregivers

Key Resources

**Alerts** management



- Quality of life
- Better health

Based on patient's needs

Clinical staff

- **Patients**
- Caregivers

#### Caregiver:

Lighter committment

#### LHA

Saving from lower use of healthcare resources

#### Channels

Clinicians (GPs, Physician



#### Cost Structure

- Change management
- Direct cost of the Telemonitoring Service



#### Revenue Streams

Non-cashable savings for











### **Ambition**

- A deployment study, with emphasis on assessment of:
  - organisational aspects
  - efficiency gains
  - economic aspects
- Deliver better evidence
  - More diverse than Whole Systems Demonstrator (UK)
  - Better (more comparable) data than Renewing Health (EU)
- Commitment of regions to deploy and promote Telehealth

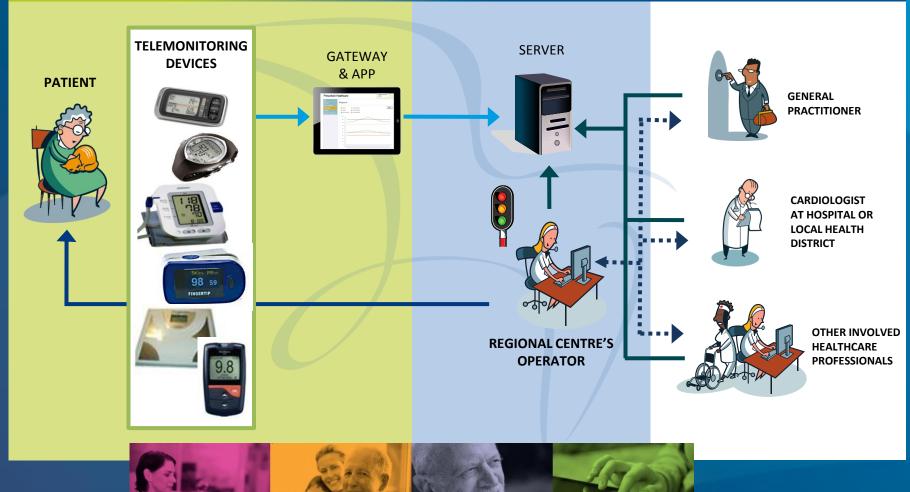
# Re-designing services with telehealth





#### Hospital or primary care or eHealth centre

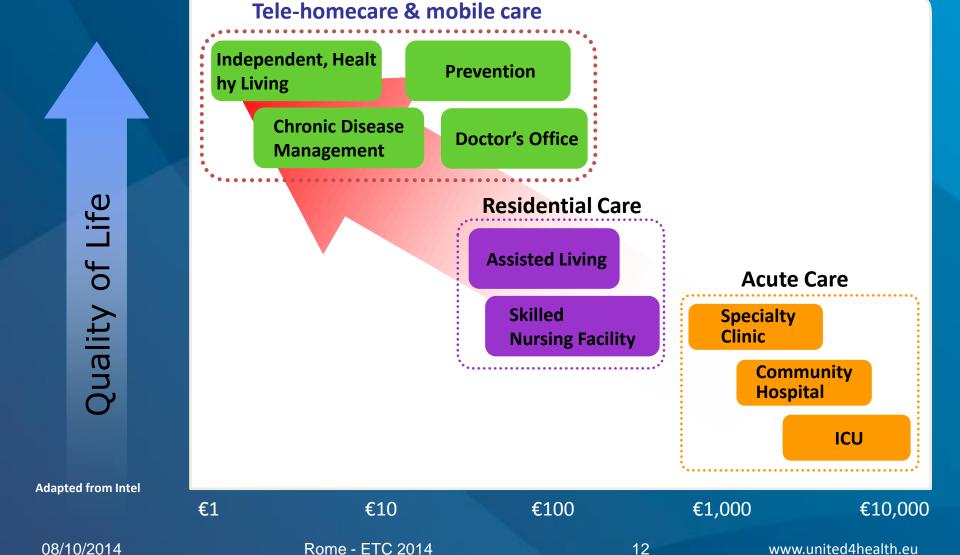
Hypertension



Diabetes

### Innovation and service re-design





# Service Innovation

Identify the problem

Recognize the need for change





Apply, scale-up and Monitor

Real-life solution





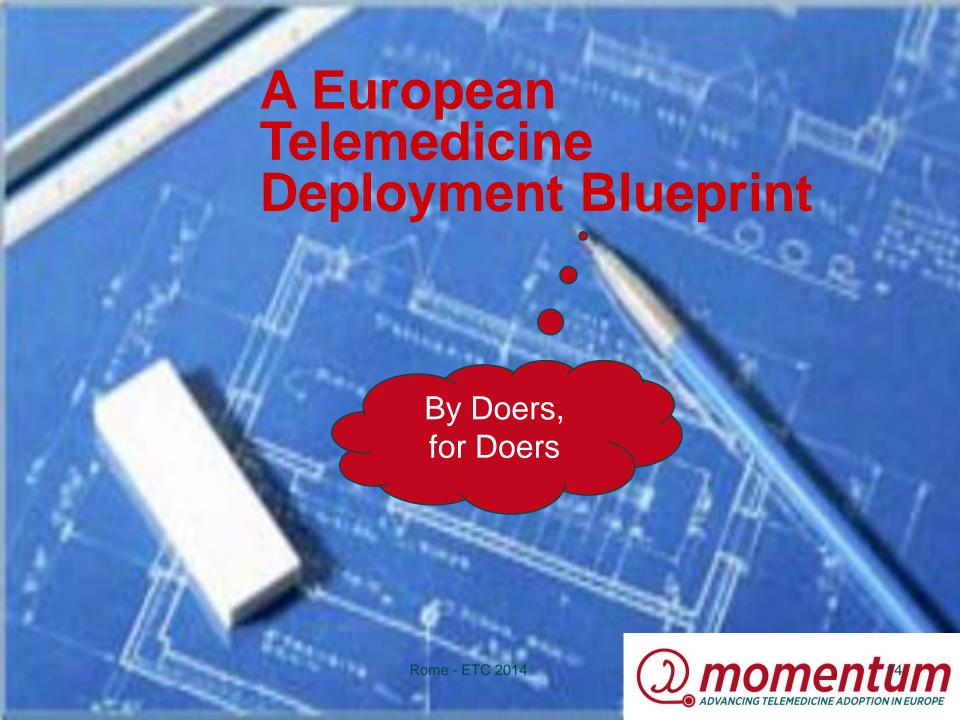
#### **Explore**

Search for the preferred technical and service solution

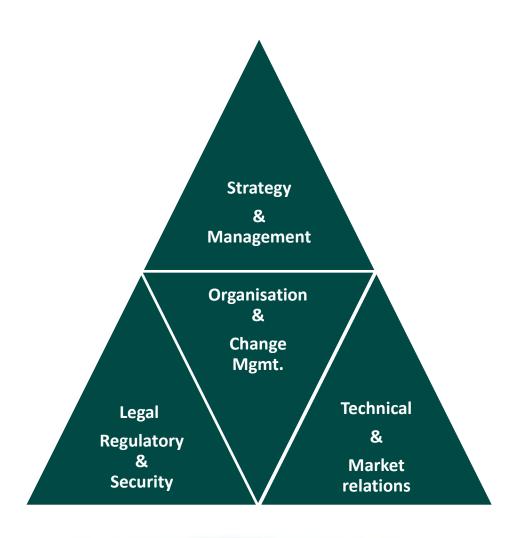
#### Build

Create, test and assess potential impact





### Four domains for deployment guidelines





# Critical Success Factors for Deployment Strategy



- 1. Ensure that there is cultural readiness for telemedicine services.
- 2. Ensure leadership through a champion.
- 3. Come to a consensus on the advantage of telemedicine in meeting compelling need(s)
- 4. Put together the resources needed for deployment.



# Critical Success Factors for Organisational Change



- 5. Address the needs of the primary client(s).
- 6. Involve health care professionals and decision-makers.
- 7. Prepare and implement a business plan.
- 8. Prepare and implement a change management plan.
- 9. Put the patient at the centre of the service.



# Critical Success Factors for Legal, Regulatory and Security Compliance

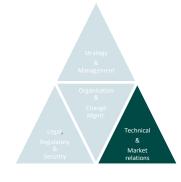


- 10. Assess the conditions under which the service is legal.
- 11. Identify and apply relevant legal and security guidelines.
- 12. Involve legal and security experts.
- 13. Ensure that telemedicine doers and users are "privacy aware".





# Critical Success Factors for Technology Decisions and Procurement



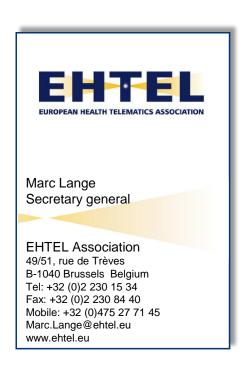
- 14. Ensure that the IT and eHealth infrastructures needed are available.
- 15. Ensure that the technology is user-friendly.
- 16. Put in place the technology and processes required to monitor the service.
- 17. Maintain good procurement processes.
  18. Guarantee that the technology has the potential for scale (i.e., "think big").

# Scaling-up in Health Care, a Possible Dream





### **Any questions?**





- More at <u>www.telemedicine-momentum.eu</u>
- www.united4health.eu

