

Trainees' Day 2016 Program

7.00am – 7.40am	Yoga <i>Susannah Ward</i>	
7.30am – 8 am	Breakfast	
8am – 8.10am	Welcome	
Concurrent sessions – Survival skills for trainees		
8.15 am – 9.15am	Communication skills for interviews and how to write a medical CV <i>Anita Fletcher, AMA</i>	Surviving private practice <i>Lisa Phelps – MyPS</i> <i>Integrated Practice Services</i>
9.15am – 10.15am	Communication in Palliative Care Dr Lawrie Palmer	Mentoring <i>Dr Jonathan Christiansen</i>
10.15am – 10.30 am	MORNING TEA	
10.30am – 12pm	Mental health of physicians <i>Dr Roger Sexton, Doctors Health SA</i>	
12.00 – 12.45pm	Mindfulness <i>Dr Maura Kenny, Mindfulness Training Institute SA</i>	
12.45pm – 1.30 pm	LUNCH	
1.30pm – 2.30pm	Professional behaviours in the workplace – Bullying and Harrasment <i>Associate Professor Grant Phelps</i> <i>Dr Jo Burnand – IECO Consulting</i> <i>Dr Evan Jolliffe</i> <i>Dr Venugopal Kochiyil</i> <i>Dr Marie-Louise Stokes</i> <i>Dr Catherine Yelland</i>	
2.30pm – 3pm	Leadership <i>Dr David Beaumont</i>	
3pm – 3.05pm	Closing Remarks	