## *VIS®*

Volunteers Insurance Service Association, Inc.

**“PREVENTER PAPERS” – THE KEYS TO INJURY PREVENTION**

The workplace sometimes exposes employees and volunteers to physical injury. Falling, stress and strain from lifting and carrying, injuries from working with tools and other equipment all are too common. Our “Preventer Papers” can help. If you can gather your employees and volunteers in small groups on a regular basis, it is a good opportunity to take five minutes and review a safety topic together. If a group session isn’t possible, you still can provide the papers to your people and tell them how important safety is to your operation and your mission. Either way, these documents can help you establish a culture of safety-consciousness, and personal responsibility for accident prevention. Our “Preventer Papers” on injury prevention, most of which are a single page, cover the following topics:

**Avoiding common injuries Fall prevention - general**

**Reaching Energy and machinery**

**Pushing and pulling Electrical safety – defective equipment**

**Housekeeping and storage Don’t twist and shout**

**Dangerous furniture First aid**

**Puncture wounds Cumulative trauma disorder**

**Knives Chairs aren’t ladders**

**Get a grip Carrying**

**Falls on stairs Personal protective equipment**

**Falls from vehicles**

*Next page: “Preventer Papers” on auto safety*

**“PREVENTER PAPERS” – THE KEYS TO AUTO SAFETY**

When your volunteers or employees get behind the wheel to drive on behalf of your organization, make sure they have the right keys – the key points to remember about safety, and how to prevent accidents. Our “Preventer Papers” can help. The papers, most of which are a single page, cover the following topics:

**Attitude Avoiding being struck from the rear**

**Defensive driving Cold weather driving**

**General safety Following**

**Patience Speed**

**Pretrip checklist Falls from vehicles**

**Driving rules Accident response**

**Intersections Space cushion**

**Right of way Seat belts**

**Be prepared School zones**

**Passing Van safety**

**Being passed What yellow means**

**Head-on collisions Vehicle backing**

**If you would like any of these papers, just ask.**

Any or all of our “Preventer Papers” on injury prevention and auto safety are available to nonprofit organizations at no charge. Please contact William Henry at 800.222.8920 or william.henry@visvolunteers.com, and indicate which papers you would like. He also can provide information about our unique program for insuring volunteers in case they are injured, injure someone else or damage someone’s property, or you can find that information at [www.cimaworld.com](http://www.cimaworld.com).